



★ COVID UPDATE:

Despite the recent relaxing of some of the restrictions within the Park regarding gatherings, it has become necessary to review these restrictions considering the number of positive cases in the Park. The Disaster Management Committee met this morning and the following was decided and will be implemented for the next 10 days (from Friday, 6th August and will be reviewed on the 16th August):

- All gatherings in the DP Hall and in the Park will be suspended for the abovementioned period.
- The Hibiscus Room will be closed for sit-down meals but take-aways and frozen meals are still available. You can call Danielle on Ext 526 to order.
- The Trust Shop & Trust Cottages will be closed to staff and Residents as well as outsiders.
- The Pool will be closed, locked and pumps switched off.
- The Library will be closed. However, those Residents in cottages 126 to 249 may return their books tomorrow but will not be allowed into the Library.
- No visitors (friends or family) will be allowed into the Park with the exception of essential deliveries, contractors performing essential maintenance/repairs and anyone granted permission by the Care Team for health reasons.

Residents please note:

- The Care Centre is in lockdown with the exception of family of terminally ill Residents.
- Residents are not to visit the Facilities Department. The Admin Office will be open for payments only. For any other queries please phone the relevant department.
- Avoid busy malls and shops. Rather order your groceries from Pick 'n Pay or Spar who will gladly deliver to your cottage.
- Avoid making any unnecessary appointments during this time.
- If you are Covid positive you are **NOT** to engage with anyone in the Park – not even delivery staff. Arrangements are to be made to have the goods left on the veranda or an easily accessible spot.
- If you become infected there is a period called the 'incubation period' (usually 2 – 4 days but can be longer). Only after approximately 10 days with no symptoms, will you no longer be infectious.
- If you have any Covid symptoms **DO NOT** come into contact with anyone until you are tested and get your negative results back.
- If you have tested Covid positive you will need to be in isolation for 10 days or longer, depending on your condition.
- You will be advised to self-quarantine for 10 days if you have come into contact with a person who has tested Covid positive. During this time you will be monitored by the Care Team. Should you then develop any symptoms you will be tested.
- Isolation / quarantine means: staying in your cottage for a minimum of 10 days or longer depending on the assessment of the Sister. No walking in the Park or sitting on your veranda where other Residents can come into contact with you.
- If you are unsure of any of the Covid regulations, please do not hesitate to contact the Care Centre.
- Do not visit anyone who is Covid positive, awaiting results or not feeling well.
- Remember that you can still get Covid even if you have received your vaccinations.

REMEMBER: MASKS (over nose and mouth) / sanitise regularly / social distance

- ★ **AGM & availability of Financials:** Unfortunately due to Covid 19 and a few other unforeseen issues there are some unplanned delays at the Auditors. The Annual Financial Statements were not ready by the expected date (2 August) as promised. Residents will be informed as soon as they become available with the revised dates.