



## **SUGGESTED FORMULA**

Dexamethasone 2% / Lidocaine 5% Gel for Phonophoresis

Version number: 1.0

Volume or quantity: 100 gm

Dexamethasone Sodium Phosphate, USP (DE123)	2gm
Lidocaine, USP (LI102)	5gm
Propylene Glycol, USP (PR130)	qs
Aquasonic 100 Ultrasound Gel (03-34)	qs 100gm

Note: Dexamethasone sodium phosphate 0.528 g is equivalent to dexamethasone base 0.4 g.

## SUGGESTED COMPOUNDING PROCEDURES

- 1. Calculate the required quantity of each ingredient for the total amount to be prepared.
- 2. Accurately weigh and/or measure each ingredient.
- 3. Mix the dexamethasone sodium phosphate & lidocaine with sufficient propylene glycol to form a smooth paste.
- 4. Geometrically add the ultrasound gel without incorporating air into the preparation.
- 5. Mix until uniform.
- 6. Package and label.
- 7. Suggested Quality assessments:
  - a. color
  - b. texture
  - c. container
  - d. Label auxiliary labels, storage, BUD, compounded medication

Store in light resistant air-tight container, at controlled room temperature.

No claims are made as to the safety or efficacy of this preparation. This formulation is provided solely at the unsolicited request of the pharmacist.

Beyond-Use Dates of preparations are conservative estimates from reference books, peer-reviewed literature, and intended duration of therapy, formulation from commercially available products, organoleptic observations and current USP guidelines. Compounders may have stability studies performed by a reputable laboratory if they wish to extend the Beyond-Use Date. It is recommended that you follow USP <795> recommendations for potency testing.

## Beyond-Use Date should be based on the current volume of USP <795>

Precautions should be taken to prevent cross-contamination and exposure of ingredients to the compounder and contamination of the preparation by the compounder. Wear appropriate protective equipment. Use safety enclosures (hoods) when weighing and mixing.

Although much attention has been paid to ensure the accuracy of the formulation contained here, Spectrum Pharmacy Products accepts no liability for the loss or damage arising from reliance on the information. Compounding pharmacists using this formula take full responsibility for the formulations and hold Spectrum Pharmacy Products and Spectrum Chemical Mfg Corp. and its officers, directors and employees harmless for any claim arising from use of or reliance on information contained therein. 5/18 JD

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