



SUGGESTED FORMULA

Progesterone 100mg Capsule Size #1

Version number: 1.0

Volume or quantity: 100 capsules

Progesterone, USP Micronized 10g Microcrystalline cellulose, NF (PH-105) 14.496g

SUGGESTED COMPOUNDING PROCEDURES

Weigh all ingredients

- 1. Triturate to reduce to fine powders as needed
- 2. Mix powders per pharmacy SOPs (e.g. geometric dilution, blade, v-blend, RAM™)
- 3. Fill capsules in vented enclosure (hood)
- 4. Cap and "snap" each bottom into its lid.
- 5. Weigh sample capsules to check variability and standard deviation per pharmacy SOPs
- 6. Bottle and label with prescription label and appropriate auxiliary labels.
- 7. Suggested Quality assessments
 - a. % variability & % deviation from theoretical <10% (remake if >10%)
 - b. Capsule size
 - c. Capsule color
 - d. Quantity
 - e. Label auxiliary labels, storage, BUD, compounded medication

Store in air-tight container, at Controlled room temperature

No claims are made as to the safety or efficacy of this preparation. This formulation is provided solely at the unsolicited request of the pharmacist.

Beyond-Use Dates of preparations are conservative estimates from reference books, peer-reviewed literature, intended duration of therapy, formulation from commercially available products, organoleptic observations and current USP guidelines. Compounders may have stability studies performed by a reputable laboratory if they wish to extend the Beyond-Use Date. It is recommended that you follow USP <795> recommendations for potency testing.

Beyond-Use Date estimated to be 180 days

Precautions:

Precautions should be taken when compounding hormones. These may be absorbed through skin, mucous membranes and lungs. Wear appropriate personal protective equipment – and inform

personnel of the risk. Mix and prepare in vented enclosure (hood). Pregnant women and personnel with hormone related cancers should not compound hormone preparations.

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