



SUGGESTED FORMULA

Progesterone 2% Sublingual Drops

Version number: 1.0 Volume or quantity: 30mL

Progesterone, USP Micronized	0.6 g
Caprylic/Capric Triglycerides	15 mL
Butylated Hydroxytoluene, NF (BHT)	0.03g
Flavor, Peppermint Oil, NF	0.5 mL
Grape Seed Oil	Q.S. 30 mL

SUGGESTED COMPOUNDING PROCEDURES

Weigh all ingredients

- 1. In an appropriately sized container, mix Progesterone, Caprylic/Capric Triglycerides, BHT, Peppermint Oil and mix thoroughly.
- 2. Bring solution to final volume with Grape Seed Oil and mix thoroughly.
- 3. Suggested Quality Assessments
 - a. Solution is homogenous with no particulate
 - b. Packaged in correct container with dropper or syringe
 - c. Quantity QS to final volume
 - d. Label auxiliary labels, storage, BUD, compounded medication

Store in air-tight container, at Controlled room temperature.

No claims are made as to the safety or efficacy of this preparation. This formulation is provided solely at the unsolicited request of the pharmacist.

Beyond-Use Dates of preparations are conservative estimates from reference books, peer-reviewed literature, intended duration of therapy, formulation from commercially available products, organoleptic observations and current USP guidelines. Compounders may have stability studies performed by a reputable laboratory if they wish to extend the Beyond-Use Date. It is recommended that you follow USP <795> recommendations for potency testing.

Beyond-Use Date estimated to be 180 days

Precautions:

Precautions should be taken when compounding hormones. These may be absorbed through skin, mucous membranes and lungs. Wear appropriate personal protective equipment – and inform personnel of the risk. Mix and prepare in vented enclosure (hood). Pregnant women and personnel with hormone related cancers should not compound hormone preparations.

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