

COMBINE PREP



BRING YOUR ATHLETE TO TRAIN WITH US...BECAUSE **THERE IS NO OFF SEASON.**

Combine Prep is for football players in 7th-11th grade.
Our intention is to prepare you for the
National Underclassman Combine in Baltimore.

Learn the proper techniques and fundamentals to excel in all combine tests. The tests performed at the National Underclassman Combine include **40 Yard Dash, Pro-Agility, Broad Jump, Vertical Jump and Bench Press.**

Other highlights at the combine will be specific position skill evaluation in their specific positions for a full 30 minutes and then a full 30 minutes of 1 on 1 training, followed by the 10 minute showcase where **the best will go against the best!**



Now offering Individual & Small Group Training (2-5 Athletes)

Call for more information
410-734-7300



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