

Sports CORE 4 Athletes

Consulting On Recruiting thru Education

Sports CORE (Consulting On Recruiting thru Education) 4 Athletes is designed to assist student athletes in understanding and navigating the college recruiting process.

NANCE REED

*Former Michigan State University Student Athlete
Former Michigan State University and Towson State University Head Coach
Field Hockey and Women's Lacrosse Coach
Former Towson University Administrator overseeing coaches; recruiting; and admissions process
Presenter of 100+ recruiting programs
30+ years of involvement in the collegiate recruitment process*



Sunday, January 19 • 2:00 - 3:30pm

“Knowing the Process”

Join us for an informative session that will provide information to recruitable student athletes. Learn about the recruiting process including recruiting aids (resume and video), necessary leadership skills, the pros and cons of the social media, academic regulations and searching for the college of your choice.

Cost: Arena Club Member - \$59; Non-Member - \$79

Cost includes three people per family

Saturdays, February 1 & 8 • 2:00 - 3:30pm

“A Roadmap to be Successfully Recruited”

This will be a more in-depth program to be conducted in group meetings followed by individual meetings. During these sessions you will learn about scholarships, how to create a recruiting resume, research and survey colleges, and communicate with college coaches. The session will also cover the importance of leadership skills and the social media.

Cost: Arena Club Member - \$299; Non-Member - \$399

Cost includes three people per family

**Join us at the Arena Club
to learn more.**





Program Registration Form



NAME OF PROGRAM: _____

DAY(S) OF PROGRAM: _____ **DATE(S) OF PROGRAM:** _____

PARTICIPANT'S NAME: _____ **MEMBER:** **Y** **N**

AGE: _____ **DOB:** ____/____/____ **MALE or FEMALE:** _____

PARENT NAME (if participant is under 18): _____

STREET ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

HOME #: _____ **CELL #:** _____

EMAIL: _____

EMERGENCY CONTACT: _____ **CELL #** _____

HEALTH INFORMATION: Please list any special needs, medical or behavioral conditions, or medications that we need to be aware of to ensure your child's safety (allergies, asthma, etc.)

RELEASE: I have read and answered to the best of my knowledge, the above questionnaire. I agree that all exercise and activities (including, but not limited to exercise classes, cardio, strength equipment, pools, field activities) here at the club shall be undertaken by me at my sole risk. I release Harford Health & Fitness Club, Inc., its officers, directors, employees and shareholders, from any claim for any injury to me personally, damage to my personal property, or theft thereof, while I am at the Harford Health & Fitness Club, including claims arising from negligence of Harford Health & Fitness Club employees or agents. I understand that I must be a current member in good standing at the time of service to receive member discount. All images taken can be used in all or any future marketing.

Signature / Parent or Legal Guardian must sign if participant is under 18

Date

PAYMENT: **TYPE:** _____ **TOTAL AMOUNT:** _____ **DATE PAID:** _____

VISA / MC # _____ **EXP:** _____

FOR OFFICE USE ONLY:

Staple Receipt Here

