

# EXPERIENCE ATHLETIC CONDITIONING THAT GUARANTEES RESULTS!

*Thursdays on the Outdoor Field*

**April 17 - May 22, 2014**

**6:00 - 7:30 pm**

Members \$150

Non-Members \$195

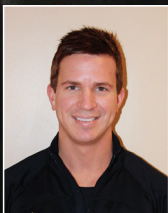
Drop In: \$30

# CRUSH THIS!

Meet your trainers...



Nicole  
Bosley-Smith



Adam Bramski



410-734-7300

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