

Don't be a turkey!
Join us for a pumpkin
pie blastin' workout.

Friday, November 29

9:00-10:00am **BODYATTACK**

9:00-10:15am CYCLE 75

9:00-9:45am WALK & SCULPT

10:00-10:30am CXWORX

10:30 - 11:30am YOGA FLEX (studio 3)

No other classes this day.