## Due to an Advanced Instructor Training, the following schedule will be in effect for May 3 & 4.

## Saturday, May 3

8:30am BodyAttack (arena field)

8:45am Aqua Zumba (Rec. Pool)

9:30am CXWORX (arena field)

10:00am BodyFlow (arena field)

## Sunday, May 4

8:30am BodyCombat (arena field)

8:30am Basic Step (studio 3)

9:30am Yoga Flex (studio 3)

\*\*These are the ONLY Group Fitness classes this weekend.