



# Personal Outcome Measures<sup>®</sup>



We would like to talk to you about your life.  
We would like to learn about the good things  
and things that could be better.



## Personal Outcome Measures<sup>®</sup>

What will happen...



**We will come to talk with  
you about your life.**

We can meet you wherever  
you like best.  
You can decide when we  
are finished.

**We will talk to your staff.**

We want to learn about how  
your staff help you.



**We will find out the things that  
are important to you.**

We will tell your organization about  
the things that are good and the  
things that will help you have a  
better life.





## Personal Outcome Measures<sup>®</sup>

### **My Self** - It's all about me!



**People are connected to natural support networks.**

We will talk about family and other special people in your life.

**People have intimate relationships.**

We will talk about people you love and that love you.



**People are safe.**

We will talk about if you feel safe.  
If you are safe.  
What you do to keep yourself safe.



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### **My Self** - It's all about me!

#### **People have the best possible health.**

We will talk about your health and how you feel. We will talk about your doctors and any pills you take.



#### **People exercise their rights.**

We will talk about the rights that are important to you.



#### **People are treated fairly.**

We will talk about things that you can not do that you want to do.





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### **My Self** - It's all about me!



#### **People are free from abuse and neglect.**

We will talk about what abuse and neglect means to you.  
What you would do if you were abused or neglected.

#### **People experience continuity and security.**

We will talk about the choices you make about your money, your staff and any other big decisions.



#### **People decide when to share personal information.**

We will talk about how you keep information about you private.





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**My World** - This is about how I make choices about my life.



**People choose where and with whom they live.**

We will talk about where you live and the people you live with.

**People choose where they work.**

We will talk about what you like to do with your days.



**People use their environments.**

We will talk about where you live. If you can get around your house and when you go out, is it easy for you.







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**My World** - This is about how I make choices about my life.

### People live in integrated environments.

We will talk about if you spend time with different people. When you are at work, at home, and when you go out.



### People interact with others in the community.

We will talk about who you talk to and do things with when you go out.





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**My World** - This is about how I make choices about my life.



### People perform different social roles.

We will talk about things you do that are important to other people. Things you do to help others.

### People choose services.

We will talk about how you choose things like where to get your hair cut, banks, support services and other things.







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**My Dreams-** I can live the life I want.

### People choose personal goals.

We will talk about the things  
you want to do in your life.



### People realize personal goals.

We will talk about things you  
have done that you make you  
feel proud.



### People participate in the life of the community.

We will talk about the places  
you like to go and the things  
you like to do.



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**My Dreams-** I can live the life I want.

### **People have friends.**

We will talk about your friends, do you have enough friends and would you like to see them more.



### **People are respected.**

We will talk about what does respect mean to you. Do people listen to you and treat you like an adult.

