



Dr. Chester Price

Health, Energy, And Lifestyle - three important components to improving your wellness is embodied in H.E.A.L., a brand new program at The Arena Club.

H.E.A.L. combines the best of both the fitness expertise from The Arena Club and the medical expertise from Dr. Chester Price (co-founder of natural health center and clinic, Healthy Options of Bel Air).

Clients who see Dr. Price have usually been diagnosed with a medical condition and are receiving traditional treatments and being followed by their personal physician. Oftentimes clients are not responding to their treatment or are experiencing adverse effects that cause them to seek other treatments.

The Arena Club and Dr. Price are working together to help those who are suffering from chronic diseases and medical conditions and feel at a loss of power to gain control of their health. The combined forces of this partnership bring wellness and fitness together as one whole picture.

For more information about H.E.A.L., contact Certified Personal Trainer & Nutritionist, Alicia Palmere at 410-734-7300.

*Help the body
heal itself.*

(Office use only)

H.E.A.L. is being prescribed for:

Name: _____

Address: _____

Phone Number: _____

Signature: _____

Date: _____



410-734-7300

www.thearenaclub.com

2304 Churchville Road • Bel Air