

# See Results with **FASTRAXX**

You are certain to achieve results when you join this 60-day weight loss and nutritional program. All the components of moving towards a healthier lifestyle are here. You will meet with Mike Gullion, Certified Personal Trainer, three times per week and our team nutritionist, Alicia Palmere, each week for nutritional guidance. Dr. Chester Price of Healthy Options in Bel Air is joining in for a lecture series, nutritional guidance, and more. This program **WORKS!** Just ask our members who have changed their lives because of it!

## **FREE DR. PRICE LECTURE ON WEIGHT LOSS**

Wednesday, April 10 @ 7:00pm

## **FREE INFORMATIONAL SESSIONS**

Monday, March 18 & March 25 @ 7:00pm  
Multi-Purpose Room

**Program Runs April 1st-May 20th; Monday-Thursday 7pm**

Members \$299/ Non-Members \$388

workouts

nutrition

health



Mike Gullion

Alicia Palmere

Dr. Chester Price

