

HOME FACILITY TRAINING PROGRAMS AQUATICS SPORTS KIDS MEMBERSHIP 410.734.7300



WHY SHOULD YOU JOIN?

CLIENT TESTIMONIALS



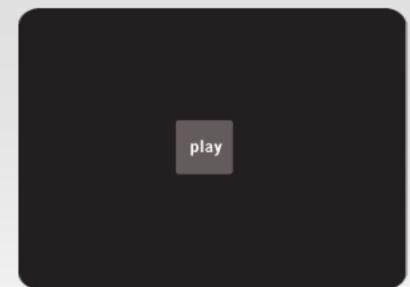
Nicole gave me tips on how to improve my diet. The results have been dramatic. My check up this year was great. My doctor told me my health was terrific. My strength and endurance has steadily increased.

I cannot thank Nicole enough for all the hard work she put into giving me the tools to reach and surpass my health and fitness goals. She is absolutely the BEST!

Bob Weisengoff, 50

THE ARENA CLUB EXPERIENCE

more videos



LATEST NEWS

T-BALL IS BACK THIS FALL!

Sign up now for T-ball Satrudays at the Sports Academy. Sessions starts in September.

JOIN THE FUN AT THE PUMPKIN SPLASH

Bring your family out for a fun Halloween Celebration on October 27th from 6-8pm. Continue reading >

PINKAPALOOZA

October 20th from 8am to noon to benefit the Chesapeake Cancer Alliance. Join us for Benching for Breastcancer, the Les Mills Fall Program Launch, Pink Treadmill Run, Door Prizes, Refreshments

Continue reading >

HOLIDAY BASEBALL CAMP

A camp for kids ages 6-13 years old. It will be held at the academy location adn will consist of fun filled baseball activites.

Continue reading >

HOME

KIDS

PROGRAMS

410.734.7300 2304 Churchville Road Bel Air, MD 21015

M-Th 5am to 10pm Fri 5am to 9pm Sat/Sun 7am to 6pm

NEWSLETTER

GET INFORMED. GET FIT.

Name

Email

SUBSCRIBE

PARTNERS: SWEAT 2 SAVE

Our members enjoy major discounts from over 70 area businesses.

FACILITY AQUATICS

MEMBERSHIP

TRAINING SPORTS







