

Master Swim Team

Adults (20 years +) of all fitness levels are welcome.
All workouts are modified to your needs or limitations.

INTRODUCTORY OFFER!

5 Practice Sessions

\$25/Member • \$65/Non-member

Now through July

Monday & Wednesday 5:45-7:00 am or 8:30-9:45 am

Friday 5:45-7:00 am

Sunday 7:00-8:30 am

*The 8:30 practice on Monday, Wednesday & Friday ends in May

TRY US OUT!

Pick up a Punch Card for your
five practice swims.

Adult Master Swim Team

Punch Card

This card is good for five practices with the
Adult Master Swim Team.

come see what we're all about.

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