

# Attention Members!

**Due to the necessary refinishing of the floor in Studio 1, the following Group Fitness schedule will be in effect  
Friday, 10/10 – Sunday, 10/12**

## **Friday, 10/10**

5:30am	BodyPump	Studio 2 (25 spaces)
8:45am	BodyVive	Studio 2
9:30am	All Terrain XT	Field
9:30am	Sh'bam	Studio 2
10:15am	BodyPump	Studio 2 (25 spaces)
10:30am	YogaFlex	Studio 3
4:45pm	BodyPump	Studio 2 (25 spaces)

## **Saturday, 10/11**

8:15am	BodyAttack	Field
8:30am	Sh'Bam	Studio 2
9:30am	BodyPump	Studio 2 (25 spaces)
10:30am	BodyFlow	Studio 2

\*CXWORX CANCELLED

## **Sunday, 10/12**

8:15am	BodyCombat	Studio 3
8:30am	Basic Step45	Studio 2
9:30am	BodyPump	Studio 2 (25 spaces)
9:30am	Yoga Flex	Studio 3

\*\*Cycle as usual

\*\*Aqua as usual

