

BIG MAN CAMP FOR OD LINEMEN



BRING YOUR ATHLETE TO TRAIN WITH US...BECAUSE **THERE IS NO OFF SEASON.**



1/2 HOUR of Football Specific Conditioning
1/2 HOUR of Position Specific Lineman
Drills in preparation for the upcoming season.

**Mondays & Wednesdays
6:00-7:00pm**

SESSION 1:
June 10 - July 3

SESSION 2:
July 8 - July 31

**MEMBERS: \$130
NON-MEMBERS: \$165**

COACH JACK GRIFFIN
Former Offensive Tackle
for the Maryland Terps



Call **410-734-7300** to register!

2304 Churchville Road, Bel Air, MD 21015

410.734.7300

www.thearenaclub.com