








Personal Outcome Screening Tool Results

For: Sample Report


























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The Personal Outcome Screening Tool (POST) is a screening tool that will determine your personal priorities and how those priorities are being achieved. It helps to identify what you believe is important to you in a number of areas of your life. It is intended to guide you and your supporters to explore your priorities to achieve personal quality of life.

Attainment	Importance	Priority
 This is GOING VERY WELL in your life right now.	This is VERY IMPORTANT in your life right now.	 Most Important or a High Priority for me.
 This is GOING SOMEWHAT WELL OR SO-SO in your life right now.	This is SOMEWHAT IMPORTANT in your life right now.	 This is a Priority for me, but not the Most Important.
 This is NOT HAPPENING AT ALL in your life right now.	This is NOT IMPORTANT in your life right now.	Not a Priority for me right now.





























MY SELF

This is about you - your experiences, your friendships, and the decisions you make.

OUTCOME	ATTAINMENT	IMPORTANCE	PRIORITY
Connected to natural supports			
Have intimate relationships			
Are safe			
Have the best possible health			
Exercise rights			
Treated fairly			
Free from abuse and neglect			
Experience continuity and security			
Decide when to share personal information			




















MY WORLD

This is about your world - where you work, live, socialize and connect with your community.




OUTCOME	ATTAINMENT	IMPORTANCE	PRIORITY
Choose where and with whom to live		 	 
Choose where they work		 	
Use their environments		 	 
Live in integrated environments		 	
Interact with other members of the community		 	
Perform different social roles			
People choose services			

MY DREAMS

This is about your dreams and how you want your life (and your world around you) to be.

OUTCOME	ATTAINMENT	IMPORTANCE	PRIORITY
Choose personal goals		 	 
Realize personal goals		 	
Participate in the life of the community		 	 
Have friends			
Are respected			

Recommendation

Talk with people you trust to explore what is working and what is not working and think about ways to improve those outcomes marked with a   or .