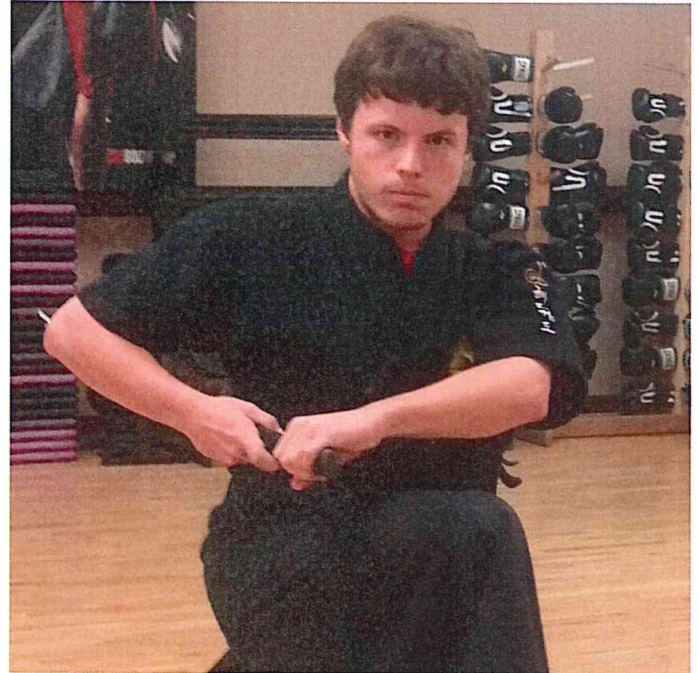


# Haidong Gumdo



## Mastery of the Sword Is Mastery of the Self

Haidong Gumdo is a comprehensive system of sword mastery that teaches control of the self through controlling the destructive powers of the sword.

### Haidong Gumdo

For: students ages 12 and up

Day: Wednesday @ 8-9pm and Saturdays 12-1 (8 sessions)

Date: Every month

This is a continuous programs that runs every month.

Students must also bring \$50 to the first class to purchase a wooden sword

The new student trains with a wooden sword (mo gum) and will begin to develop strength and endurance above what the traditional martial arts demand. The mo gum will give the student a taste of the difficulties involved in wielding the sword. As the student advances he is allowed the privilege of using a metal practice sword (ka gum) and is taught more advanced sword combat forms. Upon reaching black belt, the student is allowed to use the razor sharp jin gum and is taught the combat forms of one thousand opponents.

**Cost: \$79 for members**

**\$99 for non-members**



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