$$\int_{-1}^{2} (x^2 - 2x) dx = \begin{vmatrix} f(x) = x^2 - 2x \\ \int f(x) = \frac{x^3}{3} - x^2 + C \\ F(x) = \frac{x^3}{3} - x^2 \end{vmatrix} = \left[ \frac{x^3}{3} - x^2 \right]_{-1}^{2} =$$

$$= \left( \frac{2^3}{3} - 2^2 \right) - \left( \frac{(-1)^3}{3} - (-1)^2 \right) = \left( \frac{8}{3} - 4 \right) - \left( -\frac{1}{3} - 1 \right) = -\frac{4}{3} + \frac{4}{3} = 0$$