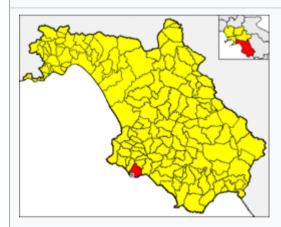
# Acciaroli [from Wikipedia.org]

## Acciaroli

## **Frazione**



Acciaroli in 2017



Locator map within the province and the municipality



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Acciaroli

Location of Acciaroli in Italy

Coordinates: 40°10'51.61"N 15°01'40.92"E

**Country** Italy

Region Campania

Province Salerno (SA)

<u>Comune</u> Pollica

**Elevation** 6 m (20 ft)

**Population** 

 $(2009^{[1]})$ 

• **Total** 645

**Demonym** Acciarolesi

<u>Time zone</u> <u>UTC+1 (CET)</u>

• Summer (DST) UTC+2 (CEST)

Postal code 84068

Dialing code	(+39) 0974
Website	Official website

**Acciaroli** is an Italian hamlet (<u>frazione</u>), the most populous in the <u>comune</u> of <u>Pollica</u>, <u>Province of Salerno</u>, in the <u>Campania</u> Region.

## Geography

#### edit

Acciaroli is a port on the <u>Cilento</u> coast on the <u>Tyrrhenian Sea</u>. The largest township in its *comune*, followed by the hamlet of Pioppi, it is six kilometers from Pollica, 20 from <u>Santa Maria di Castellabate</u>, 17 from <u>Velia</u>, 30 from <u>Agropoli</u>, and 70 from <u>Salerno</u>.

#### **Tourism**

#### edit

The town is a part of "Cilento and Vallo di Diano National Park", whose natural environment is made up of the "maquis shrubland" typical of the Mediterranean region.

It is a major <u>tourist</u> destination, especially during summer, because it has grown famous nationally for its water quality, having earned the "<u>Blue Flag beach</u>" title<sup>[2]</sup> and the "Five Sails" of <u>Legambiente</u>, an Italian environmentalist association, for several years.

#### Culture

## edit

After World War II, Ernest Hemingway chose Acciaroli as a place to stay during trips to Italy.

#### Cuisine

## edit

In and around the area of Acciaroli, a very pungent variety of rosemary is cultivated, and is consumed regularly in the local cuisine. It is claimed to smell ten times stronger than the average rosemary. Due to the vast health benefits from consuming rosemary, as well as the other various ingredients regularly consumed in the local diet, it is claimed that this has aided the unusually high number of centenarians in the area live as long as they have. [3]

## Centenarians

### <u>edit</u>

In 2016, scientists studied the town because of its unusually high number of <u>centenarians</u>, some 300, with 20 percent of those reaching the age of 110. [4] This longevity occurs despite the fact that many of the elderly in Acciaroli smoke or are overweight.

The centenarians of Acciaroli are also known to have very low rates of heart disease and of Alzheimer's disease. [5]