



Boosting Typical Query Patterns

PostgreSQL 18's Performance Enhancements

Roberto Mello
roberto.mello@gmail.com

Snowflake
October 22, 2025





Roberto Mello

Senior Solutions Engineer

roberto.mello@gmail.com

Linkedin: robertomello

X: robertobmello

25+ years experience with PostgreSQL and databases

- Previous: Principal Solutions Architect @ Crunchy Data
- Managed DBA and DevOps teams
- BS/MS Computer Science, Utah State University

Personal

- Brazilian (Manaus) expatriate in Utah
- Interests: more computer stuff
- Photography, Snowboarding, Austrian Economics



crunchydata



<https://www.crunchydata.com/blog/crunchy-data-joins-snowflake>

Talk Overview

- PostgreSQL 18 introduces **significant** performance improvements
- Foundational changes and *real-world query patterns*

What We'll Cover:

- 1 Asynchronous I/O subsystem
- 2 B-tree skip scans
- 3 Parallel GIN index creation
- 4 Query optimizer improvements
- 5 EXPLAIN enhancements
- 6 UUID v7 performance
- 7 Real-world Applications

Traditional I/O

Traditional PostgreSQL I/O:

```
Backend: "I need page 1000"  
Kernel:  [reads page 1000]  
Backend: [waits...]  
Kernel:  "Here's page 1000"  
Backend: "Thanks! Now I need page 1001"  
Kernel:  [reads page 1001]  
Backend: [waits...]
```

Inefficient because:

- One request at a time
- Backend idle while waiting for I/O
- Can't batch or parallelize requests
- Underutilizes modern storage (NVMe, SSD)

Postgres 17 paved the way with the introduction of read stream and vectored I/O APIs, internal abstractions. See Andres Freund <https://youtu.be/qX50xrHwQa4>

Async I/O

PostgreSQL 18 Async I/O:

Backend: "I need pages 1000, 1001, 1002, 1003..."

Kernel: [queues all requests]

Backend: [continues other work]

Kernel: [returns pages as ready]

Backend: [processes completed I/O]

Benefits:

- Batch multiple I/O requests
- Kernel can optimize request ordering
- Better utilization of parallel storage
- Backend does useful work while waiting

Async I/O: Configuration

GUC Parameters:

```
# 17+: Control I/O batching (blocks of 8kb)
io_combine_limit = 16 # requests per batch (128kb default)

# 18: I/O method selection
io_method = 'worker' # default, usually performs better.

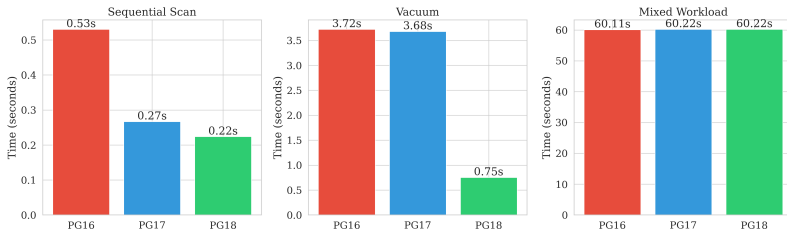
# 18: Largest I/O size in operations that combine I/O (blocks of 8kb, default is 16 = 128kB)
# silently limits io_combine_limit. Typically 1MB on Unix and 128kB on Windows.
io_max_combine_limit = 16
```

Operations Most Benefitted:

- Sequential scans of large tables
- Bitmap heap scans (multi-index queries)
- VACUUM operations

Async I/O: Benchmark Results

Async I/O Performance Comparison



Key Findings:

- Sequential scans: 15-25% faster
- Bitmap heap scans: 10-18% faster
- VACUUM: 20-300% faster

Async I/O: Real-World Impact

Example: Analytics Query

```
SELECT category, COUNT(*), AVG(amount)
FROM large_orders
WHERE created_at >= '2025-01-01'
GROUP BY category;
```

PG16: 12.3 seconds (sequential scan)

PG18: 9.8 seconds (sequential scan with async I/O)

20% improvement without code changes

Async I/O: Tuning for Production

TID	PRIO	USER	DISK READ	DISK WRITE	COMMAND
605556	be/4	999	0.00 B/s	16.73 M/s	postgres: postgres postgres 10.10.0.208(50254) VACUUM
604968	be/4	999	0.00 B/s	63.44 K/s	postgres: walwriter
604957	be/4	999	66.72 M/s	0.00 B/s	postgres: io worker 1
604958	be/4	999	102.11 M/s	0.00 B/s	postgres: io worker 0
604959	be/4	999	46.70 M/s	0.00 B/s	postgres: io worker 2
604960	be/4	999	23.00 M/s	0.00 B/s	postgres: io worker 4
604961	be/4	999	33.70 M/s	0.00 B/s	postgres: io worker 3

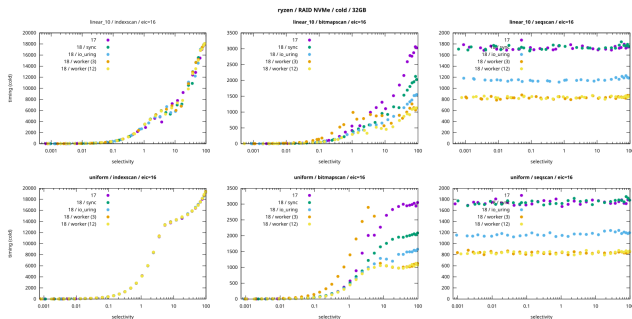
```
io_method = worker # default: pool of I/O worker processes
                  # io_uring: Linux-specific async I/O queues
                  # sync: traditional synchronous I/O (backwards compatibility)
```

```
io_workers = 3    # Default too low for larger systems
                  # Probably: set to approximately 1/4 of total CPU cores
io_max_combine_limit = 16 # limits io_combine_limit.
                          # typical max: Unix 128 (1 MB), Windows 16 (128 kB)
io_combine_limit = 16  # requests per batch (128kb default)
                          # raise with io_max_combine_limit to increase the I/O size
```

¹See: Tomas Vondra, <https://vondra.me/posts/tuning-aio-in-postgresql-18/>

Async I/O: Performance Comparison

Query Timing by I/O Method¹. Benchmark: Ryzen 9900X (12 cores/24 threads), 4x NVMe SSDs (RAID0)



¹See: Tomas Vondra, <https://vondra.me/posts/tuning-aio-in-postgresql-18/>

Async I/O: Tuning Recommendations

- 1 **Keep default** `io_method = worker`
 - Best compatibility across workloads. `io_uring` is Linux-specific
- 2 **Increase** `io_workers` based on cores
 - Start with 1/4 of CPU cores. Monitor and adjust based on workload
- 3 **Test with your workload**
 - Performance varies by query patterns. Bitmap scans benefit most
- 4 **Watch out for**
 - Signal overhead between backends and workers
 - File descriptor limits
 - I/O bandwidth saturation

Skip Scan

Acceptable performance with seldom-run queries that might not require a dedicated index.

```
CREATE INDEX idx_country_user  
ON orders(country, user_id);  
  
-- Query on second column only  
SELECT * FROM orders WHERE user_id = 12345;
```

Before PG18:

- Index not usable (query doesn't start with country)
- Falls back to sequential scan
- Slow on large tables
- Advice: "Create a single-column index on user_id"

Skip Scan: The Solution

PG18: Skip Scan to the rescue

- Planner recognizes opportunity to use multi-column index
- "Skips" over distinct values of leading column
- For each distinct `country`, searches for `user_id`
- Most effective when leading column has **low cardinality**

Example:

- 10 distinct countries (low cardinality)
- 1M distinct `user_ids` (high cardinality)
- Skip scan does 10 targeted index searches
- Much faster than sequential scan

Skip Scan

PostgreSQL 16: (without single-column index on created_at)

```
EXPLAIN (ANALYZE, TIMING) SELECT id, project_id, created_at FROM skip_scan_test  
WHERE created_at > NOW() - INTERVAL '30 days' ORDER BY created_at DESC LIMIT 100;
```

```
Limit  (cost=93265.53..93277.50 rows=100 width=20) (actual time=455.743..466.308 rows=100 loops=1)  
-> Gather Merge  (cost=93265.53..135927.94 rows=356308 width=20) (actual time=455.741..466.277 rows=100 loops=1)  
    Workers Planned: 4  
    Workers Launched: 4  
-> Sort  (cost=92265.47..92488.16 rows=89077 width=20) (actual time=450.614..450.619 rows=90 loops=5)  
    Sort Key: created_at DESC  
    Sort Method: top-N heapsort  Memory: 36kB  
    Worker 0:  Sort Method: top-N heapsort  Memory: 36kB  
    Worker 1:  Sort Method: top-N heapsort  Memory: 37kB  
    Worker 2:  Sort Method: top-N heapsort  Memory: 37kB  
    Worker 3:  Sort Method: top-N heapsort  Memory: 37kB  
-> Parallel Seq Scan on skip_scan_test  (cost=0.00..88861.01 rows=89077 width=20) (actual time=0.024..440.729 rows=699)  
    Filter: (created_at > (now() - '30 days'::interval))  
    Rows Removed by Filter: 930074  
  
Planning Time: 0.116 ms  
Execution Time: 466.354 ms
```

Skip Scan

PostgreSQL 18: (uses composite index with skip scan)

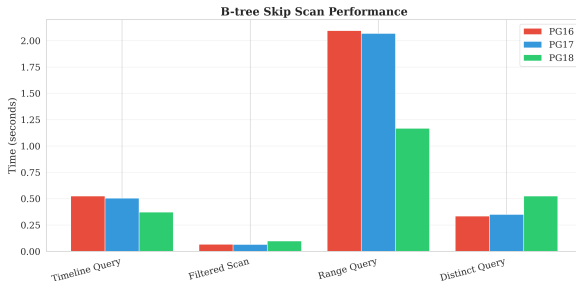
QUERY PLAN

```
-----
Limit  (cost=78397..78409 rows=100) (actual time=151..173 rows=100)
  -> Gather Merge  (cost=78397..122040 rows=364500)
        Workers Planned: 4
        Workers Launched: 4
        -> Sort  (cost=77397..77624 rows=91125)
              -> Parallel Bitmap Heap Scan on skip_scan_test
                    Recheck Cond: (created_at > ...)
                          -> Bitmap Index Scan on idx_skip_scan_composite
                                Index Cond: (created_at > ...)
                                Index Searches: 1001

Execution Time: 173.719 ms
```

Faster using composite index (project_id, created_at) via skip scan

Skip Scan: Benchmark Results



- Biggest improvement with low-cardinality leading column
- Effective for narrow range queries on composite indexes
- Best for queries on non-leading columns with selective filters

Parallel GIN: Background

GIN Indexes: Generalized Inverted Index

- Used for arrays, JSONB, full-text search
- Can be slow to build on large tables (higher `maintenance_work_mem` helps)

Postgres 18

- Parallel index builds available for GIN, in addition to B-tree, BRIN

Parallel GIN: Configuration

Configuration:

```
SET max_parallel_maintenance_workers = 4;  
  
-- Create index (automatically uses parallel workers)  
CREATE INDEX idx_tags ON posts USING GIN(tags);
```

TID	PRIO	<	USER	DISK READ	DISK WRITE	COMMAND
604957	be/4	999		377.75 K/s	0.00 B/s	postgres: io worker 1
604958	be/4	999		47.22 K/s	0.00 B/s	postgres: io worker 0
604959	be/4	999		39.35 K/s	0.00 B/s	postgres: io worker 2
604962	be/4	999		31.48 K/s	31.48 K/s	postgres: checkpoint
604965	be/4	999		15.74 K/s	7.87 K/s	postgres: checkpoint
610510	be/4	999		15.74 K/s	25.95 M/s	postgres: parallel worker for PID 2032
610511	be/4	999		129.85 K/s	0.00 B/s	postgres: parallel worker for PID 2032
610512	be/4	999		7.87 K/s	0.00 B/s	postgres: parallel worker for PID 2032

Parallel GIN: Benchmark Results

Parallel GIN Index Creation Performance



Results (8-core test system):

- 4 workers: Best performance for JSONB & Array indexes
- 8 workers: **Performance degradation** (12-25% slower)

Important: Set `max_parallel_maintenance_workers ≤ CPU cores`

Optimizer: Multiple Enhancements

- 1 **Hash Join & GROUP BY** improvements
- 2 **IN (VALUES) → = ANY** transformation
- 3 **OR clauses → array operations** for indexable queries
- 4 **Unnecessary self-join removal**
- 5 Speed up of **INTERSECT/EXCEPT**, window aggregates, view column aliases
- 6 **SELECT DISTINCT** internal reordering to avoid sorting

Mostly no query changes needed.

Optimizer: IN (VALUES) Performance

Postgres 18 adds nbtree skip scan building on Postgres 17 work on IN() / = ANY() condition index scans

- items that are close together (1,2,3) or far apart (10_000, 20_000)
- Supports complex combinations of IN() conditions, = conditions, as well as <, >, <=, => conditions
- Only reads index leaf pages that might have matches

```
# explain (analyze, costs off, timing off)
select * from tab
where a in (1, 2, 3, 4, 5, 6, 7, 8, 9, 10) and b = 5_000;
               QUERY PLAN
```

```
-----
Index Only Scan using multicol on tab (rows=10.00 loops=1)
  Index Cond: ((a = ANY ('{1,2,3,4,5,6,7,8,9,10}'::integer[])) AND (b = 5000))
  Heap Fetches: 0
  Index Searches: 10
  Buffers: shared hit=31
Planning Time: 0.028 ms
```

Optimizer: OR to Array

Rewrite OR conditions to better use indexes

```
SELECT * FROM products
WHERE category = 'electronics'
      OR category = 'clothing'
      OR category = 'food';
```

PG18 Optimization:

```
SELECT * FROM products
WHERE category = ANY (ARRAY['electronics', 'clothing', 'food']);
```

Can use bitmap index scans more efficiently - reports of 100x improvement.

Optimizer: Hash Join & GROUP BY Improvements

1 Hash Right Semi Join support

- Planner can now choose which table to hash based on size
- Previously constrained to hashing inner table only
- 40% reduction in memory usage for large datasets

2 JIT-compiled hash value generation

- Hashing for GROUP BY and hashed subplans
- Enables JIT compilation of hash values
- Faster hash value computation during execution

Improved performance and reduced memory for hash joins, GROUP BY, EXCEPT, and subplan hash lookups

Hash Join & GROUP BY: Real-World Example

Query Pattern: Semi-join with GROUP BY aggregation

```
-- Find flights with at least one ticket sold
SELECT f.flight_id, f.flight_no, COUNT(DISTINCT tf.ticket_no)
FROM flights f
WHERE EXISTS (
    SELECT 1 FROM ticket_flights tf WHERE tf.flight_id = f.flight_id
)
GROUP BY f.flight_id, f.flight_no;
```

PG17: Uses Hash Semi Join, must hash larger ticket_flights table (2.3s)

PG18: Uses Hash Right Semi Join, hashes smaller flights table (<1s)

50%+ faster with 40% less memory usage

Optimizer: Self-Join Removal

```
SELECT t1.*  
FROM orders t1 JOIN orders t2 ON t1.id = t2.id  
WHERE t1.status = 'completed';
```

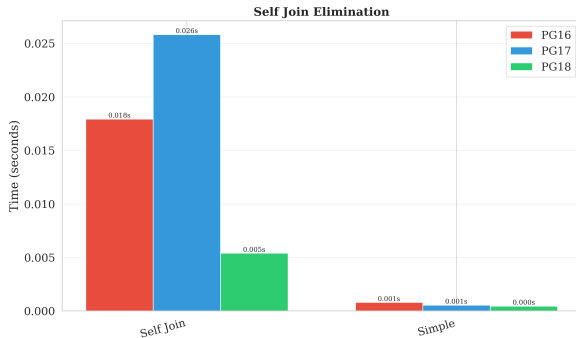
Postgres 18:

- Detects redundant self-join and removes t2 table
- Executes as simple `SELECT * FROM orders WHERE status = 'completed'`

Common in:

- ORM-generated queries
- View definitions
- Query builder tools

Optimizer: Self-Join Removal



Self-Join Removal: Up to 5x faster in PG18

EXPLAIN: What's New

- 1 Automatic BUFFERS in EXPLAIN ANALYZE
- 2 EXPLAIN ANALYZE VERBOSE shows hardware stats (CPU, Memory, I/O)
- 3 Per connection stats on I/O and WAL utilization
- 4 Better observability by default
- 5 Easier performance troubleshooting

```
EXPLAIN ANALYZE SELECT * FROM orders WHERE value < 100;
```

```
Seq Scan on orders (cost=0.00..1834.00 rows=98.3 ...)
  Filter: (value < 100)
  Rows Removed by Filter: 9902
  Buffers: shared hit=834 read=0
```

EXPLAIN: What's New

```
=# explain (analyze,wal,timing,memory,verbose)
-# select * from uuid_v4_test where id <= '00036a6a-6218-4f4b-8bfa-fd2dce5e1443'
-# and id >= '00021dd6-79de-426e-809d-440a0160504d' order by id;
                                QUERY PLAN
-----
Index Scan using uuid_v4_test_pkey on public.uuid_v4_test  (cost=0.43..2.65 rows=1 width=90)
                                                                (actual time=0.023..0.278 rows=182.00 loops=1)
   Output: id, user_id, event_type, data, created_at
   Index Cond: ((uuid_v4_test.id <= '00036a6a-6218-4f4b-8bfa-fd2dce5e1443'::uuid) AND
                (uuid_v4_test.id >= '00021dd6-79de-426e-809d-440a0160504d'::uuid))
   Index Searches: 1
   Buffers: shared hit=186
Query Identifier: 5337184330030628219
Planning:
   Buffers: shared hit=8
   Memory: used=15kB  allocated=32kB
Planning Time: 0.122 ms
Execution Time: 0.299 ms
```

EXPLAIN: What's New

```
# explain (analyze,verbose,memory,wal) insert into foo (i) values (generate_series(1,100));
                                QUERY PLAN
-----
Insert on public.foo (cost=0.00..0.52 rows=0 width=0) (actual time=0.153..0.154 rows=0.00 loops=1)
  Buffers: shared hit=99 dirtied=1 written=1
  I/O Timings: shared write=0.017
  WAL: records=100 bytes=5900
    -> ProjectSet (cost=0.00..0.52 rows=100 width=4) (actual time=0.004..0.011 rows=100.00 loops=1)
        Output: generate_series(1, 100)
        -> Result (cost=0.00..0.01 rows=1 width=0) (actual time=0.002..0.002 rows=1.00 loops=1)
Query Identifier: 2114580784842162758
Planning:
  Memory: used=10kB allocated=16kB
Planning Time: 0.273 ms
Execution Time: 0.172 ms
```

UUID v7: Time-Ordered UUIDs

Problems with UUID v4:

- Completely random values
- Poor index locality
- Index bloat and fragmentation
- Slower inserts as table grows

UUID v7 (RFC 9562):

- First 48 bits: timestamp (millisecond precision)
- Remaining bits: random
- Time-ordered like SERIAL, but globally unique
- Better B-tree performance, with less disk use

UUID v7: Usage

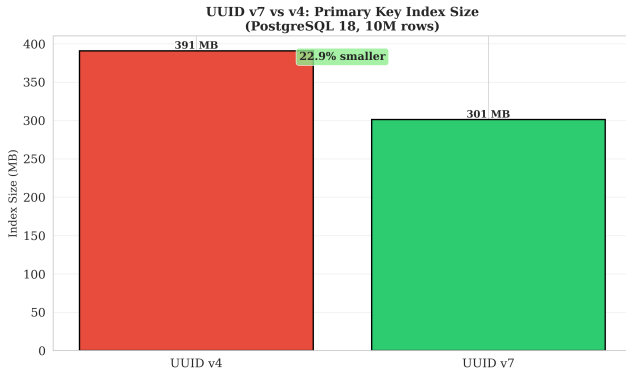
```
-- New function for UUID v7
CREATE TABLE users (
  id UUID PRIMARY KEY DEFAULT uuidv7(),
  email TEXT,
  created_at TIMESTAMP DEFAULT NOW()
);

-- Inserts are naturally ordered by time
INSERT INTO users (email)
VALUES ('user@example.com');
```

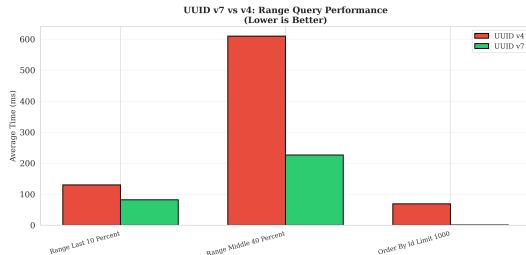
Benefits:

- Smaller indexes (better locality)
- Can infer creation time from UUID

UUID v7: Index Size



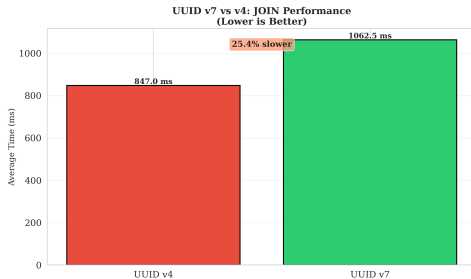
UUID v7: Range Query Performance



Faster for larger result sets

- Better index locality improves sequential scans
- Most beneficial for queries returning many rows
- Excellent for time-based queries

UUID v7: JOIN Performance



```
SELECT e.id, e.event_type, d.score
FROM uuid_v7_test e JOIN uuid_v7_test_details d
  ON e.id = d.event_id LIMIT 1000;
```

- Best for insert-heavy, time-series data
- Less ideal for JOIN-heavy OLTP workloads

Statistics Retention Across Upgrades

The Problem:

- Major version upgrades lose optimizer statistics
- First queries after upgrade are slow
- Must wait for autovacuum to collect stats
- Production vs staging plan differences

PG18

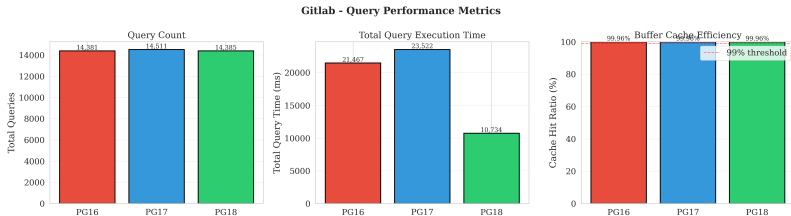
- New `pg_dump --statistics-only`
- Functions to restore statistics
- Preserve query plans across upgrades
- Copy production stats to dev/test

Statistics Retention: Usage

```
pg_dump --statistics-only mydb > stats.sql
```

```
SELECT * FROM pg_catalog.pg_restore_relation_stats(  
    'version', '180000'::integer,  
    'schemaname', 'public',  
    'relname', 'async_io_test',  
    'relpages', '80777'::integer,  
    'reltuples', '1.004389e+06'::real,  
    'relallvisible', '80777'::integer,  
    'relallfrozen', '3768'::integer );  
SELECT * FROM pg_catalog.pg_restore_attribute_stats(  
    'version', '180000'::integer,  
    'schemaname', 'public',  
    'relname', 'async_io_test',  
    'attname', 'created_at',  
    'inherited', 'f'::boolean,  
    'null_frac', '0'::real,  
    'avg_width', '8'::integer,  
    'n_distinct', '116'::real,  
    'most_common_vals', '{"2025-10-15 02:54:23.838692","2025-10-15 02:54:29.491851", ...  
    'most_common_freqs', '{0.103533335,0.1018,0.10146666,0.1003,0.09996667,0.09893333, ...  
    'histogram_bounds', '{"2025-10-15 02:55:00.91417","2025-10-15 02:55:15.533473", ...
```

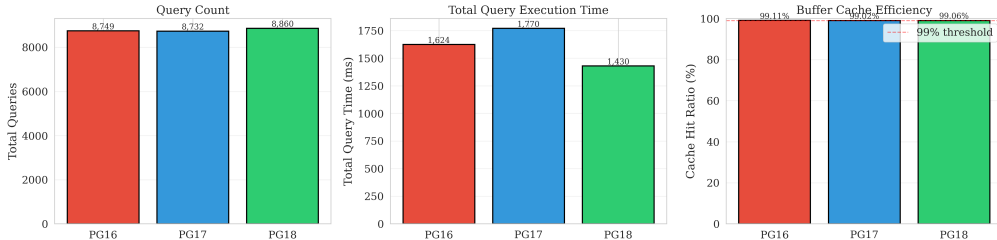
GitLab



- **Total execution time:** 54% faster (PG18: 10.7s vs PG16: 21.5s)
- **Query count:** Consistent across versions (~14,400 queries)

Discourse

Discourse - Query Performance Metrics



- **Total execution time:** 14% faster (PG18: 1.43s vs PG16: 1.62s)
- **Query count:** Consistent across versions (~9,000 queries)

Real-World Use Cases

Who Benefits Most?

- **Analytics Workloads:** Async I/O, optimizer improvements
- **SaaS Applications:** UUID v7, skip scans
- **E-commerce:** Parallel GIN, optimizer
- **Content Platforms:** Full-text search (parallel GIN)
- **Multi-tenant Apps:** Skip scans on tenant_id indexes

Key Takeaways

- 1 PostgreSQL 18 brings **measurable performance gains**
- 2 Improvements are mostly **automatic**
- 3 Async I/O: **foundational** infrastructure-level improvement
- 4 Skip Scan: **acceptable performance** for multi-column indexes and less-frequent queries
- 5 Parallel GIN: **faster** index builds
- 6 Optimizer: **smarter query planning**

Additional Resources

- PostgreSQL 18 Release Notes:
<https://www.postgresql.org/docs/current/release-18.html>
- Tomas Vondra at <https://vondra.me/posts/tuning-aio-in-postgresql-18/>
- Async I/O Deep Dive: <https://pganalyze.com/blog/postgres-18-async-io>
- Crunchy Data Blog:
<https://crunchydata.com/blog/get-excited-about-postgres-18>
- Jonathan Katz, Peter Geoghegan: <https://www.slideshare.net/slideshow/postgresql-18-a-whirlwind-tour-of-features/283259854>

Questions

Feedback:



These slides:

