



10.1 Introduction to Cryptography

Cybersecurity
Cryptography Day 1



Class Objectives

By the end of today's class, you will be able to:



Use basic transcription and substitution ciphers and keys to encrypt simple messages.



Understand how encryption supports secure communication through the PAIN framework.



Differentiate between encoding and encrypting.



Calculate the strength and efficiency of various encryption levels.



Use symmetric encryption tool OpenSSL to confidentially transmit secure messages.

Introduction to Cryptography



Always remember the CIA!

Confidentiality is focused on keeping information and communication secure from unauthorized parties.

The Importance of Confidentiality

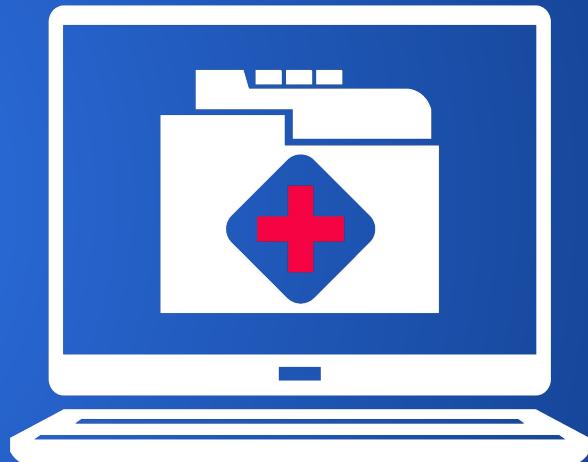
It is critical for organizations to keep private information secure. An example:

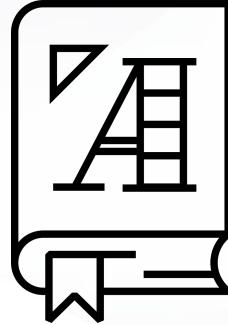
A doctor loses a laptop containing patients' private medical records.

An unauthorized person finds the laptop, opens it, and is able to access the private data.

This can impact the reputation of the doctor and the hospital responsible for the data.

The leak can also have financial impact due to significant legal fines.





Cryptography is the art and science of keeping information secure through the use of mathematical concepts and techniques.

This Week's Scenario

In today's activities, we will be playing the role of security analysts at the Hill Valley Police Department.

- You will be investigating the **Alphabet Bandit**, who is responsible for a number of burglaries in Hill Valley.
- The Alphabet Bandit likes to leave hidden messages after each burglary, and we must use cryptographic techniques to investigate the incidents.



The History of Cryptography

The Origins

While cryptography seems like a modern concept, cryptographic techniques were actually in use in early human civilizations.

Early civilizations engaged in battles, politics, and fights for supremacy. Individuals needed to find methods to communicate securely and keep these communications hidden from enemies.



The Caesar Cipher

In an effort to communicate with his military, the Roman general developed a **cipher** to hide his communication.

- The Caesar cipher is a method of **encryption**, a process of modifying a message or information in such a way that prevents unauthorized parties from accessing it.
- Encryption takes a **plaintext message** and converts it to an unreadable **ciphertext** message.

Caesar's plaintext: "*Launch an attack at sunrise.*"



Encrypted ciphertext: "Odxqfk dq dwwdfn dw vxqulvh"

They shall never crack my code!



The Caesar Cipher

The goal of the cipher is to prevent unauthorized parties from reading the communications, and allow authorized parties to receive and understand the message.

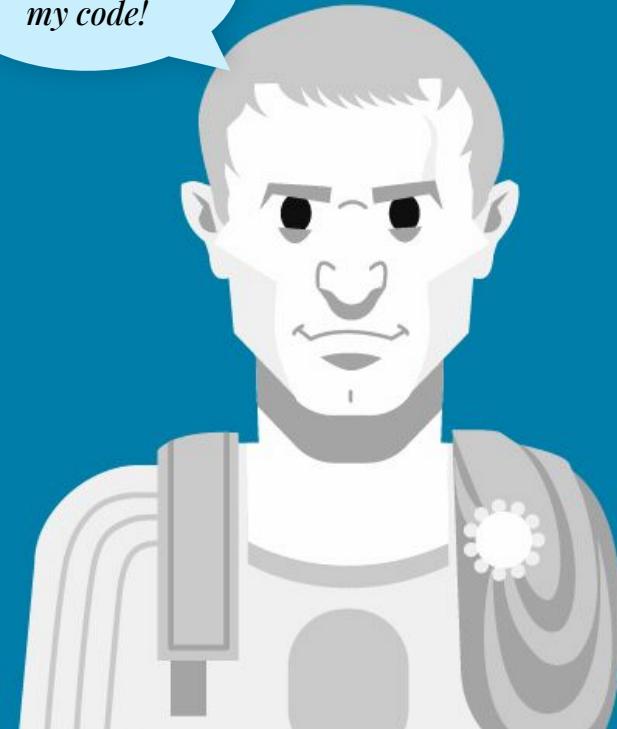
- This is accomplished through **decryption**, the process of converting ciphertext back into readable plaintext.

Encrypted ciphertext: "Odxqfk dq dwwdfn dw vxqulvh"



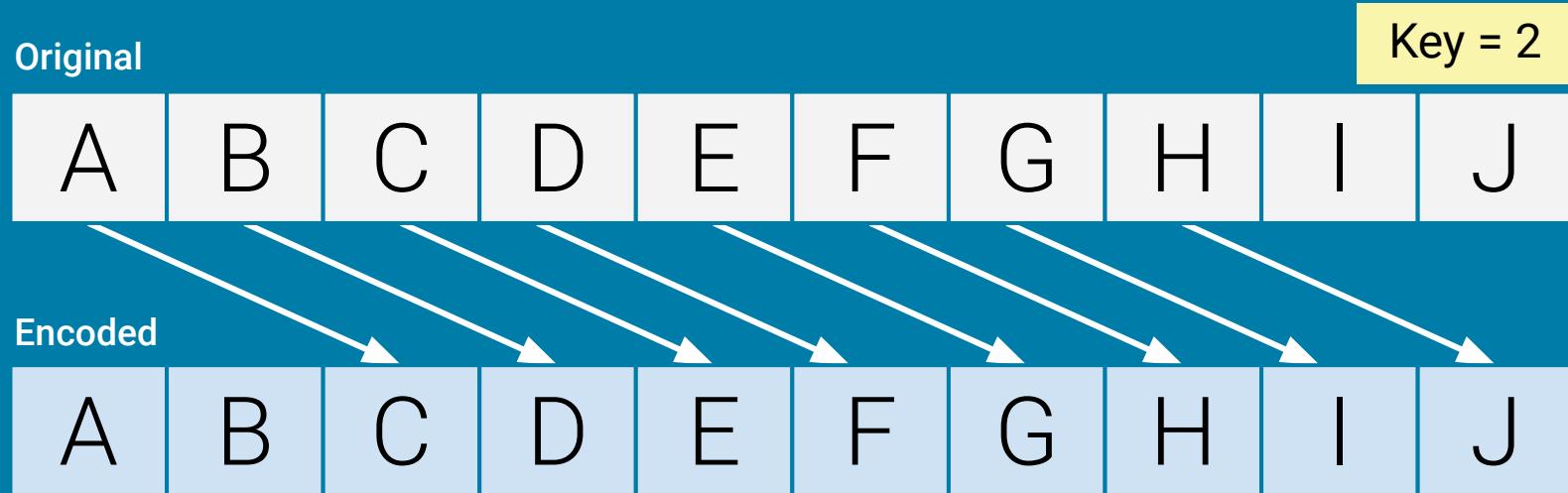
Decrypted plaintext: "**Launch an attack at sunrise.**"

*They shall
never crack
my code!*



How the Caesar Cipher Works

The Caesar cipher works by shifting letters a set number (**key**) of positions from the original letter.



Examples

"I HID A CAB" → "K JKF C ECD"

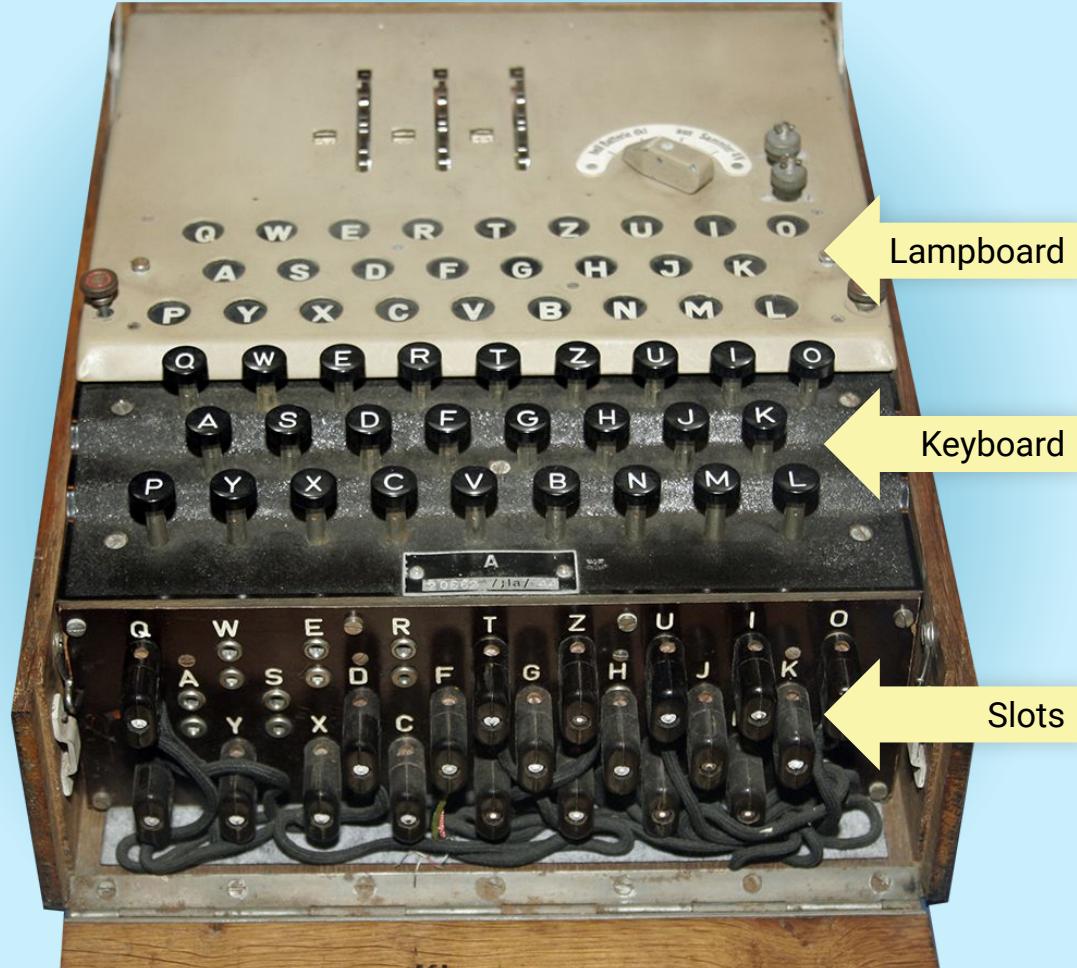
"A BAD DAD" → "C DCF FCF"

The Enigma Cipher

As technology advanced, applied cryptography became more complex and harder to crack.

After the end of World War I, Germany developed an advanced encryption tool known as the **Enigma machine**.

- The machine scrambles the 26 letters of alphabet, allowing for billions of ways to encrypt a message.





Enigma: Key Creation

Settings are configured by the user.

- The key was created when the sender plugged wires into specific slots and arranged the rotor settings.
- The exact settings were then used by the recipient for decryption.

Enigma: Encryption

To encrypt, the sender entered the plaintext message on the machine's keyboard one letter at a time.

- After each letter was pressed on the keyboard, another letter lit up on the machine's lampboard.
- The illuminated letters were documented, creating the ciphertext.
- The ciphertext was transmitted to the recipient.



Enigma: Decryption

The secret key combination was provided to the recipient in advance.

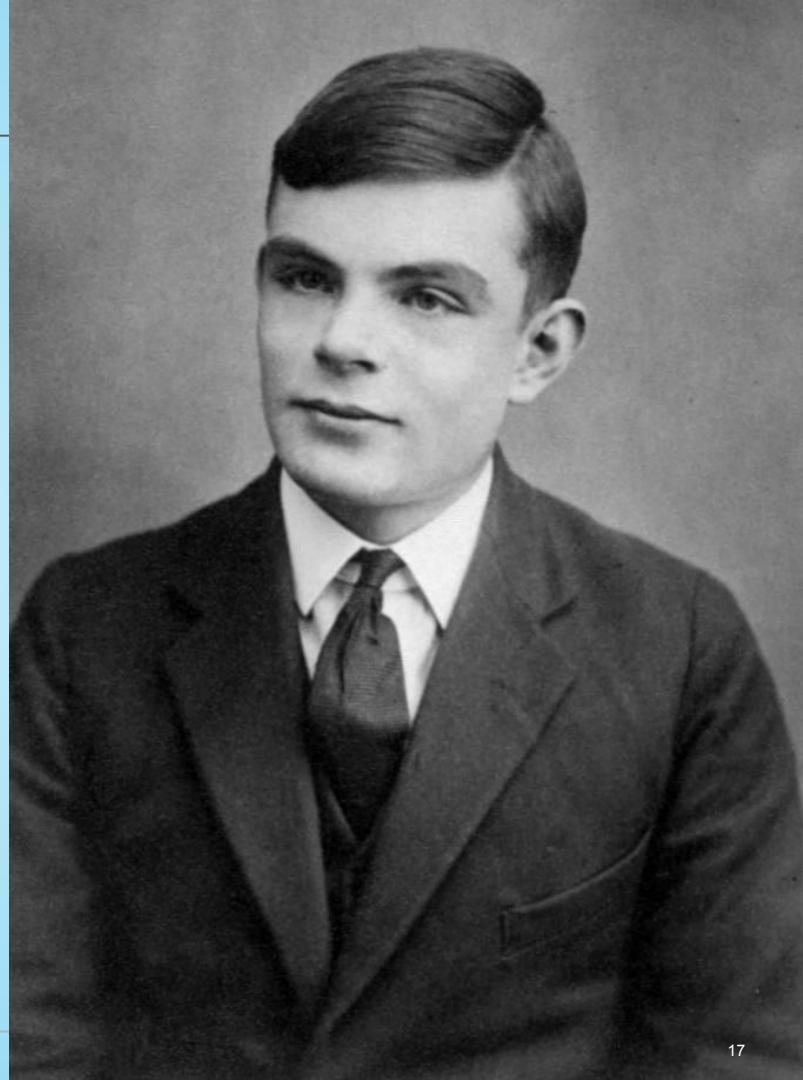
- The key was used to configure the machine with the exact settings used for encryption.
- The ciphertext was entered one letter at a time in the keyboard, illuminating the original plaintext on the lampboard.



Cracking the Enigma

During the height of World War II, English mathematician and computer scientist **Alan Turing** developed a method to exploit the weaknesses of the Enigma machine's design.

The creation of the **Bombe** helped decrypt the most complex versions of Enigma and is considered one of the Allied forces' most important victories during the war.



Summary

We're learning a lot of new concepts this week. Let's review!

Plaintext

Information in human readable form.

Cipher

Method of performing encryption or decryption.

Ciphertext

Plaintext message that has been encrypted into an unreadable form.

Key

Parameter specifying how plaintext is converted to ciphertext and vice versa.

Encryption

Process of converting plaintext to ciphertext.

Caesar cipher

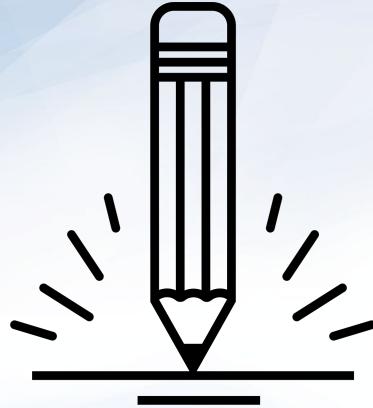
Type of cipher that shifts the letters in the alphabet by a fixed number.

Decryption

Process of converting ciphertext to plaintext.

Enigma cipher

Type of cipher used by Germany in World War II to encrypt messages.



Activity: Caesar Cipher Code Names

In this activity, you will play the role of security analysts working for the Hill Valley Police Department.

You have been assigned to a top secret task force to find the Alphabet Bandit. You must create a code name, encrypt it, and send it to your partner.

Suggested Time:
10 Minutes



Character Encoding



Remember: computers transmit digital data through binary.

Therefore, encrypting data on computers first requires a method of alphanumeric representation, known as **encoding**.

Character Encoding

While encoding may seem similar to encryption, they have very different goals:

Encoding

- Used to transform data so it can be properly used by different type of system.
- **Not** used to keep information secret.
- Data is encoded with publicly available schemes that can be decoded by anyone.

Does not use a key.



Encryption

- Used to keep information from being accessed by unauthorized parties.

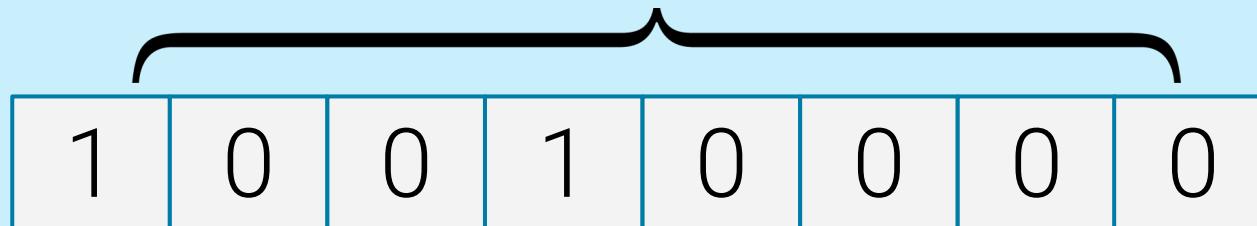
Uses a key to encrypt and decrypt.



Binary Encoding

Remember: Binary is the basis of digital communication.

8 bits = 1 byte



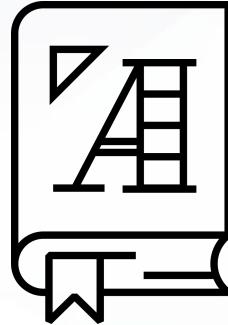
For example:

$$00000000 = 0$$

$$11100000 = 224$$

$$11111111 = 255$$

This conversion is called **binary to decimal encoding**.



ASCII stands for the
*American Standard Code for
Information Interchange.*

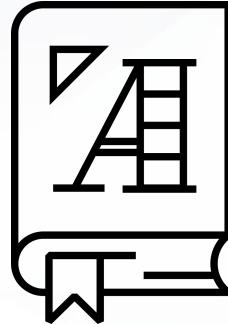
ASCII and The Decimal System

ASCII is used to represent computer-stored characters in a human-readable format.

Look down at your keyboards.

Every character is part of ASCII. Upper and lowercase letters, special characters (!@#\$...), and numbers (1,2,3,4...).





The **decimal system**
is a little more limited.
It consists of the characters
1, 2, 3, 4, 5, 6, 7, 8, 9, and 0.

ASCII and the Decimal System

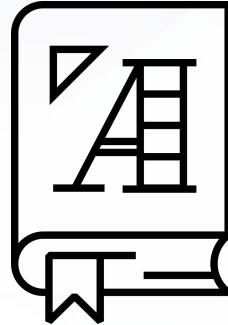
The limited number of characters still allow us to convey complex information. In fact, anything we enter in ASCII can be converted to decimal format.

ASCII Example

A, B, C. It's easy as 1, 2, 3!

Decimal Example

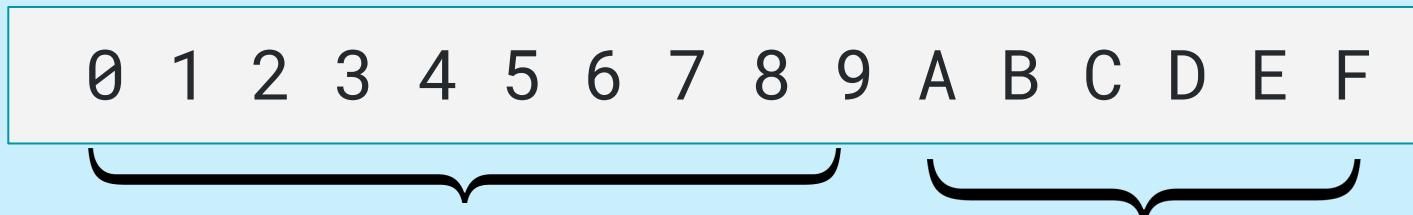
65 44 32 66 44 32 67 46 32 73 116
39 115 32 101 97 115 121 32 97 115
32 49 44 32 50 44 32 51 33



Binary data can be more efficiently stored and represented by encoding with the **hexadecimal** number system.

Hex Encoding

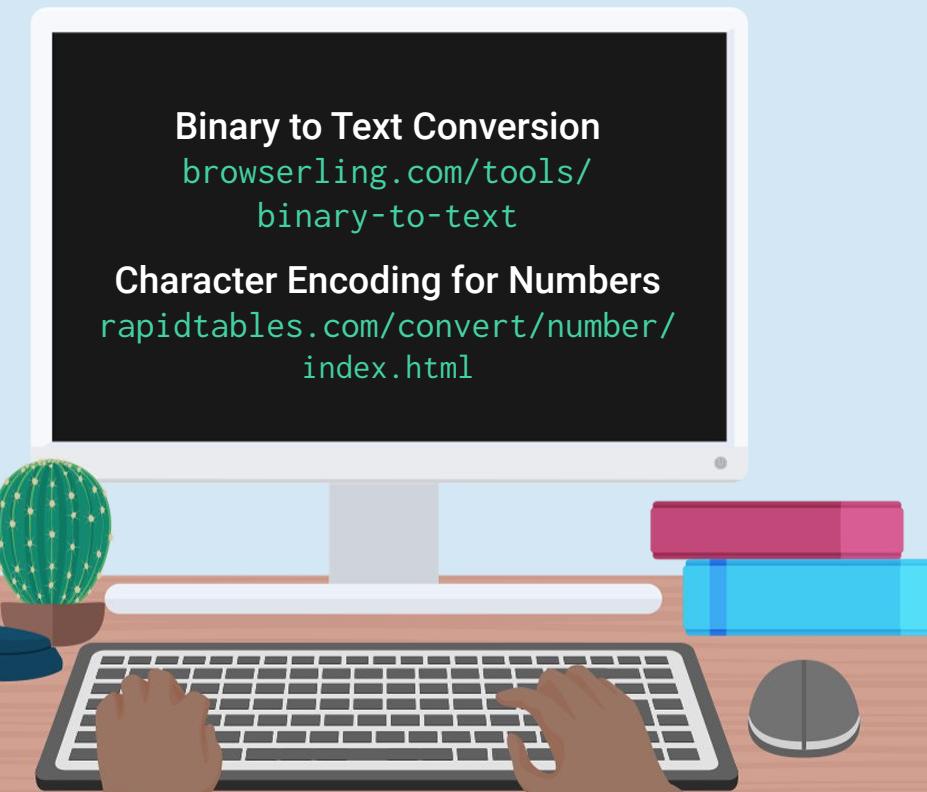
The hex system uses **16 symbols** to represent the base values.

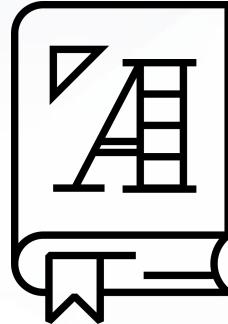


hello = 68 65 6c 6c 6f

Encoding and Decoding Tools

There are various online tools to help with the encoding and decoding process.





Let's practice decoding a
binary message using
browserling.com.

Summary

We're learning a lot of new concepts this week. Let's review!

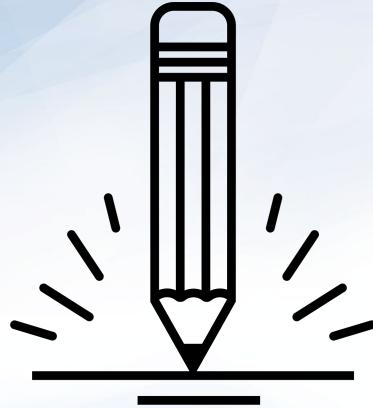
The goal of **encoding** isn't to keep a message secret, but to transform data to be used by another system.

Encoding, unlike encryption, does not use a key.

Encoding is often used to transform digital text data into binary data, where encryption commonly takes place.

There are many types of encoding schemes available and each is relevant for different circumstances.

There are many free online resources, for encoding and decoding messages, such as browserling.com and rapidtables.com.



Activity: Decoding

In this activity, you'll continue to play the role of security analysts working for the Hill Valley Police Department.

There was another burglary last night. The bandit left behind an encoded message. You are tasked with decoding the message to determine the bandit's next target.

Suggested Time:
10 Minutes





Time's Up! Let's Review.

Goals of Cryptography

Goals of Cryptography

Introducing the P.A.I.N model.



Goals of Cryptography

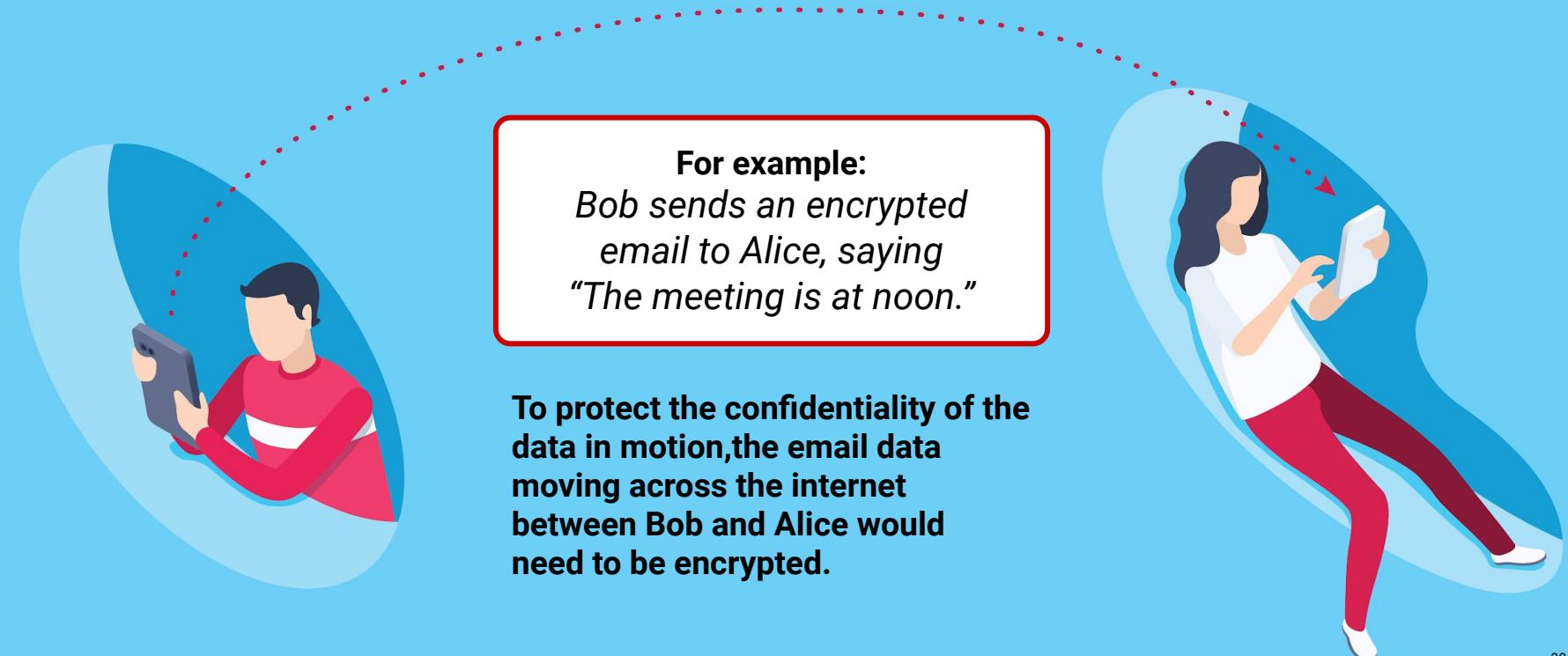
Introducing the P.A.I.N model.



Privacy keeps data secure from unauthorized parties.

Privacy / Confidentiality

Data in motion: data moving between devices.



Privacy / Confidentiality



Data at rest: static data, such as that stored on a hard drive or in a database.

For example:
Data stored on your laptop.

To protect the confidentiality of this data at rest, the laptop's hard drive would be encrypted.



Goals of Cryptography

Introducing the P.A.I.N model.



Authentication is used to confirm the identities of the sender and receiver of data.

Authentication



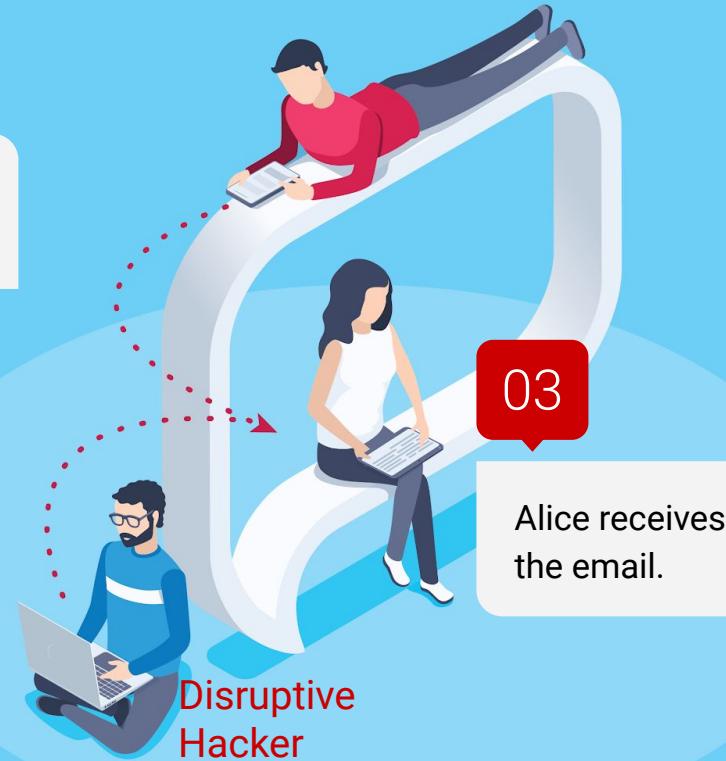
Even when a message is encrypted, an attacker can still send encrypted data and claim they are someone they are not.

01

Bob sends a message to Alice:
"The meeting is at noon."

02

Scammer Tim sends an email impersonating Bob:
"The meeting is cancelled."



03

Alice receives the email.

**Without authentication,
Alice could be tricked
into thinking the
meeting is cancelled.**

Goals of Cryptography

Introducing the P.A.I.N model.



Integrity ensures a message isn't altered between when it's sent and when it's received.

Integrity



Even if a message is encrypted and the sender is authenticated, an attacker can still alter the contents of a message.

01

Bob sends a message to Alice:
"The meeting is at noon."

02

Scammer Tim sends an email impersonating Bob:
"The meeting is at 5 a.m."

03

Alice receives the email.



Goals of Cryptography

Introducing the P.A.I.N model.

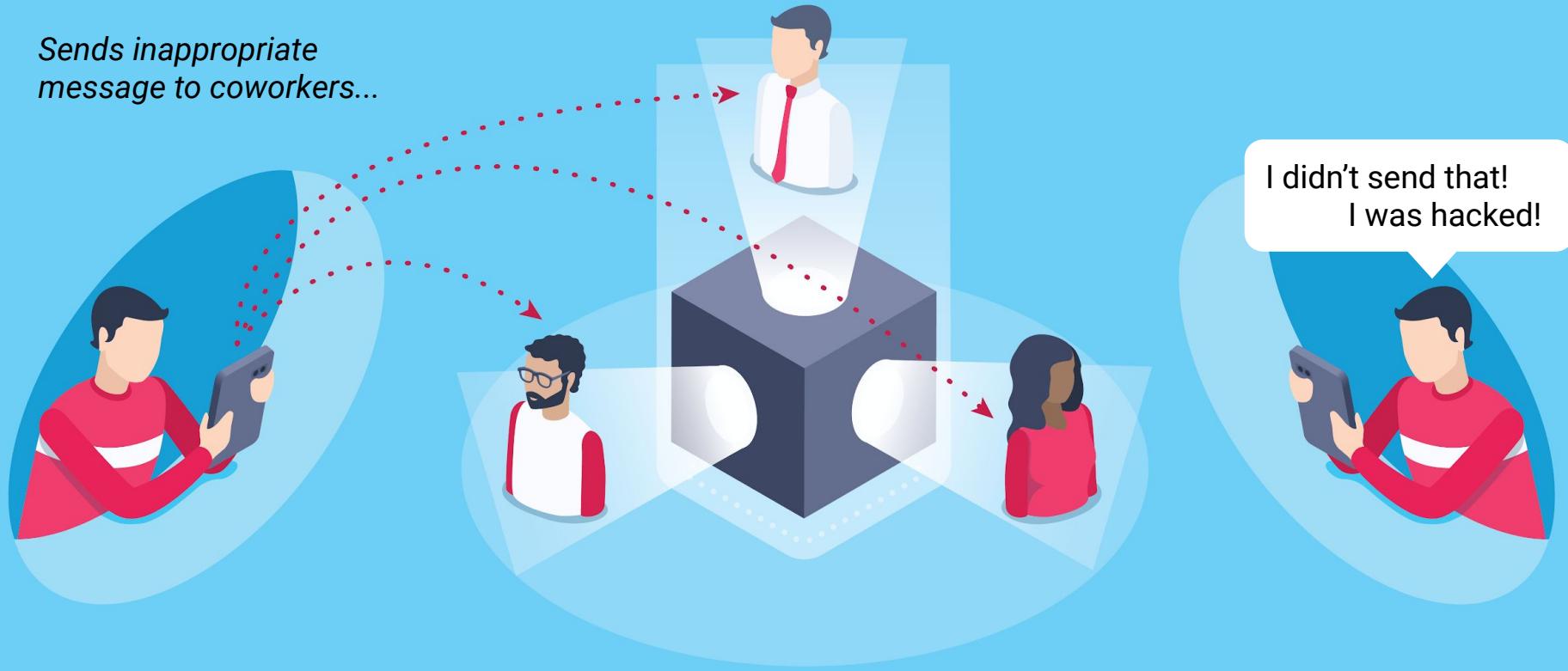


Non-repudiation prevents the original sender from denying they were the sender.

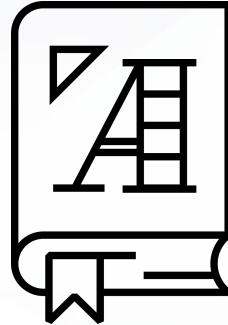
Non-Repudiation



Sends inappropriate message to coworkers...



Cryptographic Ciphers



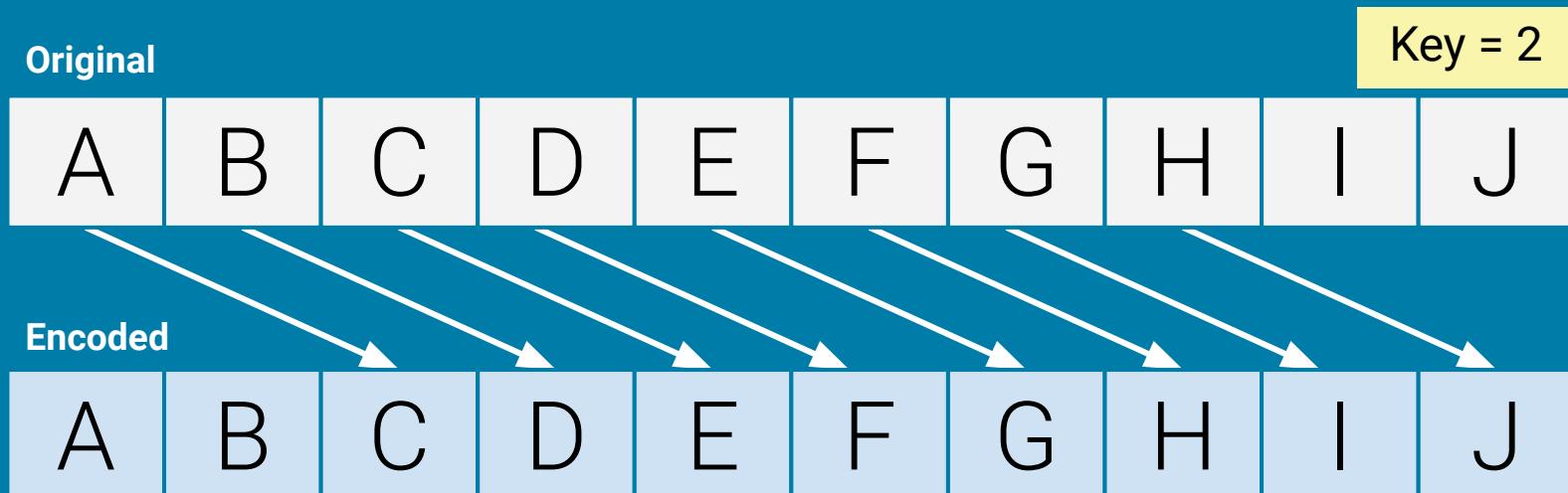
Stream ciphers apply their algorithm one bit (character) at a time.

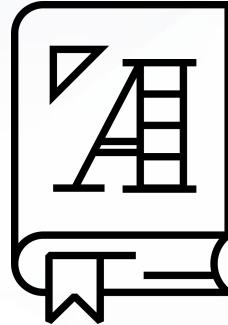
Stream and Substitution Ciphers

One prominent stream cipher is the **substitution cipher**.

- Substitution ciphers substitute out old values for new values of input message.
- The Caesar and Enigma cipher are examples.

While substitution alone doesn't provide strong encryption, when combined with other techniques it can provide strong, fast encryption.





Block ciphers apply their algorithm to chunks of characters.

Block and Transposition Ciphers

One prominent block cipher is the **transposition cipher**.

- Transposition ciphers break an input message into equal-sized blocks and rearrange the letters of each block.

- Break the message into blocks of three characters.
- Replace the first, second, and third character of each block with the third, first, and second character.
- Combine rearranged text.

Key =

1	2	3
3	1	2

Message

Encrypted Message

H	E	L	L	O	!
L	H	E	!	L	O

Summary

We're learning a lot of new concepts this week. Let's review!

01

The goals of cryptography illustrated with the **P.A.I.N. model**.

05

Stream ciphers apply algorithms one character at a time. Block ciphers apply algorithms to blocks of characters.

02

P.A.I.N. stands for Privacy, Authentication, Integrity and Non-Repudiation.

06

A type of stream cipher is the **substitution** cipher, and a type of block cipher is the **transposition** cipher.

03

Ciphers use mathematical formulas known as **algorithms** to encrypt and decrypt data.

07

Substitution ciphers replace each character with a completely different character.

04

The main cipher categories are **block** and **stream** ciphers.

08

Transposition ciphers rearrange the letters within a defined block size.



Activity: Cryptography Concepts and Cipher

In this activity, you'll continue to play the role of security analysts working for the Hill Valley Police Department.

Your task is to use a found key to decrypt the most recent message left by the Alphabet Bandit.

Suggested Time:
10 Minutes





Time's Up! Let's Review.

Countdown timer

15:00

(with alarm)

Break



Modern Cryptography



As technology improved, so did methods for cracking ciphers.

Modern cryptography needed more complex algorithms and longer cryptographic keys.

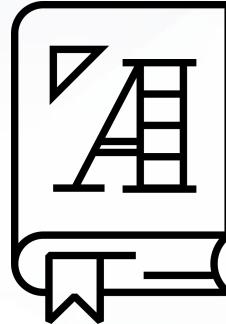
Keys

Each algorithm has a possible range of numbers that can be used as a key, known as a **key space**.

- For example, if a password could only be one numerical digits, the possible values are:



The key space is 10.



For modern cryptography, key space is defined by the number of binary bits used in the key, known as **bit size**.

Keys and Bit Size

You may hear the question:



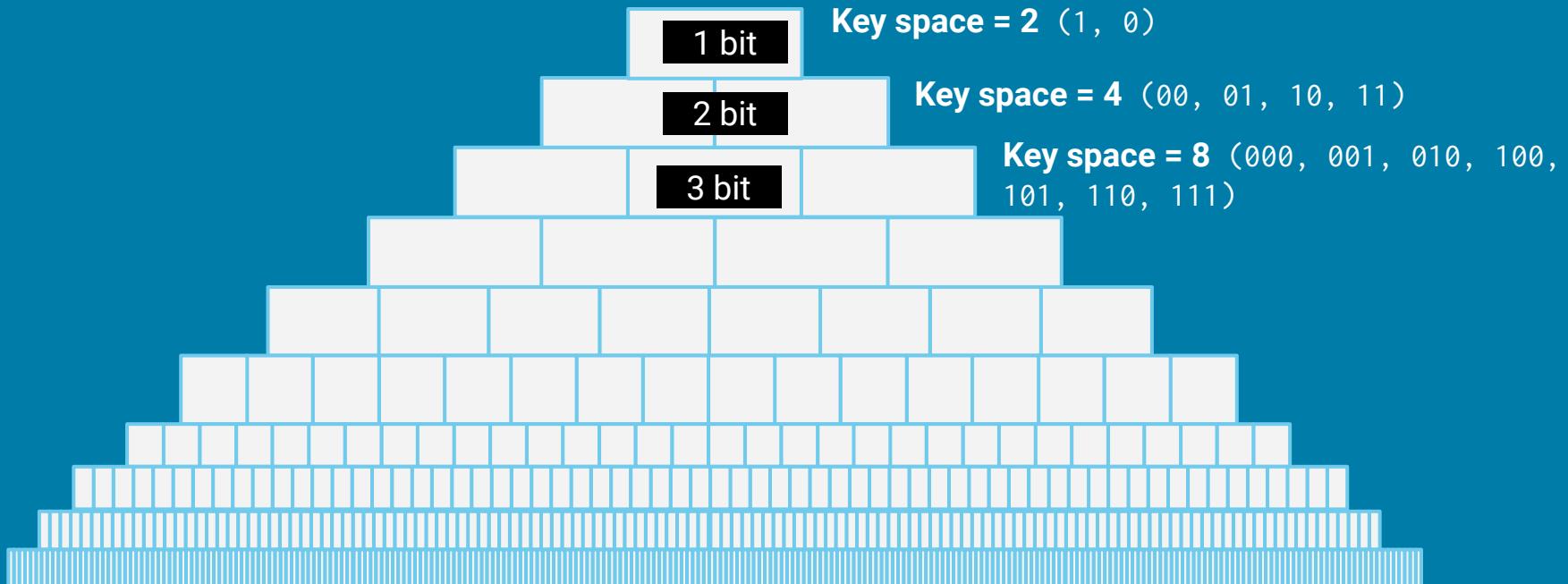
*“How much more secure
is x more bits of encryption?”*

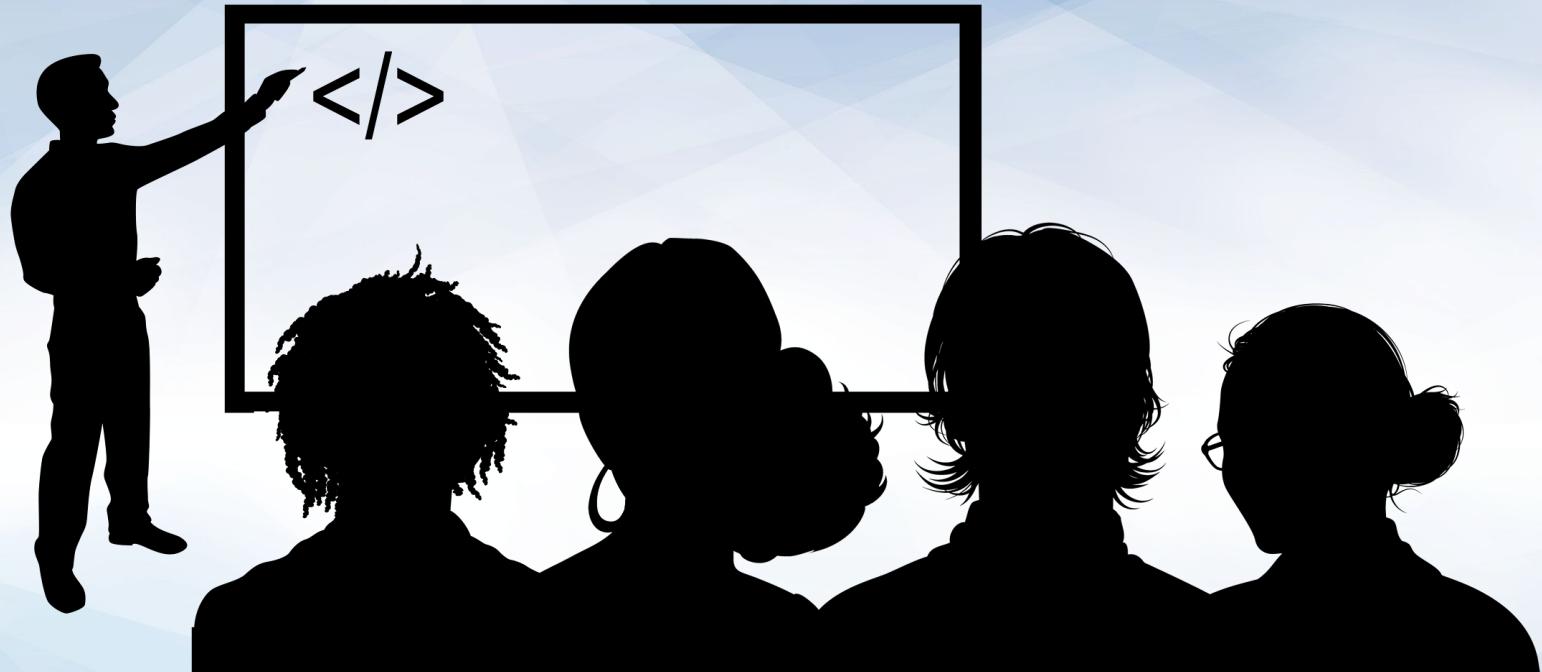
Keys and bit size

We'll need to understand how bit size affects key space and the level of encryption.

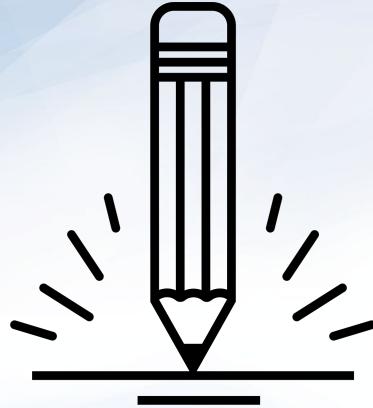
For each bit added, the key space doubles in size.

$$\text{Key space} = 2^{\text{bit size}}$$





Instructor Demonstration
Encryption Strength (10-Bit and 30-Bit)



Class Activity: Encryption Strength

In this activity, you'll continue to play the role of security analysts working for the Hill Valley Police Department.

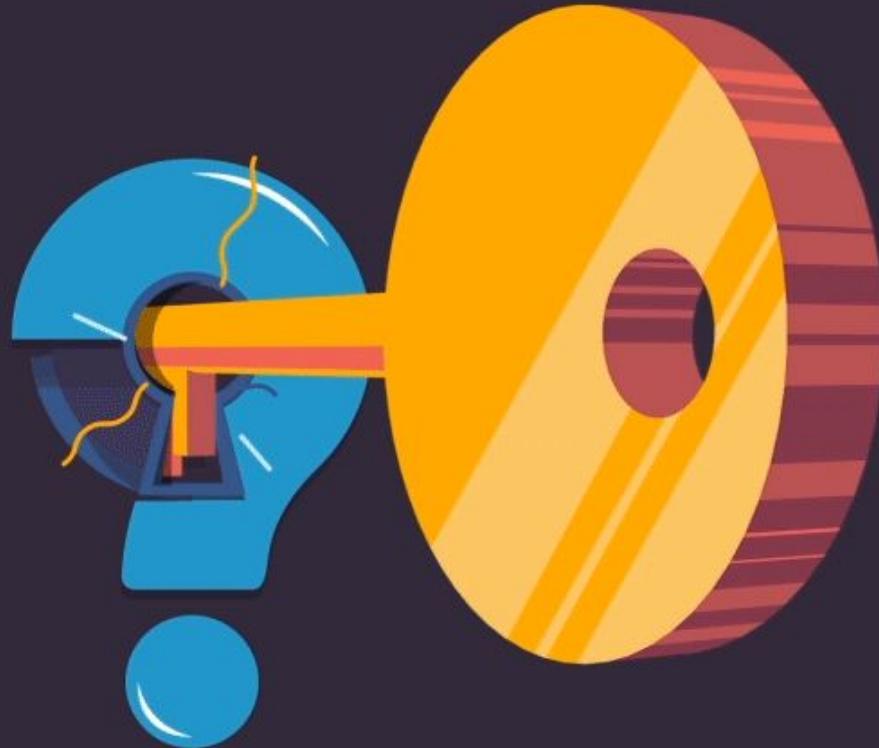
In this activity, you will compare several email security vendors and choose the most cost-effective one for protecting future emails.

Suggested Time:
10 Minutes



Symmetric Key Algorithms

If larger bit size means
stronger encryption,
why don't we just use a
million-bit key?



Security Tradeoffs

It takes time and computational resources to encrypt and decrypt larger keys.



Is the encryption strength worth the time to use the key?

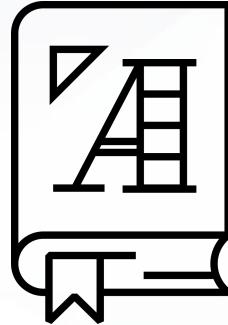
Security Tradeoffs

Do we want an incredibly strong cipher that's hard to compute and difficult to decrypt?



Or, do we prefer average security that's faster?





Modern symmetric key algorithms use algorithms that are secure *and* fast.

Finding the Balance

Symmetric key algorithms use a single, shared key to encrypt and decrypt a message.

This shared key needs to remain **private**. If exposed, the message can be decrypted by anyone.

Some widely known symmetric key algorithms include:

- Data Encryption Standard (DES),
 - Triple DES (3DES)
 - Advanced Encryption Standard (AES)



Data Encryption Standard (DES)

DES is a 56-bit algorithm published by the United States government in 1977.

- Flaws were found in DES and additional security was added to create Triple 3DES.
- However, the security community banded together to develop a newer, more secure symmetric encryption algorithm.



Advanced Encryption Standard

In 1997, the National Institute of Standards and Technology (NIST) announced they were seeking a replacement for DES.

NIST opened a contest for cryptographers to submit algorithms.

In the first round, 15 submissions were collected.

The community attempted to break them all.

The five most promising moved on.



Advanced Encryption Standard

In 1997, the National Institute of Standards and Technology (NIST) announced they were seeking a replacement for DES.

In the second round, the five algorithms were subjected to extensive cryptanalysis by the community.



Advanced Encryption Standard

Eventually the **Rijndael** cipher was determined to be the strongest.

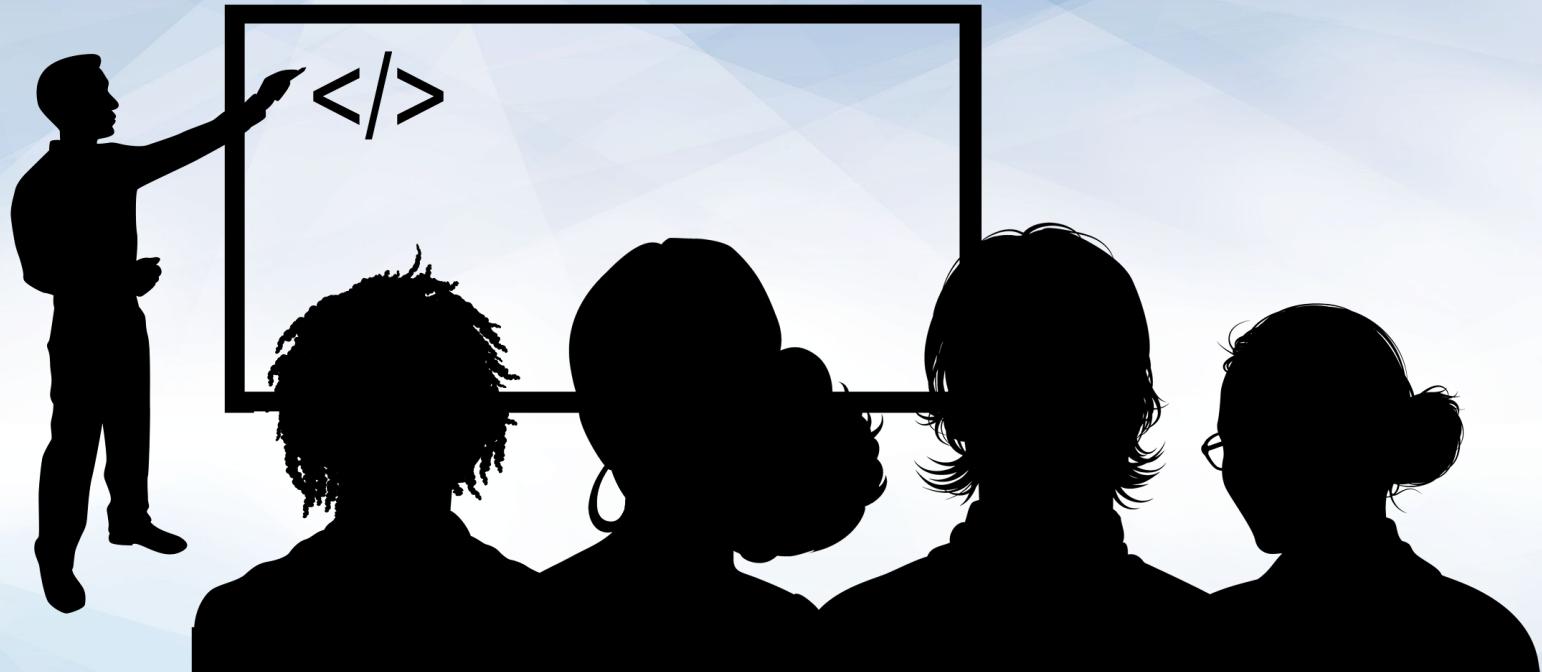
After it was refined and standardized, it became the **Advanced Encryption Standard**.

It is available in 128, 192, and 256-bits.





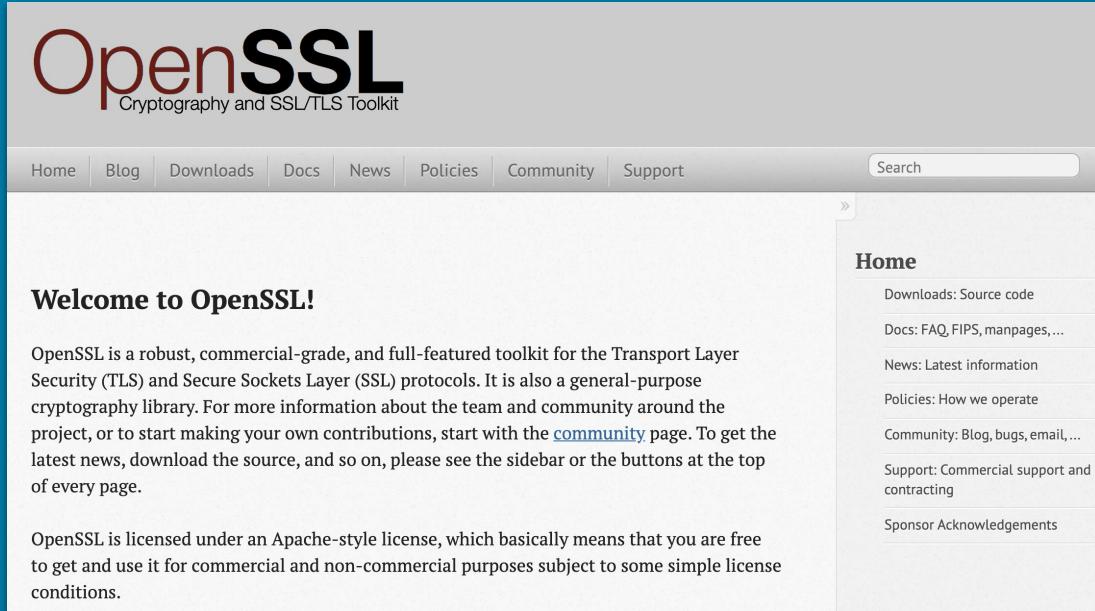
Now we'll use the command-line tool **OpenSSL** to encrypt and decrypt data.



Instructor Demonstration
OpenSSL

Demo Summary

OpenSSL is a free command-line tool used for symmetric encryption and decryption.



The screenshot shows the official OpenSSL website. At the top, there's a navigation bar with links for Home, Blog, Downloads, Docs, News, Policies, Community, and Support. A search bar is also present. Below the navigation, a large heading reads "OpenSSL" with "Cryptography and SSL/TLS Toolkit" underneath. A sidebar on the right contains links for Home, Downloads (Source code), Docs (FAQ, FIPS, manpages, ...), News (Latest information), Policies (How we operate), Community (Blog, bugs, email, ...), Support (Commercial support and contracting), and Sponsor Acknowledgements.

Welcome to OpenSSL!

OpenSSL is a robust, commercial-grade, and full-featured toolkit for the Transport Layer Security (TLS) and Secure Sockets Layer (SSL) protocols. It is also a general-purpose cryptography library. For more information about the team and community around the project, or to start making your own contributions, start with the [community](#) page. To get the latest news, download the source, and so on, please see the sidebar or the buttons at the top of every page.

OpenSSL is licensed under an Apache-style license, which basically means that you are free to get and use it for commercial and non-commercial purposes subject to some simple license conditions.

01

OpenSSL can generate a random key and initialization vector (IV).

02

With the key and IV, OpenSSL can encrypt and decrypt a message with simple terminal commands.

Demo Summary

Creating the key and IV:

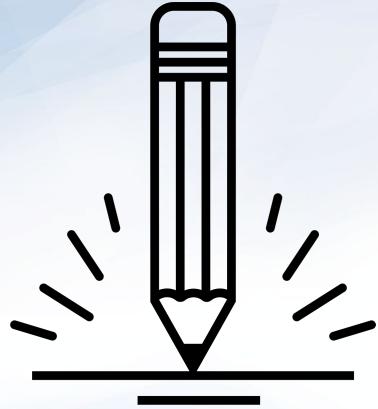
```
openssl enc -pbkdf2 -nosalt -aes-256-cbc -k mypassword -P > key_and_IV
```

Encrypting:

```
openssl enc -pbkdf2 -nosalt -aes-256-cbc -in plainmessage.txt -out plainmessage.txt.enc -base64 -K  
89E01536AC207279409D4DE1E5253E01F4A1769E696DB0D6062CA9B8F56767C8 -iv EE99333010B23C01E6364E035E97275C
```

Decrypting:

```
openssl enc -pbkdf2 -nosalt -aes-256-cbc -in plainmessage.txt.enc -d -base64 -K  
89E01536AC207279409D4DE1E5253E01F4A1769E696DB0D6062CA9B8F56767C8 -iv EE99333010B23C01E6364E035E97275C
```



Activity: OpenSSL

In this activity, you'll continue to play the role of security analysts working for the Hill Valley Police Department.

You must use OpenSSL to decrypt a message from the police captain.

Suggested Time:
10 Minutes





Time's Up! Let's Review.

Questions?

*The
End*