Distance (km)	Landmark	Notes
0.2	Start/Finish	Collect PowerUp
4.9 - 6.1 (1.2)	Dirt Villas climb	Last section is on asphalt
6.1 - 7.1 (1.0)	Downhill to islands	Keep in touch with riders in approach to descent
8.0 - 8.9 (0.9)	Dirt flat	Slight uphill towards end
8.9 - 10.2 (1.3)	Start of EPIC KOM	Steep at 8.9 - 9.2 and 9.4 - 9.7
10.2 - 12.8 (2.6)	EPIC bypass	Rolling and slightly upward along here. Short gravel section (10.7) and small ramps (10.7, 11.3, 11.4, 11.7, 12.3 and 12.6) to contend with. Be sure to close gaps before the coming descent
12.8 - 14.7 (1.9)	Descent	Steepest (-9%) either side of the bridge, low watts! Shallow on the bridge (-3%) - do any chasing here
15.3 - 17.9 (2.6)	Tunnels	Use the ramp on the exit (~200m at 3%) to launch attack or chase on to riders ahead
17.9 - 19.1 (1.2)	Flat to Finish	Minor ramp at 18.3 - useful for solo attacks! Under the bridges with 250m and 160m to go SPRINT!