General Item	Multiplier	Specific	Certain?	In-hand?	Packed	Weight	TOTAL WEIGHT	Other Notes	
BACKPACKING									
Backpacking bag + daypack	1	Farpoint 55L (40L + 15L daypack)	Y	Υ	Y	67.7			
zuckpucking sug - unypuck	•	Tarpoint ood (102 × 102 daypassiy				67.7	4.234	lbs	
TOPS									
Sun Hoodie	1	OR Sun Hoodie	Υ	Υ	Υ	4.0			
Long-sleeve	1	Patagonia Capilene Cool Daily Long-Sleeve	Y	Υ	Υ	5.4			
Buttoned Downed Long Sleeve	1	Patagonia Long-Sleeved Island Hopper Shirt	Υ	Υ	Υ	8			
Buttoned Downed Tee	1	Patagonia Men's A/C Shirt	Υ	Υ	Υ	5.7			
T-shirt	1	Lululemon Metal Vent Tech T-shirt	Y	Υ	Υ	4			
T-shirt	1	Uniqlo Airism Crew Neck T-shirt	Υ	TO BUY	TO BUY	3.5		Will buy in Singa	pore
						30.6	1.9125	lbs	
BOTTOMS	1	REI Sahara Pants	V	V	V	10.0			
Pants	1		Y	Y	Y				
Shorts Shorts	1	Billabong CrossFire Walkshorts	Y	Y	Y	7.8			
	6	Under Armor Men's UA Tech Graphic Shorts				5.4 20.4			
Boxers		ExOfficio Give-N-Go Boxer	Y	Y	Y				
Hiking Socks	2	Dam Tough Micro Crew Lightweight Hiking Socks	Y	Y	Y	1.9			
Ankle Socks	1	Nike Performance Ankle Socks	Y	Y	Y	1.7			
Belt	1	Arcade Belts Atlas Belt	Υ	Y	Υ	2.5	2 40005	11	
						49.7	3.10625	IDS .	
ELEMENT PROTECTION									
Mid-layer	1	Mountain Hardwear Micro Chill Fleece mid-layer	Y	Υ	Υ	9			
•	1	Patagonia Stretch Terre Planing Hoody	Y	Y	Y				
Jacket (Wind/Rain)	1	r atagonia Stretch Terre Planing Hoody	T	T	T	8.3 17.3	1.08125	lhe	
						17.3	1.08125	IND	
FOOTWEAR									
Trailrunners	1	Go On Cloudventure (w/ Superfeet insoles)	Y	Υ	Υ	24			
Sandals	1	Bedrock Cairn Evo C Sandals	Y	Y	Y	19			
Saliuais	'	Dedict Calli Evo C Salidais		'		43	2.6875	lhe	
						40	2.0073	ius	
ELEMENT/TRAVEL ACCESSORIES									
Sunglasses	2	Goodr	Y	Υ	Υ	0.8			
Hat	1	Bird Baseball Cap	Y	Y	Y	3			
Headlamp	1	Black Diamond Spot 400 Headlamp	Y	Y	Y	2.9			
Nalgene 1L	1	Nalgene 1L	Y	Y	Y	6.25			
Collapsable 0.5L bottle	1	HydraPak 500 ml Stow Bottle	Y	Y	Y	1.6			
Mosquito Headnet	1	Sea to Summit Mosquito Headnet	Y	Y	Y	1.2			
Sungloves	•	Glacier Outdoor Sungloves	Y	Y	Y	1.3			
GPS Watch	1	Garmin GPS Watch	Y	Y	Y	3			
Sleep Mask	1	Magovel Sleep Mask	Y	Y	Υ	1.3			
Neck Pillow	1	Sea to Summit Aeros Pillow	Y	Y	Y	3			
						24.35	1.521875	lbs	
TECH/ADMIN									
Tablet	1	iPad Air 10.9"	Υ	Υ	Υ	16			
Keyboard	1	Logitech Keyboard	Υ	Υ	Υ	11.4			
Kindle	1	Kindle	Υ	Υ	Υ	9			
Binoculars	1	Nikon Monarch 7 Binoculars	Υ	Υ	Υ	26			
Mechanical Watch	1	Hamilton Watch	Υ	Υ	Υ	2.3			
Wallet	1	Wallet	Υ	Υ	Υ	2			
Organizational Bags	1	Packing bags + dry bag + laundry bag + packing cubes	Υ	Υ	Υ	16			
Passport	1	Passport	Υ	Υ	Υ	1.5			
Documents	1	Documents (insurance, etc)	Υ	Υ	Υ	5			
						89.2	5.575	Ibs	
CAMERA GEAR									
Camera	1	Canon EOS R7	Υ	Υ	Υ	21.6			
Camera Bag	1	JJC Neoprene Camera Sleeve	Υ	Υ	Υ	3.1			
Camera Wrap	1	TARION Protective Lens Camera Wrap	Υ	Υ	Υ	1			
Telephoto Lens	1	Canon RF 100-400mm f/5.6-8 IS USM	Υ	Υ	Υ	22.4			
General Zoom Lens	1	Canon RF-S 18-150mm F3.5-6.3 IS STM	Υ	Υ	Υ	10.9			
Camera clip	1	Peak Design Camera Clip	Υ	Y	Y	5 <b>64</b>		Ibs	
						04	4	ing	
ELECTRONICS BAG									
AirPods	1	AirPods	Υ	Υ	Υ	2.2			
arge Portable Charger	1	Anker 20000mah charger	Y	Υ	Υ	12.5			
Small Portable Charger	1	Anker 3350 mah charger	Υ	Υ	Υ	3			
Charging cables	1	Charging cables	Υ	Υ	Υ	4			
External Hard Drive	1	1TB External Hard Drive	Υ	Υ	Υ	5			
JSB drive	1	RWY_16GB	Υ	Υ	Υ	0.3			
Extra batteries	1	3x AAA Batteries	Υ	Υ	Υ	1			
Pad charger	1	iPad charger	Υ	Υ	Υ	8			
Airtag	1	Airtag	Y	Υ	Υ	0.4			
Wall chargers (w/ camera battery charger	1	Wall chargers (w/ camera battery charger)	Y	Υ	Υ	5			

OILETRIES/MEDICINE								
	1	Packtowl Personal Towel (Hand: 36 x 16.5 inches, 2.9oz)	Υ	Y	Υ	1		
	1	Laundry Detergent Strips	Υ	Υ	Υ	0.5		
		T.11.1. D						
Toiletry bag		Toiletries Bag Face Micro Towel	Y	Y	Y	32		
	1		Y	Y	Y			
	1	Phillips One Electric Toothbrush Gilette Guard + 4 blades	Y	Y	Y			
	1	Lip balm + ointments	Y	Y	Y			
	1	Dr Brauners	Y	Y	Y			
	1	Moisturizer	Y	Y	Y			
	1	Body wash (large bottle)	N	TO BUY	TO BUY		Will buy in 0	Cambodia
	1	Face Wash (Neutrogena or Cetophil Gentle Cleanser)	Υ	Υ	Υ		,	
	1	Deodorant	Υ	Υ	Υ			
	1	Purrell	Υ	Υ	Υ			
	1	Tiger balm	Υ	Υ	Υ			
	1	Toothpaste	Υ	Υ	Υ			
	1	Hair Paste	Υ	Υ	Υ			
	1	Face Sunscreen	Υ	Υ	Y			
	1	Mosquito repellent	Υ	Υ	Υ			
	1	Baby Wipes	Υ	Υ	Υ			
Medicine Bag	1	Antibiotics (2x full 3-day courses)	Υ	Υ	Υ	24		
	1	Elevation meds (10)	Y	Y	Y			
	1	Malaria pills (96)	Y	Y	Y			
	1	Caffeine Pills	Y	Y	Y			
	1	Electrolye Pills (Flyby) Robaxisal	Y	Y	Y			
	1	Imodium	Y	Y	Y			
	1	Emetrol	Y	Y	Y			
	1	Tums	Y	Y	Y			
	1	Ibuprofen	Y	Y	Y			
	1	Benadryl + Hydrocortizone	Y	Y	Y			
	1	Pepto-Bismol	Y	Y	Υ			
	1	Benadryl (Diphenhydramine HCl 25mg)	Υ	Y	Υ			
	1	Dramamine	Υ	Υ	Υ			
	1	Neosporin + band-aids	Υ	Υ	Υ			
						57.5	3.59375 lbs	
				1				
				TOILETRIES	BAG			BACKPACKING
				11.9%				14.0%
TOTAL WEIGHT	(oz)	(lbs)						
BACKPACKING BAG	67.7	4.234	-	ELECTRONI	os			TOPS
TOPS	30.6	1.9125	+	8.5%				6.3%
BOTTOMS	49.7	3.10625	-					
ELEMENT PROTECTION FOOTWEAR	17.3 43	1.08125 2.6875						
ELEMENT/TRAVEL ACCESSORIES	24.35	1.521875	1					BOTTOMS
ELEMEN I/I RAVEL ACCESSORIES	89.2	5.575		CAMERA GE	AR .			10.3%
CAMERA GEAR	64	4		13.2%				
ELECTRONICS BAG	41.4	2.5875						ELEMENT
TOILETRIES BAG	57.5	3.59375						3.6%
20 27,0	484.8	30.299625						FOOTWEAR
				TECH/ADMIN				8.9%
				18.4%	1		ELEMENT/TRAVEL	
								5.0%