

# Tides

Robert J. Lammert rob.lammert@gmail.com

01/31/2025

## Tides

Rising and falling, pushing and pulling, the waters of the sea moves.  
Powers greater than us decide the motion, the amounts, and the moods.  
Dependable and timely, ceaseless and wondrous, happening for all time.  
The moon's effects on the earth, tides of the sea are a never-ending paradigm.

Hugs and tears, laughs and fears, the feelings of friendships change.  
Love brings us closer together, but hurt from an ally will estrange.  
Ups and downs, ins and outs; these are the battles we fight and the hills we climb.  
The heart loves and the pain hurts, tides of life are a never-ending paradigm.

Covenant and sacrifice, sin and vice, our faith can be unstable.  
It is up to us to choose whether or not we join Him at the table.  
Confess and repent, mercy and understanding; our Lord's love is sublime.  
Prayer and penance for our falls and failures, tides of faith are a never-ending paradigm.

---

"Tides" ©2025 by Robert Lammert is licensed under  
Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International  
License definition link: <https://creativecommons.org/licenses/by-nc-nd/4.0/deed.en>