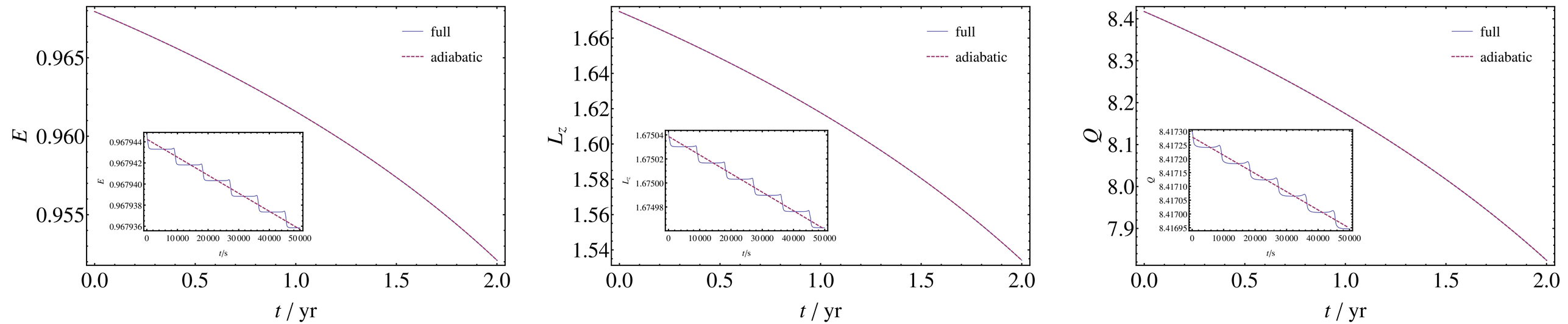
full
adiabatic
E
0.965
0.960
0.955
0.967944
0.967942
0.967940
0.967938
0.967936
0
10000
20000
30000
40000
50000
t/s
0.0
0.5
1.0
1.5
2.0
t / yr
full
adiabatic
L_z
1.66
1.64
1.62
1.60
1.58
1.56
1.54
1.67504
1.67502
1.67500
1.67498
0
10000
20000
30000
40000
50000
t/s
0.0
0.5
1.0
1.5
2.0
t / yr
full
adiabatic
Q
8.4
8.3
8.2
8.1
8.0
7.9
8.41730
8.41725
8.41720
8.41715
8.41710
8.41705
8.41700
8.41695
0
10000
20000
30000
40000
50000
t/s
0.0
0.5
1.0
1.5
2.0
t / yr