Service Accounts

- Manage a service account for each user
- Manage authentication and authorization fully within Kubernetes
- Lots of duplication, hard to safely control/distribute credentials
- Not intended for this use case

Dex

- Lots of integrations (LDAP, GitHub, GitLab, SAML 2.0, OIDC)
- Maps external groups/users to Kubernetes groups/users
- Can be somewhat complex to setup