

## **Anti■wrinkle Aftercare**

Do not rub or massage treated areas for 24 hours.

Avoid strenuous exercise, alcohol and saunas for 24 hours.

Mild redness or bruising can occur and should settle in a few days.

Effects start in 3–14 days; results last around 3–4 months.

Attend your 2■week review for check and small adjustments if needed.