

Dermal Filler Aftercare

Do not rub or massage for 24 hours unless advised.

Avoid strenuous exercise, alcohol and saunas for 24 hours.

Redness, swelling or small lumps are common and usually settle within 2 weeks.

Avoid make■up for 12 hours on treated areas.

Contact us urgently for severe pain, pale/blue skin, or vision changes.