

# **Aesthetic Treatments – Risks & Risk Reduction**

All treatments carry risks. Common side effects include redness, swelling and bruising which usually resolve within days.

Rarer complications include infection, allergic reaction or vascular occlusion (blocked blood vessel). These require urgent attention.

Risk reduction: thorough medical history, sterile technique, conservative dosing, emergency kit (including hyaluronidase) on hand.

Incidence: Minor bruising/swelling (10–20%), vascular occlusion with fillers (<0.1%), eyelid droop after botox (~2%).

If you notice severe pain, colour change of skin, or visual disturbance, contact us immediately or seek urgent medical care.