For the refresh rates in NRU I am choosing to use the value of 8 seconds. As you can see from the following charts 8 seconds is not the best performing in either trace however it is second best in swim.trace and very close to second in gcc.trace. The ones that perform best in each individual one are much worse in the second. For each of these refresh rates I ran the NRU algorithm 5 times and found the average number of page faults for that rate.

