

Training and Practicing Time Table for March 2024

Date	Court	Time	School	Responsibility	
06.03.2024 Wednesday	ADTC	0230 - 0430	Karangawa /Nawagampura	Mr. Theja Mr. Ajith	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	
07.03.2024 Thursday	ADTC	0230 - 0430	Indrasarapura	Mr. Thushara	
		0430 - 0630	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
08.03.2024 Friday	ADTC	0230 - 0430	Balika	Mr. Dammika	
		0430 - 0630	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		0630 - 0730	Kids	Jenura	
		0630 - 1200	Adults	-	
09.03.2024 Saturday	ADTC	0730-0930	Kawantissa	Mr. Anil Manawadu	
		0930-1130	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		1130-0130	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0230 - 0430	Gamini	Miss. Dinusha	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
10.03.2024 Sunday	ADTC	0730-0930	Indrasarapura	Mr. Thushara	
		0930-1130	Saddatissa	Mr. Daminda	
		1130-0130	Balika	Mr. Dammika	
		0230 - 0430	Gamini	Miss. Dinusha	
		0430 - 0630	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	
11.03.2024 Monday	ADTC	0230 - 0430	Kawantissa	Mr. Anil Manawadu	
		0430 - 0630	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0630 - 0730	Kids	Jenura	
		0730 - 1230	Adults	-	
12.03.2024 Tuesday	ADTC	0230 - 0430	Balika	Mr. Dammika	
		0430 - 0630	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	

		0630 - 0730	Kids	Mr. Uditha	
		0630 - 1200	Adults	-	
13.03.2024 Wednesday	ADTC	0230 - 0430	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Kids	-	
14.03.2024 Thursday	ADTC	0230 - 0430	Indrasarapura	Mr. Thushara	
		0430 - 0630	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
15.03.2024 Friday	ADTC	0230 - 0430	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		0430 - 0630	Balika	Mr. Dammika	
		0630 - 0730	Kids	Jenura	
		0730 - 1200	Adults	-	
16.03.2024 Saturday	ADTC	0730-0930	Kawantissa	Mr. Anil Manawadu	
		0930-1130	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		1130-0130	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0230 - 0430	Gamini	Miss. Dinusha	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
17.03.2024 Sunday	ADTC	0730-0930	Indrasarapura	Mr. Thushara	
		0930-1130	Saddatissa	Mr. Daminda	
		1130-0130	Balika	Mr. Dammika	
		0230 - 0430	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0430 - 0630	Gamini	Miss. Dinusha	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	
18.03.2024 Monday	ADTC	0230 - 0430	Kawantissa	Mr. Anil Manawadu	
		0430 - 0630	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0630 - 0730	Kids	Jenura	
		0730 - 1200	Adults	-	

19.03.2024 Tuesday	ADTC	0230 - 0430	Balika	Mr. Dammika	
		0430 - 0630	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		0630 - 0730	Kids	Mr. Uditha	
		0630 - 1200	Adults	-	
20.03.2024 Wednesday	ADTC	0230 - 0430	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	
21.03.2024 Thursday	ADTC	0230 - 0430	Indrasarapura	Mr. Thushara	
		0430 - 0630	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
22.03.2024 Friday	ADTC	0230 - 0430	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		0430 - 0630	Balika	Mr. Dammika	
		0630 - 0730	Kids	Jenura	
		0730 - 1200	Adults	-	
23.03.2024 Saturday	ADTC	0730-0930	Kawantissa	Mr. Anil Manawadu	
		0930-1130	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		1130-0130	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0230 - 0430	Gamini	Miss. Dinusha	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
24.03.2024 Sunday	ADTC	0730-0930	Indrasarapura	Mr. Thushara	
		0930-1130	Saddatissa	Mr. Daminda	
		1130-0130	Balika	Mr. Dammika	
		0230 - 0430	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0430 - 0630	Gamini	Miss. Dinusha	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	
25.03.2024 Monday	ADTC	0230 - 0430	Kawantissa	Mr. Anil Manawadu	
		0430 - 0630	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0630 - 0730	Kids	Jenura	

		0730 - 1200	Adults	-	
26.03.2024 Tuesday	ADTC	0230 - 0430	Balika	Mr. Dammika	
		0430 - 0630	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
27.03.2024 Wednesday	ADTC	0230 - 0430	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	
28.03.2024 Thursday	ADTC	0230 - 0430	Indrasarapura	Mr. Thushara	
		0430 - 0630	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
29.03.2024 Friday	ADTC	0230 - 0430	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		0430 - 0630	Balika	Mr. Dammika	
		0630 - 0730	Kids	Jenura	
		0730 - 1200	Adults	-	
30.03.2024 Saturday	ADTC	0730-0930	Kawantissa	Mr. Anil Manawadu	
		0930-1130	Vidyasasthra	Mr. Thilakasiri Mr. Nilantha	
		1130-0130	Karangawa/Nawagampura	Mr. Theja Mr. Ajith	
		0230 - 0430	Gamini	Miss. Dinusha	
		0430 - 0630	Saddatissa	Mr. Daminda	
		0630 - 0730	Kids	Mr. Uditha	
		0730 - 1200	Adults	-	
31.03.2024 Sunday	ADTC	0730-0930	Gamini	Miss. Dinusha	
		0930-1130	Saddatissa	Mr. Daminda	
		1130-0130	Balika	Mr. Dammika	
		0230 - 0430	Parakrama/Kotawehera	Mr. Chanaka Mr. Gomas Mr. Lakshan	
		0430 - 0630	Indrasarapura	Mr. Thushara	
		0630 - 0730	Kids	Mr. Thisara	
		0730 - 1200	Adults	-	

School	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Karangawa/Nawagampura	-	√	-	√	-	-	√
Saddatissa	√	-	-	√	-	-	√
Indrasarapura	√	-	-	-	√	-	-
Parakrama/Kotawehera	√	-	-	-	√	-	-
Balikawa	√	-	√	-	-	√	-
Vidyasasthra	-	-	√	-	-	√	√
Kawantissa	-	√	-	-	-	-	√
Gamini	√	-	-	-	-	-	√