May 31,2018

Audrey Nelson, M.A. 809 N. Erin Ave. Tucson, AZ 85711

Dear Audrey Nelson:

I have reviewed your request regarding your study and are pleased to support your research project entitled "Effects of Stress, Sleep Hygiene, and Exercise on Academic Engagement in Undergraduate Students." Your request to use the dataset collected by us and your advisor, Dr. Michael Sulkowski, at the University of Florida in 2010, for your dissertation is granted, including all data elements related to your research question.

Sincerely,

Allison Dempsey, Ph.D.

Associate Professor

Division of Neonatal and Perinatal Medicine

Department of Pediatrics McGovern Medical School

University of Texas Health Science Center at Houston (UTHealth)