

Rodrigo Andres Blanco Villarroel

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After many years in the fitness industry I am looking to refocus my career path towards web development. I am looking for a full-time job as a junior/entry-level full-stack web developer and to improve my skills as a programmer.

EDUCATION

California State University, Fullerton
Class of 2013

- Bachelor of Science in Kinesiology with a concentration in Clinical Science

TECHNICAL SKILLS

- HTML
- CSS
- JavaScript
- Web, Third-Party, Server-side APIs
- NodeJS

CERTIFICATIONS

- CPR and First Aide certified

WORK EXPERIENCE

Laguna Woods Fitness Centers
Fitness Coordinator/Personal Trainer, September 2011 - Present

- Capable of providing excellent and consistent customer service
- Responsible for the scheduling and supervision of staff
- Charged with keeping staff protocols current
- Assisted Supervisor with training staff in new fitness and safety protocols
- Managed conflict resolution in fitness centers
- Coordinated and supervised the Annual Battle of the Fitness Centers event
- Developed new group training classes to be incorporated into the permanent schedule
- Performed client assessments and communicated with them to determine the best way to achieve their personal fitness goals
- Developed routines to help clients avoid injury while maximizing effort and facilitating their attainment of personal fitness goals
- Trained clients in one-on-one and group sessions to complete strength training exercises and proper weight-lifting techniques safely and effectively, always taking into account individualized physical limitations
- Supplied clients with lists of exercises and activities to complete on their own when requested

SKILLS

- Fluent in Spanish – written and verbal communication

- Leadership: personnel management and team building, organized and proactive with a self-starter work ethic and excellent problem solving and troubleshooting abilities
- Computer: Microsoft Office, PowerPoint, Word, and Excel
- Capable of providing general administrative support
- Knowledgeable of exercise equipment operation and basic maintenance

REFERENCES

- Peter Quan, Supervisor at Laguna Woods Fitness Centers; Mobile: (714) 334-1060
- Roberta McCarty, Client at Laguna Woods Fitness Centers; Mobile: (949) 572-3256
- Brian Gonzalez, Point of contact for volunteer work with Diocese of Orange; Mobile: (714) 655-5058