

# Course project

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## 1 Problem statement

Our problem to solve is to optimally assign nurses to working hours in a hospital such that demand for each hour is met and the fewest number of nurses are used.

This is an NP-hard problem in combinatorial optimization. It can be formulated as an integer program.

We are given a set of nurses, a specification of the demands for each hour as well as a set of constraints that must be satisfied regarding how long each nurse can work.

### 1.1 Parameters

We are given a set of available nurses of size  $N$ , a list  $demand_h$  of size  $H$  with the number of nurses needed each hour, as well as the constraints that must be satisfied.

The parameters are given as follows:

$demand_h$  a list of demands for each hour

$maxHours$  maximum number of hours each nurse may work

$minHours$  minimum number of hours each nurse may work

$maxConsec$  maximum number of consecutive hours each nurse may work

$maxPresence$  maximum number of hours each nurse may be present at the hospital after arriving

## 1.2 Decision variables

For the problem, we define three matrices as decision variables. The last one is auxiliary.

Symbol	Type and size
$P$	Binary matrix of size $N \times H$ .
$W$	Binary matrix of size $N \times H$ .
$T$	Binary matrix of size $N \times H$ .

The matrix  $P$  has the element  $P_{n,h} = 1$  if the nurse  $n$  is present at the hospital at hour  $n$ , also if is working,  $W_{n,h} = 1$ , otherwise 0. The matrix  $T$  is an auxiliary matrix, with the element  $T_{n,h} = 1$  if the nurse  $n$  is travelling to the hospital at the hour  $h$ , otherwise 0.

## 1.3 Constraints

**Constraint 1** At least  $\text{demand}_h$  nurses should be working at the hour  $h$ .

$$\forall h \in [1, H], \sum_{n \in N} W_{n,h} \geq \text{demand}_h$$

**Constraint 2** Each working nurse should work at least  $\text{minHours}$ .

$$\forall n \in N, \sum_{h \in [1, H]} W_{n,h} \geq \text{minHours} * \sum_{j \in [1, H]} T_{n,j}$$

**Constraint 3** Each nurse should work at most  $\text{maxHours}$ .

$$\forall n \in N, \sum_{h \in [1, H]} W_{n,h} \leq \text{maxHours}$$

**Constraint 4a** Each nurse should work at most  $\text{maxConsec}$  consecutive hours.

$$\forall n \in N, \forall h \in [1, H - \text{maxConsec}],$$

$$\sum_{k \in [0, \text{maxConsec}]} W_{n,h+k} \leq \text{maxConsec}$$

**Constraint 4b** Wrap around case for maxConsecutive hours.

$$\forall n \in N, \forall h \in [1, \text{maxConsec}],$$

$$\sum_{j \in [1, h]} W_{n,j} + \sum_{j \in [H - \text{maxConsec} + h, H]} W_{n,j} \leq \text{maxConsec}$$

**Constraint 5** No nurse can stay at the hospital for more than maxPresence hours.

$$\forall n \in N, \sum_{h \in [1, H]} P_{n,h} \leq \text{maxPresence}$$

**Constraint 6** No nurse can rest for more than one consecutive hour.

$$\forall n \in N, \forall h \in [1, H-1],$$

$$W_{n,h} + W_{n,h+1} \geq P_{n,h+1}$$

**Constraint 7** Working nurses can travel to hospital at most once.

$$\forall n \in N,$$

$$\sum_{h \in [1, H]} T_{n,h} \leq 1$$

**Constraint 8a** If a nurse is present at current hour and wasn't at previous hour, then they traveled to hospital at current hour.

$$\forall n \in N, \forall h \in [2, H],$$

$$T_{n,h} \geq 1 - P_{n,h-1} + P_{n,h} - 1$$

**Constraint 8b** Add case for wrap-around

$$\forall n \in N,$$

$$T_{n,1} \geq 1 - P_{n,H} + P_{n,1} - 1$$

**Constraint 9** If nurse travels at current hour, then they were not present at previous hour.

$$\forall n \in N, \forall h \in [2, H],$$

$$T_{n,h} \leq 1 - P_{n,h-1}$$

**Constraint 10** If nurse travels at current hour, then they are present at current hour.

$$\forall n \in N, \forall h \in [1, H],$$

$$T_{n,h} \leq P_{n,h}$$

## 2 GRASP

The GRASP method is a metaheuristic in which each iteration consists of two phases: construction and local search.

First, we need to specify the problem in terms of part that can be selected. The ground set  $E$  contains elements that can be selected in order to build a solution. Let  $S$  be a possible solution by selecting parts of  $E$ , so  $S \in 2^E$ . We can build  $F$  as the set of solutions that are feasible  $F \subseteq 2^E$ .

In our problem, we need to select the behavior of  $N$  nurses. A possible solution can be defined by the selection of elements that describe what a nurse  $n$  is doing at the time  $h$ . A tuple  $t = (n, h, s)$  can code that the nurse  $n$  should be at state  $s$  in the time  $h$ . A feasible solution  $S$  should consist of a selection of tuples  $t$  such that, they define the behavior of every nurse at every time, and also satisfy the previous constraints.

Furthermore, in order to build a solution, a notion of cost is needed to select among all the possible tuples that can be selected. Lets ignore the constraints in the cost function, and check the feasibility at the end. Iteratively we can select a naive solution by a simple procedure.

We begin with an empty solution, at time  $h = 1$ . At that time, we have a demand  $d$  given by  $\text{demand}_h$ . A good candidate will be try to meet the demand by adding nurses that are already working. We create the restricted candidate list (RCL) by selecting working nurses with high probability. Then, one of the possible combinations will be chosen, optimistically assigning one nurse to work in that time. Then we continue adding nurses in a working state. Once the demand is met, then we now will prefer adding to the solution tuples that contain nurses in a non-working status. The probability of such state should now be added with high probability.

The selection of the cost function is the core of the GRASP algorithm, so we need to take some care to guarantee a good behavior.

## 3 BRKGA

Genetic algorithms borrow mechanisms from nature, namely the concept of survival of the fittest, in order to search a large solution space. A population

of solutions is evolved over several generations by iteratively breeding new solutions by mating or *crossing* individuals from previous generations. Biased Randomized-Key Genetic Algorithm (BRKGA) is such an algorithm in which certain members of the population are selected for crossover with higher probability.

We represent our problem with a set of individuals with an associated *chromosome*, each of which encodes a solution.

Each individual or chromosome has associated with it a fitness score, which will determine if they are an *elite individual* or *non-elite individual*. We can now add a bias to the selection of the parentage for next generation individuals the selecting a parent from the elite set with a higher probability in order to pass on desirable characteristics.

Each chromosome is represented as a string of genes. Each gene takes on a particular value from an alphabet.

Our matrix encodes start-hour, present-hour, number-breaks, break-score 3 scalars and an array of scores in order to place breaks.

### 3.1 Chromosome structure

The solution is codified by using three scalars  $p$ ,  $s$  and  $b$  and a vector  $v$  of size  $H$  for each nurse. The scalars codify the number of hours  $p$  that the nurse is present at the hospital, the first hour  $s$  at which is at the hospital, and the number of breaks  $b$  while is present.

The vector  $v$  is used from 1 to the number of present hours  $p$ . Each element stores a score that will be used to determine the preferred hours in which a break should be set. Lower scores will be selected first, filling the breaks up to  $b$ .

The decision whether a nurse works or not, is based on  $p$ , if the presence hours are less than *minHours* the nurse doesn't start working.

The chromosome structure is then matrix of  $N$  rows and  $3 + H$  columns, but flattened into a long vector of size  $N \times 3 + H$ .

### 3.2 Decoder

The decoder part of the algorithm, which is the only part that depends on the problem, computes the fitness of each individual in the population. The fitness  $f(p, s, b, v)$  is a heuristic value that estimates the objective, and has to be minimized. Is computed by adding five badness values  $BN$ ,  $BD$ ,  $BH$ ,  $BC$  and  $BF$  together.

In order to compute the values, we first need to determine when each nurse works. By using  $p$  and  $s$  we have the interval that they are present.

And using the indices of the first  $b$  lower values of  $v$ , we now where they rest.

The number of nurses needed is the first value  $BN$ , which takes into account that we want to minimize the number of nurses used.

The value  $BD$  measures the demand left that is not met. Is computed at each hour  $h$  as the difference of the problem demand and the nurses offer (the working hours provided by the working nurses) as  $BD = 100 \sum_h \text{demand}_h - \text{offer}_h$ .

The value  $BH(n)$  measures the error of each nurse  $n$ , when they work more than  $\text{maxHours}$  or when they work less than  $\text{minHours}$ , we use  $w = p - b$  to compute the number of working hours. If they work more hours than allowed,  $BH(n)$  is set to the number of exceeding hours  $w - \text{maxHours}$ . If they work less than allowed,  $BH(n)$  is set to the number of hours left  $\text{minHours} - w$ . Finally, we get  $BH = \sum_n 200 + 20BH(n)$ .

Note that we use the floating point representation of the values  $p$ ,  $s$ ,  $b$  and  $v$  when they are part of the fitness function. So we can allow that lower differences of each gene produce a change in the fitness function. Otherwise, we use the integer representation of the parameters.

The value  $BC$  test if there is any problem with the maximum number of consecutive hours that each nurse is working. For each nurse  $n$  the maximum number of consecutive hours  $M$  is computed, and if is greater than  $\text{maxConsec}$ ,  $BC(n)$  is set to  $100(M - \text{maxConsec}) - 10b$ . We use the breaks to prefer those solutions that include more breaks. Finally we have  $BC = \sum_n BC(n)$ .

The value  $BF$  measures the distance of the non-working nurses to the hours that have some demand left. The distance is computed for each hour with demand left  $h$  to the closest hour  $c$  that the nurse would start working if  $p$  was at least  $\text{minHours}$ . Is the start hour  $s$  when  $s > h$  and the end hour  $s + p$  when  $s + p < h$ . So, if the nurse don't cover the hour  $h$ ,  $BF(n) = h - c$ . However, if the nurse could cover the hour, without changing start, we only need to take into account the distance to  $\text{minHours}$ , so  $BF(n) = \text{minHours} - p$ . The final value is the sum for all nurses that are non-working,  $BF = \sum_n BF(n)$

The final fitness value is just the sum of all the intermediate values:

$$f(p, s, b, v) = BN + BD + BH + BC + BF$$

The fitness is stored in an array, computed for each individual of the population, and returned to the BRKGA algorithm, in order to continue the iteration.

## 4 Results

The three solvers were compared solving equal problems, with a big number of nurses.

Seed	Nurses	ILP		GRASP		BRKGA	
		Obj.	Time	Obj.	Time	Obj.	Time
8	90	41	61.1	52	62.9	?	83.1809
9	90	39	61.2	?	619.3	42	71.2341
10	90	39	61.2	56	62.2	42	51.6024
11	90	31	61.2	43	63.4	44	46.2278
12	90	39	61.2	46	127.4	41	96.5402
13	90	36	61.1	?	638.2	?	81.3786
14	90	39	61.1	51	95.3	?	71.1666
15	90	31	61.2	42	32.2	43	65.3363
16	90	35	61.1	56	189.3	44	45.5936
17	90	35	61.2	57	31.5	42	63.4561