

The Model Map

In preparation for being out in the world as professional coaches and/or preparing for Certification, it's important that you learn how to do a deeper evaluation of your coaching and the coaching of others. The Model Map below provides support for keeping your Co-Active skills sharp. This is a tool you can use on an ongoing basis to evaluate your coaching skills and see where further development might be needed.

THE CO-ACTIVE® MODEL MAP

SKILLS PRESENT

Powerful Questions

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Articulating What's Going On

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Metaphor

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

MetaView

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Range and Embodiment

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

SKILLS PRESENT

Acknowledgment

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Championing

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Requesting

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Challenging

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Coach: _____ Client: _____ Date/Time: _____