



# Co-Active Leadership Program

**The CTI Co-Active Leadership Program is a powerful experiential program designed to uncover, deepen and build on your natural strengths as a leader.**

*International in scope, this program encompasses a series of four residential retreats and in-between projects over a ten-month period.*

*The program is designed to foster the development of an international community of peers and leaders who grow and learn together through a variety of experiences that include adventure-based activities, lively discussions, interactive exercises, physical challenges and ongoing feedback.*

"An unrivaled progressive, leading-edge program that teaches both organic and sophisticated leadership skills!"

— Michelle Goss, CPCC  
VP Human Resources and Coach  
Duluth, Georgia

## Who Benefits

If you want to have a more powerful, positive, and lasting impact within your organization, profession, family, and/or community, Co-Active Leadership can help launch you into action.

The Co-Active Leadership Program is ideally suited for you if you are:

- > Intent on living both a successful and meaningful life.
- > Committed to life-long learning and personal growth.
- > Hungry to make a significant positive impact in the world.
- > Experiencing a significant life/career transition and ready for the next development step.
- > Anxious to discover and further develop your natural leadership strengths.
- > Ready to learn to take responsibility for the impact you have on others as a leader.
- > Willing to share your leadership journey with an international community of peers.

Prior attendees have included individuals from a wide variety of backgrounds, including coaches, consultants, executives, managers, entrepreneurs, engineers, HR/OD professionals, artists, writers, medical professionals, therapists, community leaders, and many others.

## How You Benefit

By the end of this ten-month program, you will:

- > Recognize your personal leadership strengths and know how to use them most effectively.
- > Perceive and build on the strengths inherent in others to create powerful alliances and achieve mutual goals.
- > Identify and break through self-perceived limits.
- > Understand and appreciate the source of your unique personal power.
- > Learn how to draw on your power to influence, inspire and develop collaborative relationships.
- > Learn to respond effectively to dynamically changing conditions.
- > Become aware of your impact on others, learn to create your desired impact and begin to take responsibility for that impact in all aspects of your life.
- > Know and directly experience the essential ingredients for designing and delivering effective experiential workshops, trainings and presentations.
- > Possess an enhanced view of yourself as a powerful leader, ready to assume new responsibilities and leadership roles.
- > Become a member of an international community of Leadership graduates.

## Program Components and Structure

The Co-Active Leadership Program consists of four sequential residential retreats, as well as additional, in-between projects, completed over a ten-month period.

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## Program Components and Structure, *continued*

### *Retreat One: Creating from Self*

How do we tap into those essential qualities that make us uniquely who we are? Subjected to social pressure to behave in certain ways, we can gradually lose touch with our innate strengths, gifts and even purpose. As a participant you will be challenged to identify who you are, who you are becoming, where you want to go and where you self-impose limits. We will challenge you to unapologetically “take your lid off” and access your most spontaneously alive, expressive self.

### *Retreat Two: Creating from Other*

How do we join with others to create what we most desire? Building on the powerful learning and self-awareness from the first retreat, you will take what you learned about yourself and expand that understanding to working with others. You will become more aware of the different ways people learn and adapt, develop an appreciation for different styles, and have the experience of integrating your style with others to create a combined power that produces far more effective outcomes. You will experience opportunities to create from whatever comes up in the moment and discover how to work collaboratively, with new levels of trust and personal responsibility.

### *Retreat Three: Creating from Nothing*

Rather than attempting to rigidly control our environment, how can we use it to serve our objectives? Equipped with a powerful new understanding of yourself and others, this retreat challenges you to become fully present and aware.

Credible leadership requires the ability to authentically respond to what’s happening in the moment. You will experience a variety of situations designed to heighten awareness and understanding of your environment and your impact on it. You will learn to read and incorporate feedback in the moment, dealing with distractions using various techniques to notice the impact of timing and pacing and to create from what exists in the present environment.

### *Retreat Four: Creating from Everything*

How can we enter fully into life, messy and chaotic as it is, and have a consistently positive impact on the world around us? The final retreat integrates learning from the first three retreats with valuable new material about intentionally creating the impact you desire. You learn to work with and create from chaos while being fully present, authentically self-expressed and responsible for your impact. This level of leadership demands resourcefulness, clear focus of your intention, and breaking through self-limiting beliefs. Avoiding nothing in the “Co-Active dance,” conflict and tension become energizing forces for life-long change.

## How Do I Enroll?

- > Speak to a Leadership Representative at 1-707-829-1110
- > Register on-line at [www.thecoaches.com](http://www.thecoaches.com)