## Walk the Talk List

Feel free to edit, add or delete categories and to include more or fewer items in each category.

Health	Complete
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Personal Growth/Spirituality	Complete
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	



Career	Complete
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Finances	Complete
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
Environment	Complete
Environment 1.	Complete
	Complete
1.	Complete
1.       2.	Complete
1.         2.         3.	Complete
<ol> <li>2.</li> <li>3.</li> <li>4.</li> </ol>	Complete
<ol> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>	Complete
<ol> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> </ol>	Complete
1.         2.         3.         4.         5.         6.         7.	Complete

Complete

**Significant Other/Romance** 

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
Fun and Recreation	Complete
Fun and Recreation  1.	Complete
	Complete
1.	Complete
1.       2.	Complete
1.         2.         3.	Complete
<ol> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> </ol>	Complete
1.         2.         3.         4.         5.	Complete
1.         2.         3.         4.         5.         6.	Complete
1.         2.         3.         4.         5.         6.         7.	Complete

Complete

Friends and Family