

Tracking Your Hours for Certification

Certification through an ICF credentialed coaching program like CTI's and an additional coaching credential through the ICF are becoming more and more important in the industry. If you are interested in becoming a certified coach, it is important to track all of the hours that you spend coaching or being coached from the very start of your practice. There is software available on the market to help you with this aspect of your business, or you can create a spreadsheet to track this information for yourself.

The ICF accepts the hours you coach from the start of your practice toward their credentialing requirements. As of the writing of this manual, they require that you track the following information for your clients (please check the ICF web site for current information):

1. Client name.
2. Contact info of the client.
3. Start and end dates of the relationship.
4. Total coaching hours (paid and pro-bono) within that relationship.

Once you have completed CTI's Core Coaching Curriculum, you are eligible to sign up for the Certification Program. Refer to page 6 of this manual or to CTI's web site at www.thecoaches.com for more information about the Certification Program. During this program only you will need to track some additional client information:

Hours per week broken out by:

1. Hours you coach clients (pro-bono, paid hours, and discovery session hours listed separately).
2. Hours you are coached by a certified coach.

If you are serious about coaching, CTI encourages you to become a Certified Professional Co-Active® Coach (CPCC) because the CTI program deepens your understanding and practice of the Co-Active® model while challenging you to keep rigorous accountability around maintaining clients. You'll get in-depth and personalized feedback about your coaching from the supervisors in the program, solid training, and lots of practice coaching. Andy Denne, former student of certification, says, "I thought I was a good coach until I went into certification, now I'm a great coach. Certification provided a direct payoff to clients and I doubled my income last year."

After you've completed your CPCC, we encourage you to further your professional development as a coach by gaining an ICF credential. The ICF is the professional association of personal and business coaches that seeks to preserve the integrity of coaching around the globe. It supports and fosters development of the coaching profession, has programs to maintain and upgrade the

standards of the profession, credentials coaches, and conducts international conferences and other educational events for coaches. Please refer to their web site at www.coachfederation.org for more information about the organization.