

WASHINGTON DC METRO AREA

Holiday Inn Capitol

550 C Street SW

Washington, DC 20024

<http://www.ichotelsgroup.com>

Main Phone: 202-479-4000

Hotel Fax: 202-479-4353

Hotel Parking - \$18 self parking daily rate with no in/out privileges.

*There is a parking lot, Colonial Parking, which is located across the street from the hotel and will offer \$17 on Fri and \$10 rate on Sat& Sun. Please note that this lot does not have in/out privileges.

Handicap/Wheelchair Access:

Yes, access to sleeping rooms and events space.

Hotel Note: No food or beverages are allowed into the hotel or meeting space from off of hotel premises.

- **We currently offer a room block at this hotel.**
- There are a total of **10** rooms associated with this block.
- Room rate: \$129 a night, not including taxes.
- Room blocks at this hotel are active until filled or by **1 month prior to event date.**
- Reservations can be made at 202-479-4000 and tell them you are with The Coaches Training Institute.

Travel Information

Ronald Reagan Washington National Airport - DCA

<http://www.mwaa.com/national/index.htm>

4 miles from airport to hotel

15 minute drive time.

By Shuttle

Super Shuttle: 1-800-bluevan.

Restaurants:

On-Site: Smithsons Restaurant, Shuttle Express Deli, 21st Amendment Bar & Grill, Starbucks

Off-Site: There is a restaurant within walking distance; for other restaurants, you will need to take a 5-10 cab ride or use the metro.