# **NEW YORK METRO**

Park Central Hotel 870 Seventh Ave at 56<sup>th</sup> Street New York, NY 10019

**Main Phone:** 212-247-8000

800-346-1359

#### Handicap/Wheelchair Access:

Yes, access to sleeping rooms and events space.

#### **Travel Information:**

LaGuardia Airport in NY (LGA)

www.panynj.gov

Approximately 10.5 miles from the airport

## Cab:

Yellow Cabs are the best taxi option: from LGA about \$20-25

## Subway:

57th St: N, R, Q & W lines (there is an exit at 55th St & 7th Ave, just outside the Hotel!)

7th Ave: B, D, E lines

57th St.: F line

Columbus Circle: A, C, 1 & 9 lines

#### **Hotel Parking:**

Valet parking is \$39.00 per day. The closest parking garages are on 56<sup>th</sup> & 57<sup>th</sup> St. between Broadway & 7<sup>th</sup> Avenue, they offer per hour pricing.

**Hotel Note:** No food or beverages are allowed into the hotel or meeting space from off of hotel premises.

#### Room Rate:

We currently have a negotiated per night room rate with the Park Central. The rates are seasonal and can vary from \$159-\$279 - this rate does not include taxes or hotel fees. Please contact the hotel directly to find out the rate currently available. There are 9 rooms associated with this block. The negotiated rate is based on availability until sold out. Should this occur you can try www.expedia.com, www.travelocity.com or www.hotels.com for competitive rates. Please be sure to inform the hotel that you are a student with the Coaches Training Institute and that a negotiated room rate is in place.

## **Restaurants:**

On-Site is Café New York and there are many off-site cafes and restaurants within walking distance.

