

## OPTIONAL ACTIVITIES

### Assisting at a Course

You may choose to assist at any course you have completed as a way to deepen your learning around any principle of the Co-Active® Model. Occasionally, a supervisor may recommend that you assist at a course in order to improve your coaching skills in a particular area.

Assisting is a great way to deepen your learning of the course material. Past assistants have told us that they experienced the course information in a whole different way from the back of the room. It is also a great way to get to know our CTI leaders, and a fabulous opportunity to witness our famous Co-Active® leadership style from the behind the scenes.

As you assist in a CTI course, it is important that you realize it is both a privilege and a responsibility. While there will be certain logistical duties for you as an assistant, the biggest part of your role is who you be. You have the potential to have a huge impact on both the participants and the course leaders. How you conduct yourself has a great deal to do with the success of the course.

Your job will be to hold the space for learning in the room. This means that you must be alert and aware throughout the entire course — that you be present at Levels 2 and 3 for whatever may be needed to facilitate the learning. While we know you will learn a great deal from assisting, we ask that you commit to service — being and doing whatever is needed for the course to have the maximum impact for the participants.

Since assisting is such a popular experience, please keep in mind that assistant slots often fill three or four months in advance, so sign up early. For more information or to submit a request to assist in a course, go to the CTI website [www.thecoaches.com](http://www.thecoaches.com).