ASSUMPTIONS AND PROMISES

Assumptions

- 1. We assume that you are committed to the profession of coaching.
- 2. We assume that you are in this Certification Program because you want to be the best Co-Active® Coach you can be.
- 3. We assume that you are hungry and passionate to learn.
- 4. We assume that you are willing to be responsible for your own learning.
- 5. We assume that you will embrace and empower your own learning process and the learning of your Podmates throughout the Program.
- 6. We assume that you are eager for feedback from your Certification Program Leader (CPL), your Podmates, and your supervisors, and that you will use your feedback as a tool for learning more.
- 7. We assume that you will embrace each homework assignment as an opportunity to deepen your learning.
- 8. We assume that you will empower the relationship...whether the relationship is with your Podmates, your Certification Program Leader, your supervisors, your coach, your clients, or yourself.
- 9. We assume that when you are struggling, you will use the Co-Active[®] Model to help you recover, that you will be curious when challenges arise, that you will manage your Saboteur, and that you will listen from Level 2 and Level 3 when you are not being a client on the calls.
- 10. We assume that you will trust that all that you need is in the Model.

Promises

As your Certification Program Leader (CPL):

- 1. I promise to use everything that happens in this Program as an opportunity for you to learn more about coaching.
- 2. I promise to use feedback to awaken and evoke the masterful Co-Active® Coach in you.
- 3. I promise to keep modeling Co-Active $^{\! 8}$ Coaching in our interactions.
- 4. I promise to design and redesign our alliance as needed.
- 5. I promise to model celebrating failure, mine and yours.
- 6. I promise to view you as naturally creative, resourceful and whole, and to view your journey in Certification through that lens.
- 7. As a result of your full-out participation in this Program, I promise that you will have a solid grounding in the mechanics and art of Co-Active® Coaching, a wider range of expression as a coach, the flexibility to use your Co-Active® Coaching tools and skills in new ways, the strength to give and receive challenging feedback.

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