

The Context for Synergy

Synergy is about integrating all that you have learned and expanding the range of your self-expression so that you can generate coaching interactions that are dynamic and alive.

What We Mean By Synergy

Synergy means that the whole is greater than the sum of the parts. In Co-Active® Coaching the threads of Life Purpose, Captain and Crew, Fulfillment, Balance and Process come together to create a magical feel of the whole of Co-Active® Coaching so that you are coaching from the inside out. When Co-Active® Coaching comes from that deep place inside of you; it is out of reach of your thinking mind. With Synergy, you can lock on to your client and trust that the direction that you need to take is already inside of you. Coaching from this place drives an artisan tap into your intuition so that you can coach with more ease and confidence.

The Synergy course calls you forth to be a powerful coach so that you can do the same with your clients. You will notice that you play a more active role as you move your coaching into Synergy. There are times when it is not enough to thoughtfully ask powerful questions and articulate what you hear the client saying. There are times when you need to take a stand, walk through fire, challenge fiercely and take risks that might get you fired as a coach in order to be the strongest possible advocate and champion of your client.