



## Vision Worksheet

### Description

“Vision” refers to the desired end-state that you are able to “see,” or articulate in specific, measurable terms at a specified future point in time. A statement of vision answers the question: What will exist or be in place at a certain future time?

When individuals, teams and organizations are able to envision a future state that is clear and compelling, discovering the means to get there becomes easier. A strong statement of vision is consistent with and flows from clear purpose or mission. A vision serves as the starting point for more specific goals and action plans.

### Instructions

To use the *Vision Worksheet*:

1. Plan for time and space to envision the future that will be free of distractions and conducive to thinking “blue sky” about what future is most desired.
2. Review any work you have already done on core values, mission or purpose — these are good reminders of who you are and what you are here to do.
3. Take 15-20 minutes to sit back and daydream about the future. Pick a point in time in the future, close your eyes, and let your imagination bring to mind aspects of your most ideal desired state at that time. Envision the future that will be free of distractions and conducive to thinking “blue sky” about what future is most desired.
4. Review any work you have already done on core values, mission or purpose — these are good reminders of who you are and what you are here to do.
5. Take 15-20 minutes to sit back and daydream about the future. Pick a point in time in the future, close your eyes, and let your imagination bring to mind aspects of your most ideal desired state at that time. Allow yourself to imagine as much sensory detail as possible — what it will look like, sound like, and feel like. Use the worksheet to brainstorm any ideas on paper.
6. Select the ideas that are most compelling to you, and use the worksheet to add detail that creates a rich description of elements of your vision.
7. Craft a brief paragraph that describes your vision.

*Vision Worksheet*

**Reflection:**

Imagine that it is a specific future point in time (10 years, 5 years, 1 year, 6 months, etc). In your mind's eye, allow your imagination to bring forward images and ideas of the future state that you most want to create. Allow yourself to “see” that future state in as much sensory detail as possible — in effect, allow yourself to day dream.

**Brainstorm Ideas:**

Vision Idea	Rich Description: What future state is like...	Success Criteria: How will you know it has been achieved?