

## **WASHINGTON DC METRO AREA**

### **Holiday Inn Capitol**

550 C Street SW

Washington, DC 20024

<http://www.ichotelsgroup.com>

**Main Phone:** 202-479-4000

**Hotel Fax:** 202-479-4353

**Hotel Parking** - \$18 self parking daily rate with no in/out privileges.

\*There is a parking lot, Colonial Parking, which is located across the street from the hotel and will offer \$17 on Fri and \$10 rate on Sat& Sun. Please note that this lot does not have in/out privileges.

### **Handicap/Wheelchair Access:**

Yes, access to sleeping rooms and events space.

**Hotel Note:** No food or beverages are allowed into the hotel or meeting space from off of hotel premises.

- **We currently offer a room block at this hotel.**
- There are a total of **10** rooms associated with this block.
- Room rate: \$129 a night, not including taxes.
- Room blocks at this hotel are active until filled or by **1 month prior to event date.**
- Reservations can be made at 202-479-4000 and tell them you are with The Coaches Training Institute.

### **Travel Information**

Ronald Reagan Washington National Airport - DCA

<http://www.mwaa.com/national/index.htm>

4 miles from airport to hotel

15 minute drive time.

### **By Shuttle**

Super Shuttle: 1-800-bluevan.

### **Restaurants:**

**On-Site:** Smithsons Restaurant, Shuttle Express Deli, 21st Amendment Bar & Grill, Starbucks

**Off-Site:** There is a restaurant within walking distance; for other restaurants, you will need to take a 5-10 cab ride or use the metro.