

## **VANCOUVER METRO AREA**

Metropolitan Hotel  
645 Howe Street  
Vancouver, BC V6C 2Y9  
<http://www.metropolitan.com/vanc/>

**Main Phone:** 604-687-1122  
**Hotel Fax:** 604-602-7846  
**Email:** [reservations@van.metropolitan.com](mailto:reservations@van.metropolitan.com)

### **Handicap/Wheelchair Access:**

Yes, access to sleeping rooms and event space.

**Hotel Parking:** There is underground parking which the hotel can discount for guests to \$30 day parking (normally \$45).

**Hotel Note:** No food or beverages are allowed into the hotel or meeting space from off of hotel premises.

### **Room Rate:**

The hotel is offering CTI a corporate account, this rate is based on availability. The negotiated rate depending on the season is \$139-\$199. Please contact the hotel directly for the current rate. We suggest that you book your hotel room as early as possible. Please make sure to let the hotel know you are with Coaches Training Institute corporate account.

**In the event the hotel is unable to verify the CTI room rate, please contact CTI Customer Service for assistance at (415) 451-6000 Option 1.**

### **Travel Information:**

Vancouver International Airport – YVR  
<http://www.yvr.ca/>  
15 Kilometers or 9 Miles from airport to hotel  
30 minute drive time depending on traffic.

Directions from airport: Follow airport main road to Arthur Laing Bridge. Cross, exiting at "Vancouver via Granville St." Follow Granville to Granville St. Bridge. Cross, exiting at "Seymour St." Follow Seymour to Dunsmuir. Turn left. Follow Dunsmuir two blocks to Howe St. Turn left.  
Our Vancouver hotel is at the immediate right at 645 Howe St. Valet parking is available.

If you need directions from another location, please visit this website:  
<http://www.metropolitan.com/vanc/directions.asp>

### **Restaurants:**

**On-Site:** *Diva at the Met*, open all day.  
**Off-Site:** Cafes and restaurants within walking distance.