WASHINGTON

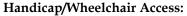
HOLIDAY INN SELECT OLD TOWN ALEXANDRIA

480 King Street

Alexandria, VA 22314 US

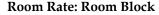
http://www.hiselect.com

Main Phone: 703.549.6080 Guest Fax: 703.684.6508



Yes - in function area and sleeping rooms

Hotel Note: No food or beverages are allowed into the hotel or meeting space from off of hotel premises



We currently have a block of 3 rooms at \$169/night - this rate does not include taxes or hotel fees.

This rate is effective **June 1 – Dec 31, 2006**. The negotiated rate is applicable based on availability and may not be available within one month prior to the event date. If the rate is not available, please call Ingrid Gregory at 703-519-2015.

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Duke St

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If all the rooms are sold out, you can try expedia.com, travelocity.com or hotels.com for competitive rates.

To make your reservation please call the hotel directly at 703.549.6080 and inform the hotel

that you are a student with the Coaches Training Institute and that a room block has been established.

Travel Information:

Ronald Reagan Washington National Airport - DCA

http://www.mwaa.com/national/index.htm

5 Miles from Airport to Hotel, 15 Minute Drive Time - Hotel Parking: \$12/day (**there is courthouse parking across the street that offers \$10 a day M-F; \$2 per day on the weekends)

By Shuttle

Prior to your arrival call the hotel number and ask for the front desk. Give them your airline and terminal number and the hotel will dispatch a shuttle to pick you up. The wait time is approx. 15 minutes.

To depart from the hotel the front desk can arrange for a shuttle to take you to the Airport.

This service is available only to Regan National.

Dulles International Airport - IAD

http://www.metwashairports.com/Dulles/

30 Miles from Airport to Hotel

45 Minute Drive Time

By Metro

Take the Washington Flyer Coach, which departs every 30 minutes, to the West Falls Church Metro-rail Station. From the Station, on the Orange Line, travel to Rosslyn Station and transfer to the blue line to the King Street Station. Once at the station call the hotel and the front desk will dispatch a shuttle to pick you up. Otherwise it is 4-5 blocks to walk.

Restaurant Information

On-Site: 101 Royal Restaurant, Annabelle's Garden Courtyard Café

Off-Site: Restaurants, Cafes, Fast Food w/in 0.1 miles

Hotel Alternatives:

Sheraton Suites Old Town - 703-836-4700 - 0.5mi

http://www.sheraton.com