



LEADERSHIP: Program Questionnaire

Name: _____ Email: _____
Age: _____ Gender: _____ Nationality: _____ Relationship Status: _____
Current Profession: _____ Past Profession(s): _____

Instructions: We are very excited that you have decided to join us on this journey. The process of expanding your reach and your leadership begins here. Please use this program questionnaire as a tool to open yourself to the process, stretch beyond your current boundaries and challenge the assumptions you have about yourself and your capacity as a leader.

IMPORTANT NOTE: You may use this document to make notes offline. When you are ready you must complete and submit the online form on the LaunchPad.

Relationship to yourself and the world around you:

What are your current personal and professional goals?

What are your strengths, and how are you able to use them?

What holds you back from achieving your goals and dreams?

This is a program that will push you to the point of failing, because we believe that there is great learning in failing.

1. Please describe how you handle that in your life.
2. Are you willing to fail for the sake of your learning and everyone else's? Please explain.

In this program, your leaders and colleagues will tell you the truth as they see it, in the service of your growth as a leader. This includes specific and direct feedback. Sometimes, this "truth" may be hard to hear. Will you listen? Please explain.

Development History:

Therapeutic:

Are you currently, or have you ever been, in therapy?

If so, please list when and for what reason?

What impact has therapy had on your development?

Coaching:

What, if any, CTI courses have you taken?

Do you currently have, or have you ever had a coach?

What impact has coaching had on your development?

Spiritual:

Please describe your religious affiliations or spiritual influences.

How has your spiritual path influenced your personal development?

Other Personal Growth:

Please describe other personal growth experiences that have had a significant impact on you and your personal development.

Embarking on the Co-Active Leadership Pathway:

The Co-Active Leadership Program is a unique opportunity to engage in a rigorous, dynamic and life changing experience that will challenge and stretch you. As you expand, you will find that things that have been out of reach will come more easily within your grasp. As with most things, the level to which you expand will be directly proportional to your level of engagement in the program. The lion's share of the learning from this program will occur from interactions with your colleagues. They are counting on you for learning as much as you will be counting on them.

We believe that Leaders always have an impact on their world. What is the impact you want to have, as a leader?

In what ways are you longing to be challenged, grown and stretched?

Of all the possible things you could have done to expand your leadership, why did you choose this particular program?

Required homework:

This program is a 10-month program designed to serve your growth as a leader in the world. It includes but is not limited to four retreats. In the same way we learn a martial art or a musical instrument, Coactive Leadership is a practice. Powerful and skillful leadership occurs when one practices. Inspired by the strong recommendations of past participants of this program, we have developed the following structures and assignments to support your practice.

1. Group Calls.
 - a. You will be participating in one 90-minute conference call each month with your entire group.
 - b. You will be participating in one 60-minute conference call each week with a smaller "pod" consisting of members of your group.
2. Website Engagement. You and your group will have your own private on-line learning community, where you engage in assignments and share learning related to the content of the previous retreat. The assignments are experiential, with an opportunity to reflect upon what you are learning in response to the assignments.
3. Project/Workshop/Event and Quest.
 - a. Following Retreat #2, you will design and deliver an event, a workshop, or a project with a partner from your group, using Coactive Leadership skills and tools that you have learned. You will receive feedback on this project before returning to Retreat #3.
 - b. Beginning in Retreat #1 and carried on through the entire program, you will identify and create your own Leadership Quest designed to make a positive impact on some aspect of your life and world. It will be completely yours, with no requirements to size and scope. You may or may not complete the Quest by the end of your program. That will be for you to decide.

Total estimated hours per week for homework and calls: 3-5.

Considering your current life and commitments, how available are you to play “full out” in the Co-Active Leadership Program on a scale of 1 to 10 (10 being the highest)?

What would it take for you to be and stay at 10? Please describe any specific changes in both your perspective and your behavior that would support you staying at a 10?

How will you bring yourself back to that level when things get in the way, when you don't feel like it, or when it gets challenging and you want to hide?

How do you know you are committed to going the distance? What is your evidence?

Continuing the exploration of the impact you want to have as a leader, please complete the following sentence (By the way, we'll be re-visiting this question frequently during the program):
I was born at this time in history in order to....

What else do you want us to know?

Thank you for the time and attention that you have given to this questionnaire. As we stated at the beginning, your journey begins now. We encourage you to stay awake and aware to the ways in which the learning is already unfolding. Pay attention to the subtle shifts in your life: it is natural when you begin a program that holds out the opportunity for such change that you will experience a widening range of thoughts, emotions, and behaviors. You might notice new awareness, synchronicities, unforeseen opportunities, unexpected anxiety or even some resistance. Have room for whatever comes up for you. We encourage you to reach out to others for support and encouragement. Keep going...it will be worth it, we promise!