



CHRISTINE LECAVALIER, business and individual co-active coach

**In a corporate world, the co-active coach
is the catalyst and process manager of your changes !**

PROFESSIONAL EXPERIENCE:

2011: Coaching co-actif Huma Vires

Founder of Coaching co-actif Huma Vires and certified business & individual co-active coach, CPCC, ACC

- Niches: entrepreneurs and executives
- Services: Individual & group coaching
- Workshops: leadership, sales, team building, client relations and talents development. Co-creation business projects.
- Bigger Game certified trainer: corporate and individuals 2 days workshop
- Accredited trainer for Emploi Quebec

2005-2012: Abbott Medical Optics

Senior sales Representative, sales trainer & sales coach

- Coached sales force on a weekly basis
- Trained sales forces (sales) and professionals (technology)
- Coached optometrists and ophthalmologists: create and provide workshops in team building, client relations and sales. "Co-grew" their annual business by 30% avg
- Recipient of President Club Sales Awards 2008-2010 and 2012

2000-2005: Oculars Sciences

Sales Representative in the Optical Industry

- Coached optometrists to maximize and grow their business
- Developed and provided sales workshops to optometrists
- "Co-grew" optometrists business by 40% avg

1996-2000: Look Good Feel Better Foundation

Eastern Canada Coordinator

- Grew the reach of the program in the hospital sector; open 25 workshops and 4 dedicated LGfB Centres
- Recruited, trained and coached 2000 volunteers
- Quebec Spokesperson

COMMUNITY INVOLVEMENT:

- Co-ambassador CTI Eastern Canada Coach community
- Coach columnist for the Optik Magazine (monthly coaching chronicle). Blogger on Word Press
- Founder and co-leader of workshop for teens: "spark inner lights for our future"
- Beekeeper

Business skills

- 10 years of expertise's in leading front of the room, coaching, training, workshops
- Top sales coach achiever specialized in team building, client relation, leadership, talent development
- Innovator in co-active business coaching strategies: Lego Serious Play, Mind Mapping, Game Storming. Facilitator for large groups
- French and English spoken
- Passionate, intense, authentic, bold, fierce, creative, team player, fun. Love to co-create!

Scholarship/Training

2013: Co-active sales program (in progress)

2012-13 : Leadership Program, CTI - The Coaches Training Institute

2010-11 : Coach training and certification, CTI- The Coaches Training Institute

2010 : Impact/coaching sales program, Brook group

2009 : Diagnostic/Coaching/sales programs, Prime Resources Group

2003 : Start Partnership Workshops, Wilson Counselor

1985 : B.A.C. Marketing, UQAM, Montréal, Qc.

1980: Psychology, Cégep Maisonneuve

RESUME

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