

THE BLANK WHEEL OF LIFE

Directions

The eight sections in the Wheel of Life represent different aspects of your life. Label each section with an area that is important to you. Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction with each life area by drawing a straight or curved line to create a new outer edge. The new perimeter represents the wheel of your life. If this were a real wheel, how bumpy would the ride be?

