

## GENERAL/PHILOSOPHICAL

<i>A Simpler Way</i>	Margaret J. Wheatley and Myron Kellner-Rogers
<i>Authentic Happiness</i>	Martin Seligman
<i>Awakened Wisdom</i>	Patrick Ryan
<i>Change for Good</i>	James Prochaska
<i>Coaching for Performance</i>	John Whitmore
<i>Coaching with Spirit</i>	Teri E. Belf
<i>Collaborative Spunk</i>	Gayle Hudgens
<i>Daring Greatly</i>	Brene Brown
<i>Eastern Body, Western Mind</i>	Anodea Judith
<i>Executive Coaching with Backbone and Heart</i>	Mary Beth O'Neill
<i>Falling into Grace</i>	Adyashanti
<i>Fearless Living</i>	Rhonda Britten
<i>Fierce Conversations</i>	Susan Scott
<i>Finding Flow</i>	Mihaly Csikszentmihalyi
<i>Inner Game of Work</i>	W. Timothy Gallwey
<i>Leadership and Self-Deception</i>	Arbinger Institute
<i>Loving What Is</i>	Byron Katie
<i>Non-Violent Communication</i>	Marshall Rosenberg
<i>Practical Intuition</i>	Laura Day
<i>Smart Questions</i>	Dorothy Leeds
<i>The Anatomy of Peace</i>	Arbinger Institute
<i>The Art of Possibility</i>	Zander and Zander
<i>The Artist's Way</i>	Julia Cameron
<i>The Gifts of Imperfection</i>	Brene Brown
<i>The Intuitive Way</i>	Penney Peirce
<i>The Love Response</i>	Eva Selhub, MD
<i>The Power of Now</i>	Eckart Tolle
<i>Winning Through Enlightenment</i>	Ron Smothermon

## AUDIO RECORDINGS

Following is a list of the Audio recordings and the content on each one. These are in MP3 format in the AUDIO/PODCASTS area on MY CO-ACTIVE.COM and can be downloaded for faster listening or played as streaming audio while working on the module within MY CO-ACTIVE.COM.

MP3	Title	Time
#01A	Welcome and Empowered Relationships	19 min.
#01B	Supervision	12 min.
#02A	The Co-Active® Model	18 min.
#02B	Cornerstones Co-Active® Coaching Demo	47 min.
#03A	Integration of Fulfillment	30 min.
#03B	Fulfillment Co-Active® Coaching Demo	28 min.
#04A	Integration of Balance	15 min.
#04B	Balance Co-Active® Coaching Demo	21 min.
#05A	Integration of Process	18 min.
#05B	Process Co-Active® Coaching Demo	22 min.
#05C	Process Coaching and Intimacy Visualization	9 min.
#06A	Deepen the Learning and Forward the Action	14 min.
#06B	Requesting, Challenging and Inquiry Co-Active® Coaching Demo	23 min.
#07A	Listening and Self-Management	10 min.
#07B	Powerful Questions Co-Active® Coaching Demo	28 min.
#08A	Curiosity and Intuition	19 min.
#08B	Intuition Co-Active® Coaching Demo	30 min.
#09A	Coach the Whole Person, Not the Topic	8 min.
#09B	Coach the Whole Person, Not the Topic Co-Active® Coaching Demo	31 min.
#10	Ethics	13 min.
#11A	Bringing It All Together	25 min.
#11B	General Co-Active® Coaching Demo	24 min.
#12A	Evoking Transformation: You the Professional Coach	8 min.
#12B	The Professional Coach Co-Active® Coaching Demo	21 min.

All of these recordings are an important part of the Program and it is critical that you listen to the appropriate recording as assigned. The length of time of each recording has been included in the listing, so that you can set aside the necessary amount of time to fully focus on the material being presented.

The recordings and the rest of the contents of this Manual are the intellectual property of CTI and are not to be duplicated or distributed without the express written consent of CTI.