



LEADERSHIP: Retreat Questionnaire

Name: _____ Email: _____
Age: _____ Gender: _____ Nationality: _____ Relationship Status: _____
Current Profession: _____ Past Profession(s): _____

Instructions: We are very excited that you have decided to join us on this journey. The process of expanding your reach and your leadership begins here. Please use this **retreat questionnaire** as a tool to open yourself to the process, stretch beyond your current boundaries and challenge the assumptions you have about yourself and your capacity as a leader.

IMPORTANT NOTE: You may use this document to make notes offline. When you are ready you must complete and submit the online form on the LaunchPad.

Relationship to yourself and the world around you:

What are your current personal and professional goals?

What are your strengths, and how are you able to use them?

What holds you back from achieving your goals and dreams?

This is a retreat that will push you to the point of failing, because we believe that there is great learning in failing.

1. Please describe how you handle that in your life.
2. Are you willing to fail for the sake of your learning and everyone else's? Please explain.

In this retreat, your leaders and colleagues will give you specific and direct feedback, in service of your growth as a leader. Sometimes, this "truth" may be hard to hear. Will you listen? Please explain.

Development History:

Therapeutic:

Are you currently, or have you ever been, in therapy?

If so, please list when and for what reason?

What impact has therapy had on your development?

Coaching:

What, if any, CTI courses have you taken?

Do you currently have, or have you ever had a coach?

What impact has coaching had on your development?

Spiritual:

Please describe your religious affiliations or spiritual influences.

How has your spiritual path influenced your personal development?

Other Personal Growth:

Please describe other personal growth experiences that have had a significant impact on you and your personal development.

Embarking on the Co-Active Leadership Pathway:

This Co-Active Leadership Retreat is a unique opportunity to engage in a rigorous, dynamic and life changing experience that will challenge and stretch you. As with most things, the level to which you expand will be directly proportional to your level of engagement. The lion's share of the learning from this retreat will occur from interactions with your colleagues. They are counting on you for learning as much as you will be counting on them.

We believe that Leaders always have an impact on their world. What is the impact you want to have, as a leader?

In what ways are you longing to be challenged, grown and stretched?

Of all the possible things you could have done to expand your leadership, why did you choose this particular program?

Considering your current life and commitments, how available are you to play "full out" in this Co-Active Leadership Retreat on a scale of 1 to 10 (10 being the highest)?

How do you know you are committed to going the distance? What is your evidence?

Continuing the exploration of the impact you want to have as a leader, please complete the following sentence (By the way, we'll be re-visiting this question frequently during the retreat):
I was born at this time in history in order to....

What else do you want us to know?

Thank you for the time and attention that you have given to this questionnaire. As we stated at the beginning, your journey begins now. We encourage you to stay awake and aware to the ways in which the learning is already unfolding. Pay attention to the subtle shifts in your life: it is natural when you begin a retreat that holds out the opportunity for such change that you will experience a widening range of thoughts, emotions, and behaviors. You might notice new awareness, synchronicities, unforeseen opportunities, unexpected anxiety or even some resistance. Have room for whatever comes up for you. We encourage you to reach out to others for support and encouragement. Keep going...it will be worth it, we promise!