# **TORONTO METRO**

Sheraton Centre Toronto 123 Queen St West Toronto, ON M5H 2M9

http://www.sheraton.com

Main Phone: 416 361-1000 Hotel Fax: 416 947-4854

**Hotel Parking**: HOTEL PARKING IS EXPENSIVE - \$35 a day. Another option: Use the City Hall parking lot near the hotel.

Friday: \$15 a day Saturday: \$12 a day Sunday: \$6 a day

City Hall public parking lot is located across from the hotel on the North side of Queen St. In the parking garage, look for 2 Titanium silver doors that are located near the ticket machines. From there, walk through a tunnel that will take you inside the hotel. Go up the escalators to the lobby level. If you have questions about City Hall parking, call 416-393-7336.

Handicap/Wheelchair Access: Yes, access to sleeping rooms and events space.

**Hotel Note:** No food or beverages are allowed into the hotel or meeting space from off of hotel premises..

### Room Block:

- We currently offer a room block at this hotel.
- There are a total of 10 rooms associated with this block.
- Room rate: \$179 CAD a night, not including tax.
- Room blocks at this hotel are active until filled or within 3 weeks prior to the first day of the program.
- Please call the hotel at 416-947-4955 x4440 and let them know you are with The Coaches Training Institute or CTI.
- BOOK ONLINE:

http://www.starwoodmeeting.com/StarGroupsWeb/res?id=0704234192&key=4DB99

# **Travel Information**

Toronto Pearson International Airport - YYZ

http://www.gtaa.com

16 miles from airport to hotel 30-40 minute drive time

## By Shuttle/Public Transportation:

Airport shuttle: Pacific Western Airporter Express 905-564-6333. Buy ticket at airport - \$16.95 one way; \$29.95 roundtrip per person.

Taxi: \$50 one way

#### **Restaurants:**

**On-Site:** Lobby Café, Bistro on Two, Traders, Le Bifthèque Steakhouse **Off-Site:** Cafes, Restaurants and Fast Food within Walking Distance