

CO-ACTIVE LEADERSHIP ASSISTANT QUESTIONNAIRE

You will be completing this questionnaire online; please do not send your answers as a document or in an email. This version of the form is simply for your reference, to allow you time to contemplate the questions and consider your responses prior to filling out the form online.

Name: _____

Leadership Tribe: _____ Completed: _____

Leadership Co-Leaders: _____

I AM Type: _____

Nationality: _____ Gender: _____

Current Address: _____

Telephone: _____ Email: _____

Getting to Know You...

What prompted your interest in assisting for leadership?

Describe other assisting experience, if applicable (e.g. CTI coaching workshops, other programs). What have you learned from assisting?

How would you describe the impact of your Leadership Program experience to date? In what ways have you stepped into leadership?

Preparing for your Leadership Assisting Experience

What do you want to gain from this experience?

What do you look forward to most as a Leadership assistant?

A key aspect of assisting is to "hold the space" for program participants. What is your understanding of this term?

Self-management and self-care are other critical aspects of assisting for Leadership. Assisting can be both physically and emotionally challenging, and the co-leaders' attention will be focused on program participants while you hold the space. What is your greatest challenge in this particular area?

Are you prepared to commit four weeks of your time and energy over a ten-month period? What impact might this have on the rest of your life?

What will keep you in the program as an assistant when it gets hard?



What are your expectations of the leaders you will be assisting for? Of your co-assistant?

Is there anything that would be really disappointing if it wasn't present in your relationship with the leaders and/or co-assistant?

What can the leaders count on you for? Your co-assistant? Program participants?

How willing and able are you to call your co-assistant forth, as needed?

In case of a medical emergency, are you certified in basic first aid and/or CPR training? Other relevant knowledge/experience in this area?

Do you have any physical limitations that might prevent you from standing on ropes course days and sitting for extended periods of time (2+ hours per sitting, taping high ropes)?

Other physical limitations and/or dietary restrictions? Please describe.

Will you have transportation to the retreat center and access to a vehicle at the retreat center for errands or emergencies? Please describe.

What else would you like us to know?

Thank you for completing this questionnaire!