# **Sample: Balance Wheels**

# Wheel 1

Question: Since the Fulfillment course I have...

- My guiding principle.
- · A mystery.
- A powerful stand
- A unique expression of who I am.
- Other.
- Bigger than I thought.
- Elusive
- Hard to live up to.

# Wheel 2

Question: Life is...

- A banquet of unlimited possibilities.
- Hilarious and silly.
- A battle. Only the strongest survive.
- A nightmare of hatred, disease, war and famine.

# Wheel 3

#### Co-Active Wheel

- Sun
- Certainty
- Knife
- Lightning Bolt
- Moon
- Mystery
- Bowl
- The Void

## Wheel 4

## Commitment is:

- An opportunity to express my Life Purpose.
- Limiting like a straitjacket.
- Something that creates powerful intention.
- Hard to hold onto.
- Other.
- Scary and overwhelming.
- Makes life solid and real.
- Makes life exciting and juicy.