Emotional Field — Feeling Vocabulary

Peaceful • calm	Loving • warm	Glad • happy	Playful • energetic	Interested • fascinated
content	affectionate	• joyful	• goofy	intrigued
comfortable	• open	• cheerful	• thrilled	• curious
satisfied	• friendly	 encouraged 	• exuberant	• engrossed
• serene	compassionate	 delighted 	alive	inquisitive
relaxed	• grateful	• excited	• giddy	enthusiastic
fulfilled	• kind	• elated	adventurous	• eager
 relieved 	touched	• proud	mischievous	astonished
• quiet	 passionate 	• hopeful	effervescent	• intense
• carefree	infatuation	confident	• jubilant	absorbed
centered	radiant	optimistic	invigorated	focused
 refreshed 	• moved	• merry	• amused	• inspired
• free	• tender	• glorious	• impish	animated
blissful	• sexy	ecstatic	• silly	• alert
 expansive 	• thankful	 exhilarated 	electrified	 stimulated
• mellow	 appreciative 	 wonderful 	lively	 surprised
Mad	Sad	Scared	Tired	Confused
frustrated	• lonely	Scared • afraid	fatigued	• torn
• frustrated • aggravated	lonely disappointed	afraidnervous	fatigued indifferent	• torn • uncomfortable
frustrated	lonelydisappointedheavy	afraid	fatiguedindifferentlethargic	• torn
frustratedaggravateddisgustedresentful	lonelydisappointedheavysorrowful	 afraid nervous insecure worried	fatiguedindifferentlethargichopeless	tornuncomfortablehesitanttroubled
frustratedaggravateddisgustedresentfulangry	lonelydisappointedheavysorrowfulunhappy	afraidnervousinsecureworriedfearful	fatiguedindifferentlethargichopelessexhausted	tornuncomfortablehesitanttroubleddisturbed
frustratedaggravateddisgustedresentfulangrygrouchy	lonelydisappointedheavysorrowfulunhappydespondent	afraidnervousinsecureworriedfearfulhelpless	fatiguedindifferentlethargichopelessexhaustedwithdrawn	 torn uncomfortable hesitant troubled disturbed suspicious
 frustrated aggravated disgusted resentful angry grouchy irritable 	 lonely disappointed heavy sorrowful unhappy despondent disheartened 	afraidnervousinsecureworriedfearful	 fatigued indifferent lethargic hopeless exhausted withdrawn apathetic 	 torn uncomfortable hesitant troubled disturbed suspicious restless
 frustrated aggravated disgusted resentful angry grouchy irritable hostile 	 lonely disappointed heavy sorrowful unhappy despondent disheartened blue 	 afraid nervous insecure worried fearful helpless vulnerable concerned 	 fatigued indifferent lethargic hopeless exhausted withdrawn apathetic disinterested 	 torn uncomfortable hesitant troubled disturbed suspicious restless perplexed
 frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged 	 lonely disappointed heavy sorrowful unhappy despondent disheartened blue miserable 	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious 	 fatigued indifferent lethargic hopeless exhausted withdrawn apathetic disinterested sleepy 	 torn uncomfortable hesitant troubled disturbed suspicious restless perplexed uneasy
 frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious 	 lonely disappointed heavy sorrowful unhappy despondent disheartened blue miserable dejected 	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified 	 fatigued indifferent lethargic hopeless exhausted withdrawn apathetic disinterested sleepy dull 	 torn uncomfortable hesitant troubled disturbed suspicious restless perplexed uneasy puzzled
 frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated 	 lonely disappointed heavy sorrowful unhappy despondent disheartened blue miserable dejected grief 	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked 	 fatigued indifferent lethargic hopeless exhausted withdrawn apathetic disinterested sleepy dull bored 	 torn uncomfortable hesitant troubled disturbed suspicious restless perplexed uneasy puzzled embarrassed
 frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated indignation 	 lonely disappointed heavy sorrowful unhappy despondent disheartened blue miserable dejected grief distressed 	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked horrified 	• fatigued • indifferent • lethargic • hopeless • exhausted • withdrawn • apathetic • disinterested • sleepy • dull • bored • reluctant	 torn uncomfortable hesitant troubled disturbed suspicious restless perplexed uneasy puzzled embarrassed unsteady
 frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated indignation displeased 	 lonely disappointed heavy sorrowful unhappy despondent disheartened blue miserable dejected grief distressed depressed 	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked horrified wary 	 fatigued indifferent lethargic hopeless exhausted withdrawn apathetic disinterested sleepy dull bored reluctant distant 	 torn uncomfortable hesitant troubled disturbed suspicious restless perplexed uneasy puzzled embarrassed unsteady skeptical
frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated indignation displeased mean	• lonely • disappointed • heavy • sorrowful • unhappy • despondent • disheartened • blue • miserable • dejected • grief • distressed • depressed • discouraged	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked horrified wary frightened 	• fatigued • indifferent • lethargic • hopeless • exhausted • withdrawn • apathetic • disinterested • sleepy • dull • bored • reluctant • distant • detached	• torn • uncomfortable • hesitant • troubled • disturbed • suspicious • restless • perplexed • uneasy • puzzled • embarrassed • unsteady • skeptical • overwhelmed
frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated indignation displeased mean bitter	• lonely • disappointed • heavy • sorrowful • unhappy • despondent • disheartened • blue • miserable • dejected • grief • distressed • depressed • discouraged • melancholy	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked horrified wary frightened alarmed 	• fatigued • indifferent • lethargic • hopeless • exhausted • withdrawn • apathetic • disinterested • sleepy • dull • bored • reluctant • distant • detached • weary	• torn • uncomfortable • hesitant • troubled • disturbed • suspicious • restless • perplexed • uneasy • puzzled • embarrassed • unsteady • skeptical • overwhelmed • hurt
frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated indignation displeased mean bitter impatient	• lonely • disappointed • heavy • sorrowful • unhappy • despondent • disheartened • blue • miserable • dejected • grief • distressed • depressed • discouraged • melancholy • forlorn	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked horrified wary frightened alarmed dread 	• fatigued • indifferent • lethargic • hopeless • exhausted • withdrawn • apathetic • disinterested • sleepy • dull • bored • reluctant • distant • detached • weary • pessimistic	• torn • uncomfortable • hesitant • troubled • disturbed • suspicious • restless • perplexed • uneasy • puzzled • embarrassed • unsteady • skeptical • overwhelmed • hurt • surprised
frustrated aggravated disgusted resentful angry grouchy irritable hostile enraged furious exasperated indignation displeased mean bitter	• lonely • disappointed • heavy • sorrowful • unhappy • despondent • disheartened • blue • miserable • dejected • grief • distressed • depressed • discouraged • melancholy	 afraid nervous insecure worried fearful helpless vulnerable concerned anxious terrified shocked horrified wary frightened alarmed 	• fatigued • indifferent • lethargic • hopeless • exhausted • withdrawn • apathetic • disinterested • sleepy • dull • bored • reluctant • distant • detached • weary	• torn • uncomfortable • hesitant • troubled • disturbed • suspicious • restless • perplexed • uneasy • puzzled • embarrassed • unsteady • skeptical • overwhelmed • hurt