# **Energy Efficient Explosive Motion with Compliant Actuation Arrangements in Articulated Robots\***

Roel Djajadiningrat<sup>1</sup>, Wesley Roozing<sup>2</sup> and Nikolaos G. Tsagarakis<sup>2</sup>

Abstract—This paper presents the motion optimization for a recently introduced asymmetric compliant actuator which provides energy efficient actuation for explosive motions such as jumping. Two actuation branches with significantly different stiffness and energy storage capacity properties driving a single joint make up the actuator design. An optimization problem is formulated to optimize the joint trajectories for energy efficient vertical jumping motions of a 2-DoF leg as proof-of-concept. Several configurations of the asymmetric compliant actuators have been investigated. Simulation studies of the optimized jumping motions demonstrate SOMETHING.

#### I. INTRODUCTION

In the past robot applications were found predominantly in static industrial settings, but over the past years robots have been introduced to more dynamic settings, operating with and among humans. This change in application is accompanied by a change in requirements on robots. One of the primary challenges today is letting robots match human-like behaviour in terms of motion. This requires light-weight actuation systems that allow for energy efficient explosive motion, large instantaneous forces with short duration, and matching motion planning and control. A prime example of an exacting explosive motion is the vertical jump.

Several approaches have been investigated over the years to design robotic systems capable of energy efficient explosive motion. The use of sensorization of moving parts of rigid machines and active control tends to be costly, encombrant, and unreliable. Therefore, often systems with compliant properties are used. The 'Bow Leg' hopping robot is a compliant hopping leg with a curved leaf spring made of laminated fibreglass and strings that hold the leg in compression to store elastic energy which shows us that low power motors can be competent for actuation [10]. A small bipedal jumping robot called 'Mowgli' uses compliant muscles antagonistic to its pneumatic artificial muscles made of rubber tubes in order to simplify its body while being able to store and release energy rapidly enabling it to jump as high as 0.5 m [7]. A switchable form of Parallel Elastic Actuation (PEA) has shown to utilize the benefits of compliant properties whilst maintaining a high degree of control when the compliance is not needed [2]. The introduction of Series Elastic Actuation (SEA) ensured more accurate and stable force control leading to increased

energy efficiency over PEA [1], [3]. Further optimization of synchronized variation of stiffness and velocity when moving in the shortest time while limiting possible impact forces has been reached using Variable Stiffness Actuation (VSA) [4] and the importance of the optimization of joint trajectories besides the actuation parameters has been argued to increase energy efficiency [5]. Also bi-articulation, spanning multiple joints simultaneously with a single muscle as is seen in nature, is shown to increase energy efficiency drastically [11], [12]. Comparative jumping experiments with single actuator bi-articulated robots opposed to multiple actuator robots show increased performance in jumping for bi-articulation configurations [6], [8], [9].

More recently, Roozing et al. [17], [18] presented the development and control of a novel asymmetric antagonistic actuation scheme characterised by large energy storage capacity that enables efficient execution of motions, as well as a novel method to select the design parameters of asymmetric compliant actuation (ACA) schemes to improve the energy efficiency of multi-DoF articulated robots powered by this type of actuators. This paper extends these previous works and contributes by using the ACA design to execute optimal explosive vertical jumping motions submitted to different objectives. An optimization problem is formulated to optimize the joint trajectories for energy efficient vertical jumping motions of a 3-DoF leg and three different configurations of the ACA's are investigated.

The paper is structured as follows. Section II describes a 3-DoF leg model, the asymmetric actuation and three different actuation configuration used to demonstrate the effectiveness of the ACA design for the execution of energy efficient explosive motions. Section III describes the dynamics of the leg and the dynamic computations performed to aid the jumping motion optimization. Section IV describes the optimisation parameters, the objective criteria and the optimisation algorithm. The optimisation results are presented in Section V followed by a discussion of results in Section VI and conclusions in Section VII.

#### II. LEG DESIGN

A. Model

been+model

#### B. Assymmetric Compliant Actuation

For the concept of Assymetric Compliant Actuation, or ACA, a combination of two parallel actuation branches with very different power and stiffness properties are used as shown in Fig. 1.

<sup>&</sup>lt;sup>1</sup> Roel Djajadiningrat is a M.Sc student at the Department of Mechanical Engineering, TU Delft and a visiting student at Istituto Italiano di Tecnologia; r.djajadiningrat@student.tudelft.nl

<sup>&</sup>lt;sup>2</sup>Wesley Roozing and Nikolaos G. Tsagarakis are with the Department of Advanced Robotics, (Fondazione) Istituto Italiano di Tecnologia, via Morego, 30, 16163 Genova, Italy. {wesley.roozing, nikos.tsagarakis}@iit.it

The Power Branch (PB) is a rotary Series Elastic Actuator (SEA) which consists of a high power motor M1 in series with a torsional elastic element SE. The Energy Storage Branch (ESB) consists of a lower power motor M2 with a high reduction linear transmission which transfers its power through a unidirectional series elastic element PE.

### C. Configurations

In nature, bi-articulated muscle structures, muscle structures that actuate multiple joints simultaneously, can be found on humans and other animals. An example of a bi-articulated muscle structure are the hamstrings, which span both the hip and knee joint. ACA's can be utilized to realize bi-articulated actuation by letting the PB drive a joint directly, and letting the ESB tendon span a second joint by means of a pulley. Bi-articulation is one of three actuation configurations of the leg considered for the jumping optimization:

- The ACA's are not considered and jumping optimizations are performed for the leg with fixed compliance SEA's only.
- 2) The ACA's are introduced to perform jumping optimizations on a mono-articulated version of the leg.
- 3) A bi-articulated version of the leg is considered for optimization.

The leg actuation configurations are shown in Fig 2. The designs of the actuation configurations have been optimized to select actuation parameters that yield high electrical energy efficiency and reduction in peak torque and electrical power requirements [17].

#### III. DYNAMIC MODEL

# A. Forward Dynamics

The leg consists out of four links which are connected by the actuated ankle, knee and hip joints, denoted  $q_1,q_2,q_3$ , with torques  $\tau_1,\tau_2,\tau_3$  as shown in Fig. 3. The links have masses  $m_1,m_2,m_3,m_4$  and rotational inertiae  $J_1,J_2,J_3,J_4$ . Their CoM is assumed to be located on the line connecting the proximal and distal joints at a distance of  $r_1,r_2,r_3,r_4$  from the proximal joint for all links except for the foot; the model includes a floating base to allow for realistic modelling of the ground reaction forces (GRF). Together, the configurations of the bodies describe the system:

$$x = [x_1, y_1, \theta_1, x_2, y_2, \theta_2, x_3, y_3, \theta_3, x_4, y_4, \theta_4]^T.$$
 (1)

The Euler-Lagrange formulism with generalised coordinates  $\mathbf{q} \in \mathfrak{Q} \subset \mathfrak{R}^6$  is used to derive the dynamic equations for the system:

$$\mathbf{q} = [x_1, y_1, \theta_1, q_1, q_2, q_3]^T \tag{2}$$

Picture of ACA branches

Fig. 1. Caption

Picture of configurations

Fig. 2. Caption

leading to:

$$M(\mathbf{q})\ddot{\mathbf{q}} = \boldsymbol{\tau} + \mathbf{G}(\mathbf{q}) - C(\mathbf{q}, \dot{\mathbf{q}})\dot{\mathbf{q}} - D\dot{\mathbf{q}} + J_{GRF}^T \mathbf{F}_{GRF}$$
 (3)

Here, the damping matrix is denoted by  $D=\mathrm{diag}(0,0,0,d_1,d_2,d_3)$ , the generalised actuation forces are denoted by  $\boldsymbol{\tau}=[0,0,0,\tau_1,\tau_2,\tau_3]$ , the generalised gravitational forces are denoted by  $\mathbf{G}(\mathbf{q})$ , the Coriolis matrix is denoted by  $C(\mathbf{q},\dot{\mathbf{q}})$  and the generalised inertia matrix is denoted by  $M(\mathbf{q})$ . The Jacobian for the heel and toe is denoted by  $J_{GRF}^T$  and the ground forces in generalised coordinates are subsequently expressed as  $J_{GRF}^T\mathbf{F}_{GRF}$ . Spring-dampers define  $\mathbf{F}_{GRF}$  in the vertical direction and Coulomb and viscous friction define the horizontal component, proportional to the vertical forces.

# B. Inverse Dynamics

For formulation of the optimisation problem described in Sec. IV, we first need to derive the inverse dynamics of the system in order to compute the active torques applied to it [13]. The configuration vector **q** can be split in its passive joint and active joint components:

$$\mathbf{q} = \left[\mathbf{q}_{\mathbf{p}}, \mathbf{q}_{\mathbf{a}}\right]^{T} \tag{4}$$

with

$$\mathbf{q_p} = [x_1, y_1, \theta_1]^T, \quad \mathbf{q_a} = [q_1, q_1, q_3]^T.$$
 (5)

Similarly,  $\tau = [0, \tau_a]^T$ . Substituting these into (3):

$$\begin{bmatrix} M_{pp} & M_{aa} \\ M_{ap} & M_{aa} \end{bmatrix} \begin{bmatrix} \ddot{\mathbf{q}}_{\mathbf{p}} \\ \ddot{\mathbf{q}}_{\mathbf{a}} \end{bmatrix} + \begin{bmatrix} \mathbf{B}_{\mathbf{p}}(\mathbf{q}, \dot{\mathbf{q}}) \\ \mathbf{B}_{\mathbf{a}}(\mathbf{q}, \dot{\mathbf{q}}) \end{bmatrix} = \begin{bmatrix} \mathbf{0} \\ \boldsymbol{\tau}_{\mathbf{a}} \end{bmatrix} + \begin{bmatrix} J_{1} \\ J_{2} \end{bmatrix} \mathbf{F}_{EXT}(\mathbf{q}, \dot{\mathbf{q}})$$
(6)

Where  ${\bf B}$  denotes the gravitational, Coriolis and damping forces.

Rearranging (6) allows for an inverse formulation:

$$\begin{bmatrix} M_{pp} & 0 \\ M_{ap} & -I \end{bmatrix} \begin{bmatrix} \ddot{\mathbf{q}}_{\mathbf{p}} \\ \boldsymbol{\tau}_{a} \end{bmatrix} = -\begin{bmatrix} M_{pa} \\ M_{aa} \end{bmatrix} \ddot{\mathbf{q}}_{\mathbf{a}} - \mathbf{B}(\mathbf{q}, \dot{\mathbf{q}}) + J_{EXT}^{T} \mathbf{F}_{EXT}(\mathbf{q}, \dot{\mathbf{q}}).$$
(7)

An expression for the active torques is now easily achieved by inversion of the left-hand side mass matrix.

# IV. DYNAMIC OPTIMISATION

The search for an optimal motion requires finding active joint trajectories over time. Expressing these trajectories over time directly poses an extremely high dimensional optimisation problem which is laborious to solve. Consequently, the optimization we wish to perform needs to be reformulated from a large scale trajectory optimal control problem into a lower-dimensional optimization problem [16].

Picture leg

Fig. 3. Caption

### A. Trajectory Parametrization

One can use basis splines, or B-splines, combined with a time-scale factor to reduce the complex problem into a parameter optimization [19] [6] [20] [15]. A B-spline curve can be described by its basis functions  $B_i(t)$  and control points  $\mathbf{P} = [p_1, \dots, p_n]$  which are evenly spaced over time. The active joint trajectories are then computed:

$$q_a(t,p) = \sum_{i=1}^{n} B_i(t)p_i$$
 (8)

Using the control points as optimization variables, an optimal set of control points can be determined and the corresponding B-splines yield optimal trajectories for the joint angle displacements, velocities and accelerations.

#### B. Pretension positions

Explain relevance of pretension position to jumping and why it is added as an optimisation variable.

#### C. Objective criteria

The objective function is comprised out of three criteria which 1) reward the performance of the leg, 2) penalize excessive torque needed to complete a movement and 3) maintain the postural stability of the leg. A minimization of the objective functions with these criteria is represented by:

$$\min_{\mathbf{p}} J = J_{performane} + J_{torque} + J_{stability} \tag{9}$$

In the following objective criteria,  $c_1$ ,  $c_2$ ,  $c_3$ ,  $c_4$  and  $c_5$  denote scaling constants.

- 1) Performance: For the performance of the leg we distinguish two different objectives:
  - 1) Jumping a maximum height, where the height is defined as the *y*-coordinate of the centre of mass of the leg with respect to the ground:

$$J_{performane} = -c_1 \cdot y_{CoM}^2 \tag{10}$$

2) Jumping to a certain height efficiently, where the maximum y-coordinate reached by the centre of mass of the leg  $y_{COM}$  is to be close to a set height  $y_{COM,set}$  and the energy use is to be minimized:

$$J_{performane} = c_1 \cdot E^2 + c_2 \cdot |y_{COM,set} - y_{COM}|$$
 (11)

Here, E is defined as the cumulative electrical energy consumption in Joules according to the integrated positive power model [21]:

$$E_{elec,pos} = \int max(0, P_{source}(t))dt$$
 (12)

2) Torque: The active torques pose a problem as the upper and lower bound constraints on the applied torques can become non-linear. Therefore it is chosen to express the torque limits by means of a penalty function in the objective criteria. The active torque  $\tau_a$  is to be kept low and within the maximum and minimum deliverable torque. This is enforced by means of a penalty function which incorporates the 2-norm of the realised values of  $\tau_a$ :

$$J_{torque} = c_3 \cdot ||\tau_a||_2^2 \tag{13}$$

3) Stability: To ensure postural stability a stability criterion is introduced. The leg posture is considered stable when the x-coordinate of the centre of mass of the leg is equal to its initial x-coordinate,  $x_{CoM}=0$ , at the end of the jump, i.e. when the centre of mass reaches its maximum height. Also, the motion is assumed to be stable when the mean value of the absolute x-coordinates of the centre of mass equals zero. For an N number of time segments, this is achieved with the minimization of:

$$J_{stability} = c_4 \cdot x_{CoM}(t_h)^2 + c_5 \cdot \sum_{i=1}^{N} \frac{|x_{CoM}(t)_i|}{N}$$
 (14)

Here,  $t_h$  denotes the point in time where the centre of mass reaches its maximum height. Let  $t_f$  denote the final time segment of the optimisation motion where either the maximum CoM height  $y_{CoM}$  has been reached or the jump is unsuccessful and the leg has fallen over. For successful jumps  $t_h = t_f$ .

# D. Algorithm

The objective criteria described above require information concerning the kinematic and dynamic state of the leg. Both forward and inverse dynamic calculations are to be performed while the leg states are set by adjusting the earlier described *B*-spline joint trajectories. This dependence is managed by the optimisation algorithm. The algorithm in words yields:

- · Provide initial guess trajectory
- Create control points
- $\diamond$  Create trajectory with B-splines
- Check joint angles, continue if limits are not exceeded else, vary control points and repeat <> steps
- Run simulation of motion through forward dynamics
- ♦ Calculate active torques through inverse dynamics
- Evaluate objective function
- Exit if local minimum is reached,
   else, vary control points and repeat

Figure of motion sequence

Fig. 4. Caption

#### V. RESULTS

Results, max height and energy cost for certain height.

The optimisation has been performed for the upward movement of the leg performing a jumping motion. The initial position of the leg yields a squatting posture and the optimisation is concluded when the centre of mass reaches its highest point. The initial guess **describe init guess add figure of motion sequence**.

# TABLE I MAXIMUM JUMP HEIGHT FOR DIFFERENT CONFIGURATIONS

Configuration	Maximum jump height [m]
Only SEA	
Mono-articulated	
Bi-articulated	

# TABLE II MINIMUM ENERGY USE FOR DIFFERENT CONFIGURATIONS

Configuration	Minimum energy use [J]
Only SEA	
Mono-articulated	
Bi-articulated	

#### VI. DISCUSSION

Comparison of actuation topologies.

#### VII. CONCLUSIONS

Conclusions

# ACKNOWLEDGMENT

Supported by European Commission projects WALK-MAN (611832), CENTAURO (644839), CoglMon (644727)

#### REFERENCES

- [1] Y. Yesilevskiy, W. Xi, and C. D. Remy, "A comparison of series and parallel elasticity in a monoped hopper," in *Robotics and Automation (ICRA)*, 2015 IEEE International Conference on, pp. 1036–1041, IEEE, 2015.
- [2] X. Liu, A. Rossi, and I. Poulakakis, "Spear: A monopedal robot with switchable parallel elastic actuation," in *Intelligent Robots and Systems* (IROS), 2015 IEEE/RSJ International Conference on, pp. 5142–5147, IEEE, 2015.
- [3] G. A. Pratt and M. M. Williamson, "Series elastic actuators," in Intelligent Robots and Systems 95.'Human Robot Interaction and Cooperative Robots', Proceedings. 1995 IEEE/RSJ International Conference on, vol. 1, pp. 399–406, IEEE, 1995.
- [4] M. Garabini, A. Passaglia, F. Belo, P. Salaris, and A. Bicchi, "Optimality principles in variable stiffness control: The vsa hammer," in *Intelligent Robots and Systems (IROS)*, 2011 IEEE/RSJ International Conference on, pp. 3770–3775, IEEE, 2011.
- [5] A. Velasco, G. M. Gasparri, M. Garabini, L. Malagia, P. Salaris, and A. Bicchi, "Soft-actuators in cyclic motion: Analytical optimization of stiffness and pre-load," in *Humanoid Robots (Humanoids)*, 2013 13th IEEE-RAS International Conference on, pp. 354–361, IEEE, 2013.
- [6] J. Babič, B. Lim, D. Omrčen, J. Lenarčič, and F. Park, "A biarticulated robotic leg for jumping movements: theory and experiments," *Journal* of mechanisms and robotics, vol. 1, no. 1, p. 011013, 2009.

- [7] R. Niiyama, A. Nagakubo, and Y. Kuniyoshi, "Mowgli: A bipedal jumping and landing robot with an artificial musculoskeletal system," in *Robotics and Automation*, 2007 IEEE International Conference on, pp. 2546–2551, IEEE, 2007.
- [8] T. Oshima, N. Momose, K. Koyanagi, T. Matsuno, and T. Fujikawa, "Jumping mechanism imitating vertebrate by the mechanical function of bi-articular muscle," in *Mechatronics and Automation*, 2007. ICMA 2007. International Conference on, pp. 1920–1925, IEEE, 2007.
- [9] S.-H. Hyon and T. Mita, "Development of a biologically inspired hopping robot-" kenken"," in *Robotics and Automation*, 2002. Proceedings. ICRA'02. IEEE International Conference on, vol. 4, pp. 3984– 3991, IEEE, 2002.
- [10] G. Zeglin, The bow leg hopping robot. Carnegie Mellon University Pittburgh, PA, 1999.
- [11] G. J. V. I. Schenau, "From rotation to translation: Constraints on multijoint movements and the unique action of bi-articular muscles," *Human Movement Science*, vol. 8, no. 4, pp. 301–337, 1989.
- [12] B. I. Prilutsky and V. M. Zatsiorsky, "Tendon action of two-joint muscles: transfer of mechanical energy between joints during jumping, landing, and running," *Journal of biomechanics*, vol. 27, no. 1, pp. 25– 34, 1994.
- [13] J. Nakanishi, M. Mistry, and S. Schaal, "Inverse dynamics control with floating base and constraints," in *Robotics and Automation*, 2007 IEEE International Conference on, pp. 1942–1947, IEEE, 2007.
- [14] J. V. Albro, G. A. Sohl, J. E. Bobrow, and F. C. Park, "On the computation of optimal high-dives," in *Robotics and Automation*, 2000. Proceedings. ICRA'00. IEEE International Conference on, vol. 4, pp. 3958–3963, IEEE, 2000.
- [15] J. V. Albro and J. E. Bobrow, "Optimal motion primitives for a 5 dof experimental hopper," in *Robotics and Automation*, 2001. Proceedings 2001 ICRA. IEEE International Conference on, vol. 4, pp. 3630–3635, IEEE, 2001.
- [16] M. Kaphle and A. Eriksson, "Optimality in forward dynamics simulations," *Journal of Biomechanics*, vol. 41, no. 6, pp. 1213–1221, 2008
- [17] W. Roozing, Z. Li, D. G. Caldwell, and N. G. Tsagarakis, "Design optimisation and control of compliant actuation arrangements in articulated robots for improved energy efficiency," *IEEE Robotics and Automation Letters*, vol. 1, no. 2, pp. 1110–1117, 2016.
- [18] W. Roozing, Z. Li, G. A. Medrano-Cerda, D. G. Caldwell, and N. G. Tsagarakis, "Development and control of a compliant asymmetric antagonistic actuator for energy efficient mobility," *IEEE/ASME Transactions on Mechatronics*, vol. 21, no. 2, pp. 1080–1091, 2016.
- [19] A. Ude, C. G. Atkeson, and M. Riley, "Planning of joint trajectories for humanoid robots using b-spline wavelets," in *Robotics and Automa*tion, 2000. Proceedings. ICRA'00. IEEE International Conference on, vol. 3, pp. 2223–2228, IEEE, 2000.
- [20] C.-Y. Wang, W. K. Timoszyk, and J. E. Bobrow, "Weight lifting motion planning for a puma 762 robot," in *Robotics and Automation*, 1999. Proceedings. 1999 IEEE International Conference on, vol. 1, pp. 480–485, IEEE, 1999.
- [21] T. Verstraten, R. Furnémont, G. Mathijssen, B. Vanderborght, and D. Lefeber, "Energy consumption of geared dc motors in dynamic applications: Comparing modeling approaches," *IEEE Robotics and Automation Letters*, vol. 1, no. 1, pp. 524–530, 2016.