# 1. Introduction

# Longitudinal study

In a longitudinal study, each subject is measured multiple times often over a considerable time interval, as opposed to <u>cross-sectional</u> data where a single outcome is measured for each individual.

#### **Examples**

- 1. Orthodontic measurements
- 2. Multicenter AIDS Cohort Study (MACS)
- 3. Indonesian Children's Health Study (ICHS)
- 4. Analgesic crossover trial (Crossover trial)
- 5. Epileptic seizures

# Longitudinal vs. Cross-sectional Studies

 A cross-sectional study found that older people smoke more.

Possible explanations:

- People tend to smoke more as they get older.
- Older people grew up in an environment where the harm of smoking was less widely accepted.
- Longitudinal studies can distinguish between the effect due to 'age' at measurement and birth date (cohort). Together they determine the date of measurement (period).

# **Advantage of Longitudinal Studies**

- Increased power, by repeated measurements, and separating measurement errors and sampling (in time) errors.
- Reducing bias. e.g., length-bias sampling.
- Investigation of individual-level changes.

#### **Correlated Data**

In a regression analysis, we model the mean of a response  $(Y_1, \cdots, Y_n)$  as a function of covariates  $(x_1, \cdots, x_n)$ , where the subscripts  $1, \cdots, n$  denote study units. We assume that

$$P(Y_1, \cdots, Y_n | x_1, \cdots, x_n, \beta) = P(Y_1 | x_1, \beta) \cdots P(Y_n | x_n, \beta).$$

i.e., the Y's are conditionally independent given covariates x.

However, the Y's are not independent marginally (i.e.,  $P(Y_2|Y_1) \neq P(Y_2)$ ). Longitudinal data is a special case of correlated data where  $Y|X,\beta$  are not independently distributed.

### **Examples of correlated data**

- Clustered data: multi-center studies, kids in the same classroom. Subjects in the same cluster are correlated.
- Split-plot design: nested factors.

- Familial data and social networks: complex correlation patterns.
- Time-series data: typically a few subjects with many observations over a long period of time. The emphasis is typically on prediction (i.e., using past time-course pattern to predict the future).
- Spatial data: There is in essence only one subject (the earth). Similar to time-series, only with a higher dimension (2D or 3D) and without the directionality.
- Recurrent-event data: the observation times are random and are typically the variables of interest.
  For survival data, the event can only happen once.

# Characteristic of Longitudinal Data

- Small number of observations per subject but relatively large number of subjects.
- The emphasis is on <u>inference</u> in comparing subjects or subject groups.

- Longitudinal data can also arise from clustered, familial or spatial data.
- Longitudinal data often require (allow) the most elaborate modeling of the correlation structure.
- The variability can be divided into three components:
  - 1. Heterogeneity between individuals (random effects).
  - 2. Serial correlation, measurements closely spaced are more similar.
  - 3. Measurement error.

By virtual of replication, in subject and in time, it is possible to distinguish between them.

# What if we ignore the correlation?

There are at least three consequences:

• Incorrect inferences about regression coefficients  $\beta$ .

- Inefficient estimates of  $\beta$  (i.e., less precise than possible).
- Sub-optimal protection against biases causes by missing data.

### **Sources of Correlation**

Random effects/latent variable

$$Y_{ij} = x_{ij}\beta + u_i + \epsilon_{ij}$$

where  $u_i = \text{unobserved}$ .

Serial correlation

**Notations** We will mostly follow the notation in our textbook.

• Vectors: x, Y,  $\beta$  For example,

$$x = (x_1, \cdots, x_n)^T = \begin{pmatrix} x_1 \\ x_2 \\ \vdots \\ x_n \end{pmatrix}.$$

- ullet Matrices (uppercase): X,  $\Sigma$
- Parameters are represented by Greek letters.
- For scalars and vectors, random variables are uppercased:  $Y_i$ , Y.
- For scalars and vectors, observed (non-random) variables are lowercased:  $x_i$ , y.
- Let  $i=1,\cdots,m$  index subjects.

- For each subject i, we have  $n_i$  observations at time  $t_{ij}$ ,  $j=1,\cdots,n_i$ .
- $x_{ij}$  is a p-vector that are the covariates for observation j of subject i.  $X_i$  is a  $n_i \times p$  matrix of all the covariates for i and X is all the covariates.
- The outcome for subject i is denoted by the  $n_i$ -vector  $Y_i = (Y_{i1}, \cdots, Y_{in_i})^T$  with mean  $\mu_i$  and  $n_i \times n_i$  covariance matrix  $V_i$  where  $v_{ijk} = cov(Y_{ij}, Y_{ik})$ . The correlation matrix is  $R_i$ .
- $Y = (Y_1^T, \cdots, Y_m^T)^T$  is an N-vector with  $N = \sum_{i=1}^m n_i$ .

# **Review of Linear Model Theory**

A classic linear model can be written as

$$E(Y|X) = \mu = X\beta, \tag{1}$$

$$var(Y|X) = \Sigma = \sigma^2 I,$$
 (2)

where Y is a m-vector,  $\beta$  is a p-vector (p is the number of regression parameters) and X is a  $m \times p$  design matrix, I is the identity matrix.

• The method of least squares aims to minimize the quadratic loss function (sum of squared errors):

$$(Y - X\beta)^T (Y - X\beta).$$

• The OLS (ordinary least squares) solution is

$$\hat{\beta} = (X^T X)^{-1} X^T Y.$$

ullet It is also the MLE of eta if we assume Y has a multivariate normal distribution

$$Y|X \sim N(X\beta, \sigma^2 I).$$

ullet It follows then that  $\hat{eta}$  is also multivariate normal with mean eta and variance  $\sigma^2(X^TX)^{-1}$ .

• An unbiased estimator of  $\sigma^2$  is

$$\hat{\sigma}^2 = \frac{RSS}{m-p} = \frac{1}{m-p} (Y - X\hat{\beta})^T (Y - X\hat{\beta}).$$

Note that it is not the MLE.

# **Analysis of Longitudinal Data**

Several possible approaches to analyze longitudinal data. The main challenge involves how to take into account the correlation structure.

- Summary statistics based on approach: calculate a univariate summary statistic for the multiple measurements which can be used in the second step of the analysis.
  - Simple and especially useful for exploratory analysis.
  - Lost of information, underestimation of uncertainty.
  - Cannot deal with time-dependent covariates.

Marginal approach: models the marginal mean responses

$$E(Y_i) = X_i \beta, \tag{3}$$

$$var(Y_i) = V_i(\alpha), \tag{4}$$

where both  $\beta$  and  $\alpha$  must be estimated, and  $V_i$  may also depend on some covariates.

 Conditional approach (random effect model, hierachical model, multi-level model): assumes correlation arises because of heterogeneity in subjects. i.e.,

$$Y_i|b_i \sim N(X_i\beta + Z_ib_i, \sigma^2 I),$$
 (5)

$$b_i \sim N(0, \tau^2 I). \tag{6}$$

• Transition model:

$$E(Y_{ij}|Y_{ij-1}, x_{ij}) = x_{ij}^T \beta + \alpha Y_{ij-1}.$$
 (7)

# **Bias of Naive Analysis**

For longitudinal data, if we ignore the correlation we can have a model of the form

$$Y_{ij} = \beta_0 + \beta_c x_{ij} + \epsilon_{ij}, \quad j = 1, \dots, n; \quad i = 1, \dots, m,$$

where  $\beta_c$  represents the difference in average Y across two subpopulations which differ by one unit in x.

Model (8) can also be written as

$$Y_{ij} = \beta_0 + \beta_c x_{i1} + \beta_c (x_{ij} - x_{i1}) + \epsilon_{ij}. \tag{8}$$

Note that this model assumes that the baseline effect is the same as the longitudinal effect. To relax this assumption, we have different parameters for the two effects

$$Y_{ij} = \beta_0 + \beta_c x_{i1} + \beta_L (x_{ij} - x_{i1}) + \epsilon_{ij}. \tag{9}$$

ullet When j=1, the two models (8) and (9) are equivalent.

- Using (9) we can estimate  $\beta_c$  from the longitudinal data.
- ullet  $eta_c$  retains the same cross-sectional interpretation.
- ullet We can also estimate  $eta_L$  and interpret it from

$$E(Y_{ij} - Y_{i1}) = \beta_L(x_{ij} - x_{i1}),$$

where  $\beta_L$  represents the expected change in Y over time per unit change in x for a subject.

The OLS estimate of  $\beta_c$  from model (8) is

$$\hat{\beta}_c = \frac{\sum_i \sum_j (x_{ij} - \bar{x})(y_{ij} - \bar{y})}{\sum_i \sum_j (x_{ij} - \bar{x})^2}.$$
 (10)

If model (9) is true, then

$$E(y_{ij} - \bar{y}) = \beta_L(x_{ij} - \bar{x}) + (\beta_c - \beta_L)(x_{i1} - \bar{x}_1).$$

In (10),

$$E(\hat{\beta}_c) = \beta_L + (\beta_c - \beta_L) \frac{\sum_i (\bar{x}_{i.} - \bar{x})(x_{i1} - \bar{x}_{.1})}{\sum_i \sum_j (x_{ij} - \bar{x})^2},$$

where  $\bar{x}_{i.} = \sum_{j} x_{ij}/n$  and  $\bar{x}_{.1} = \sum_{i} x_{i1}/n$ .

- If  $\beta_c = \beta_L$  or  $\{x_{i1}\}$  and  $\{\bar{x}_{i\cdot}\}$  are orthogonal to (independent of) each other,  $\hat{\beta}_c$  (based on model (8)) is unbiased.
- In general  $\hat{\beta}_c$  is biased for  $\beta_L$  by an amount depending on the correlation between  $x_{i1}$  and  $\bar{x}_{i..}$

# **Exploratory Data Analysis**

#### Gaols of EDA

- Relationship between mean response and covariates (including time).
- Variance, correlation structure, individual-level heterogeneity.

Guidelines for graphical displays of longitudinal data

- Show relevant raw data, not just summaries.
- Highlight aggregate patterns of scientific interest.
- Identify both cross-sectional and longitudinal patterns.
- Identify unusual individuals and observations.

#### General Techniques

- Scatter plots, use connected lines to reveal individual profiles.
  - Displays of the responses against time
  - Displays of the responses against a covariate (with/without time trend)
- Use smooth curves to reveal mean response profile at the population level.
  - Kernel estimation
  - Smooth spline
  - Lowess
- Variograms for checking variance/covariance structure