

## Sleep, Health and Lifestyle on Synthetic Data

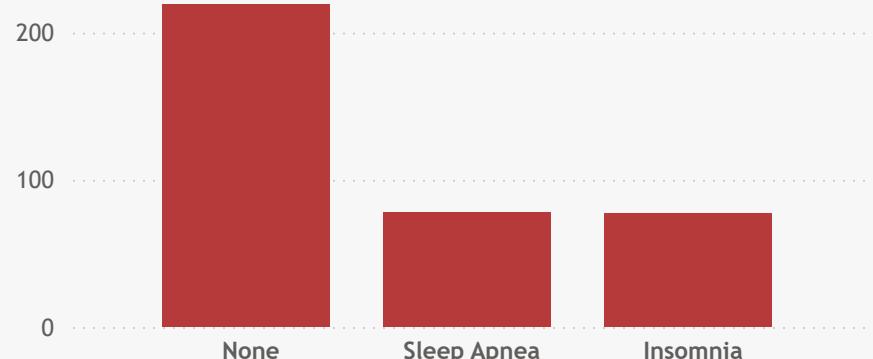
**59.17 min**  
Avg Physical Activity

**70.17 bpm**  
Avg Heart Rate

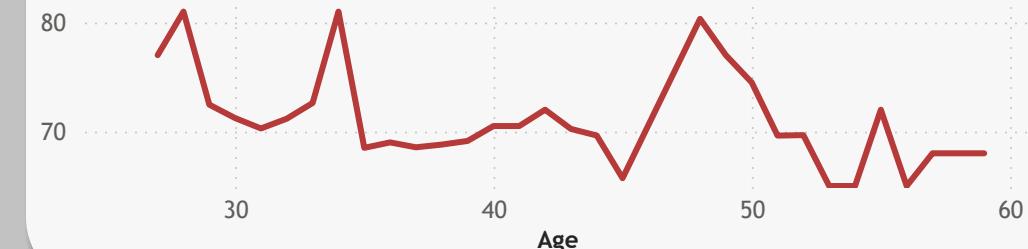
**7.13 hrs**  
Avg Sleep Duration

**5.39 pts**  
Avg Stress Level

### Sleep Disorders

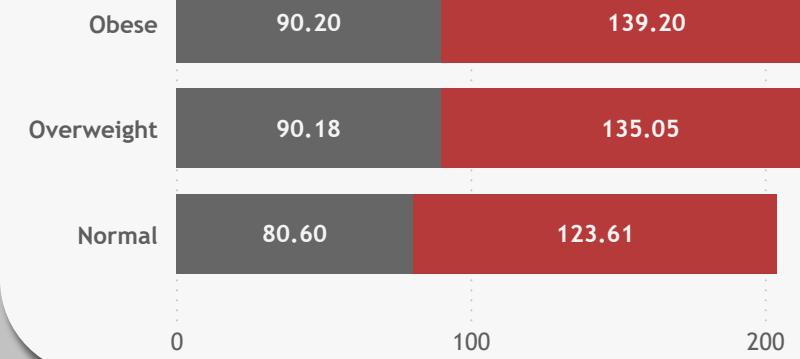


### Average of Heart Rate (bpm)



### Average Pressure by BMI

● Diastolic ● Systolic



- Normal
- Obese
- Overweight

**Age**

27.00      59.00



### Average Sleep Stats by Physical Activity Level

● Quality of Sleep ● Sleep Duration

