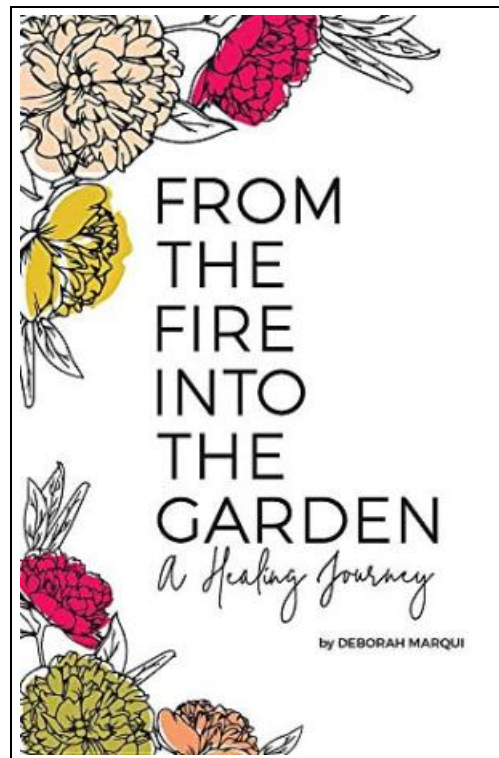


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Deborah Marqui, United States, 2019. Paperback. Condition: New. Annotated edition. Language: English. Brand new Book. And intimate and soul-baring memoir that takes you from the 'fire' and suffering of cancer into the creation of Healing Gardens, the author's 'earth school' that gave birth to an inspirational healing space open to all. What began as journal entries to make sense of the sudden, shocking reality of a terminal diagnosis became a powerful raw account of the author's transformative journey. With Cancer as 'teacher' and Nature as 'healer' she was launched into a compelling, crash course in how to integrate body, mind and spirit into health and wholeness. Anyone who reads this book will go away with a deeper understanding of the suffering from a sudden, threatening medical diagnosis - from seeking and researching the best treatment, to inner family relationships, to financial pressures, and to marital stressors. The author gives voice to those unable to share their anguish, fear and distress, which encompass all aspects of life. With her naked, gut-wrenching honesty, the author gives support and permission for others to share their own story of suffering, no matter the cause, with the same honesty and vulnerability, as we all struggle in the human family. The author chooses not to wallow in the victim role, but instead, uses the simple gifts that are available to all of us, such as, being fully present to Nature, the practice of journaling, meditation and dream work. She crawled, ran and sometimes danced into health and wholeness with the determination of a victor focused on learning each life lesson - lessons that will inspire everyone. One reader said, "It reads like an elegant silk thread weaving its way through a life filled with truth, passion, integrity, raw pain and love, grounded in the unwavering connection between the...

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