Time vs band vs continent EU AF 160 m 80 m band 40 m 20 m 15 m 10 m OC NA 160 m 80 m band 40 m 20 m 15 m 10 m SA AS 160 m 80 m band 40 m 20 m 15 m 10 m 10 20 20 30 30 40 10 40 0 hour hour