

Dr. Kalpana Sundar

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Opening Keynote Proposal

Pushing Past Presenteeism to Engagement

Abstract

Presenteeism is the lost productivity that occurs when employees are physically present but not fully engaged in the workplace. At work this can lead to the inability to perform certain tasks or an increase in mistakes.

In this Opening Keynote, I will illustrate how women in medicine can get “lost” in the momentum of the day. The audience will be challenged to avoid presenteeism by being more mindful and present during each event of their life.

“Dr. Sundar is an engaging presenter. She has the unique gift to be able to keep the audience entertained and educate them at the same time.” Scott Long, Regional Manager Teleflex.

Learning Objectives

1. Recognize situations in which presenteeism is likely to occur
2. Address the issues which lead to presenteeism
3. Learn 3 techniques to help you avoid presenteeism and its consequences

References

Scott Long, Regional Manager Teleflex, 904.599.5415, Scott.Long@teleflex.com
Matt Cavanaugh. Regional manager Acclarent, MattCav15@outlook.com