

# OkMD Wildland Fire Program

## Packing List for Fire Assignments

### Bedding

- Pillow
- Sleeping pad
- Sleeping bag
- Litefighter tent

### Hygiene Related

- Towel
- Shower sandals
- Toothbrush
- Toothpaste
- Deodorant
- Bath soap/shampoo
- Shaving kit (if desired)
- Wet wipes/sanitary wipes
- Feminine products if applicable

### Medicines/ Other (suggested)

- Advil or Tylenol (or other)
- Immodium or similar
- Peptobismal or similar
- Metamucil or similar
- Multi-vitamin
- Eye drops
- Allergy medicine
- Nose spray
- Goldbond or similar
- All prescription medicines
- Supplements or electrolytes

### Comfort Items

- Lantern or headlamp for your tent
- Cables, power plugs, adapters
- Phone charger
- Battery pack (if desired)
- Comfy shoes or PT shoes
- Beanie
- Hat
- Reading material (if desired)
- Headphones
- Notepad, pencil, pen
- Rainwear or poncho
- Ziplock or other bags
- Sunscreen
- Lip balm
- Sunglasses

### Clothing

- 14 pairs of socks
- 14 pairs of underwear
- Lounging shorts / pants
- Lounging shirt
- Hoodie, puffy coat or similar
- PT shorts
- PT shirt
- PT sock
- 7-14 Tan under shirts
- Long underwear (if desired)
- Field trip / going to town clothing

### Personal Protective Equipment

- Nomex pants (2)
- Nomex shirts (2)
- Leather gloves
- Boots
- Helmet
- Shroud
- Eye protection
- Ear protection

### Line Gear

- Line Pack
- Shelter
- IRPG
- Headlamp
- Radio
- Compass
- Signal Mirror
- Flagging
- AA batteries

### Required Other

- Water bottles (4)
- Drivers License
- CAC
- Qualification Card
- Orders/ LOI

### Recommended Other

- Moleskin
- Watch
- Multi-tool
- Paracord
- Knife
- Carabiner
- Small ductape
- Zip ties

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**General Packing Recommendations** – You will be issued a Red Bag to pack your items in. It is a good idea to find creative ways to save space so that you can pack all the comfort items you may want to bring. You will be allowed 3 bags on an ORE or Fire Assignment. Your line pack, your red bag, and a small backpack.

**Bedding Recommendations** – Good sleep is important during fire assignments. I recommend getting a good quality inflatable pillow and sleeping pad. To extend the life of your sleeping pad, you can buy very compact footprints to go under them when sleeping directly on the ground, when sleeping in a tent this isn't necessary. Get a good quality sleeping bag and if you prefer an additional blanket, they do make plenty of small ones. I have lifefighter tents to assign to you if you do not have one.

**Hygiene Related Recommendations** – The camp towels you can find at outdoor stores or the PX are great space savers. They also dry very quickly which helps for repeated use. I recommend getting a toiletry bag that hangs or you don't mind setting on the ground, as you may be conducting all your nightly hygiene needs in a small shower stall, trailer or lakeside.

**Medicines or Other Recommendations** – Bring whatever your preferred OTC pain medicine is. We will also have these available as part of our mission loadout for the group. I don't have any specific additional recommendations here except if you think you may need it, bring it.

**Comfort Item Recommendations** – A small solar lantern works great for tents or sitting outside. A backup headlamp works good as well. You'll want a separate one from your line gear, so you don't have to keep up with both. Bring what you may want to charge your phone, you won't be using it much during the day so a full battery pack will get you a few days' worth of charges. Bring a pair of comfy shoes for PT and lounging around. A pair of sandals for showers and drying out your feet. In the mountains or high desert it can get very cold at night, bring a beanie to wear both around camp and under your helmet if needed. I bring a hat to fire assignments for around camp. Eventually you're going to want some "you" time so I recommend a book or a few magazines to have in your tent or on the commute. Headphones of any kind also are beneficial during the commute and at night in your tent. Some type of rainwear is always good to have, whether your primary jacket is waterproof or a good poncho. Don't forget a few small plastic bags to put your phone or other electronics in to help waterproof your things.

**Clothing Recommendations** – I recommend wool socks, you can get away with fewer pairs and they don't seem to smell as much. Grab a pair of comfy items to wear after showers and to bed. You'll want a hoodie or a puffy coat in the evenings or at night if it's going to be cold. Anything packable here is good. Bring enough undershirts that you feel will get you through. When it comes to going to town clothing, consider something that you would go hiking in.

**PPE and Line Gear**– These all get assigned to you, any changes or additional must be approved by the wildland fire program manager except personal headlamps. Leather gloves are good as long as they don't have synthetic parts on them.

**Required / Other Recommendations** – Water bottles are a must. Your pack will hold 4. I carry 3 Nalgene's and 1 insulated water bottle. If you are prone to blisters pack yourself some moleskin. We will have a small first aid kit with an assortment of items as well. Multi-tools are golden and get used A LOT in the field. A carabiner can also come in handy with hanging items around camp or in the field.