

Harmonic oscillator : $V(x) = \frac{1}{2} m \omega^2 x^2$

$$= \frac{1}{2} x^2$$

We know the TISE: $\hat{H}|\Psi\rangle = E|\Psi\rangle$

$$\left(\frac{\hat{p}^2}{2} + V \right) |\Psi\rangle = E |\Psi\rangle$$

$$\left(\frac{1}{i} \frac{d}{dx} \right)^2 |\Psi\rangle + V |\Psi\rangle = E |\Psi\rangle$$

$$\rightarrow - \frac{d^2 |\Psi\rangle}{dx^2} + V |\Psi\rangle = E |\Psi\rangle$$

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Let $m=\omega=1=\hbar$

$$\hat{p}|\Psi\rangle = \frac{1}{i} \frac{d|\Psi\rangle}{dx}$$

$$\hat{x}|\Psi\rangle = x|\Psi\rangle$$

[TISE for H.O.]

So our hamiltonian in the smallest form is: $H = \frac{1}{2} [\hat{p}^2 + \hat{x}^2]$

Arbitrary step 1: Define \hat{a}^\dagger & \hat{a} . (PART I) → Buildup.

$$\hat{a} = \frac{1}{\sqrt{2}} (\hat{x} + i\hat{p}) \quad \& \quad \hat{a}^\dagger = \frac{1}{\sqrt{2}} (\hat{x} - i\hat{p})$$

Arbitrary step 2: Calculate $\hat{a}\hat{a}^\dagger$.

$$\begin{aligned} \hat{a}\hat{a}^\dagger &= \frac{1}{\sqrt{2}} \cdot \frac{1}{\sqrt{2}} (\hat{x} + i\hat{p})(\hat{x} - i\hat{p}) = \frac{1}{2} (\hat{x}^2 - i\hat{x}\hat{p} + i\hat{p}\hat{x} - \hat{p}^2) \\ &= \frac{1}{2} (\hat{x}^2 + \hat{p}^2 - i(\hat{x}\hat{p} - \hat{p}\hat{x})) = \frac{1}{2} (\hat{x}^2 + \hat{p}^2 - i[\hat{x}, \hat{p}]) \end{aligned}$$

What is $[\hat{x}, \hat{p}]$? (Use a test function as in $L^2(\mathbb{R}) \rightarrow \infty \dim \mathcal{H}$)

$$\begin{aligned} \rightarrow [\hat{x}, \hat{p}]|\Psi_{\text{test}}\rangle &= \hat{x}\hat{p}|\Psi_{\text{test}}\rangle - \hat{p}\hat{x}|\Psi_{\text{test}}\rangle = \hat{x} \frac{1}{i} \frac{d|\Psi_t\rangle}{dx} - \hat{p}x|\Psi_t\rangle \\ &= \frac{1}{i} x \frac{d|\Psi_t\rangle}{dx} - \frac{1}{i} \frac{d}{dx} (x|\Psi_t\rangle) = \cancel{\frac{x}{i} \frac{d|\Psi_t\rangle}{dx}} - \cancel{\frac{x}{i} \frac{d|\Psi_t\rangle}{dx}} - \frac{1}{i} |\Psi_t\rangle \\ &= -\frac{1}{i} |\Psi_t\rangle = i|\Psi_t\rangle \quad \therefore [\hat{x}, \hat{p}] = i\hbar \rightarrow \hbar=1 \text{ in this calc'g} \end{aligned}$$

$$\hat{a}\hat{a}^\dagger = \frac{1}{2} (\hat{x}^2 + \hat{p}^2 + \hat{I})$$

Careful observation:

$$\hat{H} = \frac{1}{2} (\hat{x}^2 + \hat{p}^2) \quad \& \quad \hat{a}\hat{a}^\dagger = \frac{1}{2} (\hat{x}^2 + \hat{p}^2 + \hat{I})$$

$$\therefore \boxed{\hat{H} = \left(\hat{a}\hat{a}^\dagger - \frac{\hat{I}}{2} \right)}$$

Bookkeeping calculation: (if needed) $[\hat{a}, \hat{a}^\dagger] = \hat{I} \Rightarrow [\hat{a}^\dagger, \hat{a}] = -\hat{I}$

$$\boxed{\hat{H} = \left(\hat{a}^\dagger \hat{a} + \frac{\hat{I}}{2} \right)}$$

Bookkeeping calculation(2): TISE in terms of \hat{a} & \hat{a}^\dagger .

$$\hat{H}|\Psi\rangle = E|\Psi\rangle$$

$$(\hat{a}\hat{a}^\dagger - \frac{\hat{I}}{2})|\Psi\rangle = (\hat{a}^\dagger \hat{a} + \frac{\hat{I}}{2})|\Psi\rangle = E|\Psi\rangle$$

Technique, manipulate the LHS of the blue equation such that \hat{H} action is first as we know $\hat{H}|\Psi\rangle = E|\Psi\rangle$

Proving 2 IMP Properties of \hat{a}, \hat{a}^\dagger :

i) Claim $|\Psi\rangle$ satisfies $\hat{H}|\Psi\rangle = E|\Psi\rangle$, then prove $(\hat{a}^\dagger|\Psi\rangle)$ satisfies the S.E with energy $(E+1)$ $\{(E+\hbar\omega)\}_{=1}$

$$\text{i.e. } \hat{H}(\hat{a}^\dagger|\Psi\rangle) = (E+1)\hat{a}^\dagger|\Psi\rangle$$

→ Proof:

$$\begin{aligned} \hat{H}(\hat{a}^\dagger|\Psi\rangle) &= \left(\hat{a}^\dagger \hat{a} + \frac{\hat{I}}{2} \right) (\hat{a}^\dagger|\Psi\rangle) = \left(\hat{a}^\dagger \hat{a} \hat{a}^\dagger + \frac{\hat{I}}{2} \hat{a}^\dagger \right) |\Psi\rangle \xrightarrow{\hat{a}^\dagger \hat{a} = \hat{a}^2} \\ &= \hat{a}^\dagger \left(\hat{a} \hat{a}^\dagger + \frac{\hat{I}}{2} \right) |\Psi\rangle \xrightarrow{\downarrow} \hat{a}^\dagger \left(\hat{a}^\dagger \hat{a} + \hat{I} + \frac{\hat{I}}{2} \right) |\Psi\rangle \end{aligned}$$

We know $[\hat{a}, \hat{a}^\dagger] = \hat{I} = \hat{a}\hat{a}^\dagger - \hat{a}^\dagger\hat{a}$, ∴ this step → $\hat{a}\hat{a}^\dagger = \hat{a}^\dagger\hat{a} + \hat{I}$

Take this \hat{a}^\dagger out common. as

$$\hat{a}\hat{a}^\dagger = \hat{a}^2$$

$$= \hat{a}^+ (\hat{H} + \hat{I}) |\psi\rangle = \hat{a}^+ (\hat{H}|\psi\rangle + \hat{I}|\psi\rangle)$$

$$= \hat{a}^+ (E + 1) |\psi\rangle = (E + 1) \underline{\hat{a}^+ |\psi\rangle}$$

$$\therefore \hat{H}(\hat{a}^+ |\psi\rangle) = (E + 1)(\hat{a}^+ |\psi\rangle)$$

ii) Claim $|\psi\rangle$ satisfies $\hat{H}|\psi\rangle = E|\psi\rangle$ and then prove $\hat{a}|\psi\rangle$ satisfies the SE. with energy $(E - 1)$. i.e.

$$\hat{H}(\hat{a}|\psi\rangle) = (E - 1)(\hat{a}|\psi\rangle)$$

$$\begin{aligned} \text{LHS: } \hat{H}(\hat{a}|\psi\rangle) &= \left(\hat{a}\hat{a}^+ - \frac{\hat{I}}{2} \right) (\hat{a}|\psi\rangle) = \left(\hat{a}\hat{a}^+\hat{a} - \frac{\hat{I}}{2}\hat{a} \right) |\psi\rangle \\ &= \left(\hat{a}\hat{a}^+\hat{a} - \frac{\hat{a}\hat{I}}{2} \right) |\psi\rangle = \hat{a} \left(\hat{a}^+\hat{a} - \frac{\hat{I}}{2} \right) |\psi\rangle = \hat{a} \left(\hat{a}\hat{a}^+ - \hat{I} - \frac{\hat{I}}{2} \right) |\psi\rangle \\ &= \hat{a} \left(\hat{H} - \frac{\hat{I}}{2} \right) |\psi\rangle = \hat{a} (\hat{H}|\psi\rangle - \hat{I}|\psi\rangle) = \hat{a} (E - 1)|\psi\rangle \\ &\quad = (E - 1)(\hat{a}|\psi\rangle) \end{aligned}$$

$$\therefore \hat{H}(\hat{a}|\psi\rangle) = (E - 1)(\hat{a}|\psi\rangle)$$

→ ∴ We now see where they get their names or 'raising' and 'lowering' operator.

PART II: DERIVING NORMALIZED Eigenstates $|\Psi_n\rangle$

→ Start with the boundary condition:

Let $|\Psi_0\rangle$ be the lowest state, then define $\underline{\hat{a}|\Psi_0\rangle} = 0$

→ We can find $|\Psi_0\rangle$ (The ground state by plugging in the definition of \hat{a})

$$\text{LHS: } \hat{a}|\psi\rangle = \frac{1}{\sqrt{2}} (\hat{x} + i\hat{p}) |\psi\rangle = \frac{1}{\sqrt{2}} (x|\psi\rangle + \frac{i}{i} \frac{d}{dx} |\psi\rangle) = \text{RHS} = 0.$$

$$\therefore \text{the O.D.E. is } x|\Psi_0\rangle + \frac{d}{dn} |\Psi_0\rangle = 0 \Rightarrow x|\Psi_0\rangle = - \frac{d|\Psi_0\rangle}{dn}$$

$$\Rightarrow -x dx = \frac{d|\Psi_0\rangle}{|\Psi_0\rangle} \stackrel{\int}{\Rightarrow} -\frac{x^2}{2} + C = \ln |\Psi_0\rangle$$

Exponentiating

$$\Rightarrow |\Psi_0\rangle = e^{-\frac{x^2}{2}+C} = e^{-\frac{x^2}{2}} e^C = A e^{-\frac{x^2}{2}}.$$

→ Normalize this: $\|\Psi_0\|^2 = 1$

$$\Rightarrow \langle \Psi_0 | \Psi_0 \rangle = 1 \Rightarrow \int A e^{-\frac{x^2}{2}} A e^{-\frac{x^2}{2}} dx \\ = A^2 \int e^{-x^2} dx = A^2 \sqrt{\pi}$$

$$\therefore A^2 = \frac{1}{\sqrt{\pi}} \Rightarrow A = \frac{1}{\sqrt[4]{\pi}} \quad \therefore |\Psi_0\rangle = \frac{1}{\sqrt[4]{\pi}} e^{-\frac{x^2}{2}}$$

Now let's find the ground state energy: (Using the fact $\hat{a}|\Psi_0\rangle = 0$)

$$\hat{H}|\Psi_0\rangle = \left(\hat{a}^\dagger \hat{a} + \frac{1}{2}\right)|\Psi_0\rangle = \left(\hat{a}^\dagger \hat{a}|\Psi_0\rangle + \frac{1}{2}|\Psi_0\rangle\right) = \frac{1}{2}|\Psi_0\rangle = \underline{\underline{\frac{1}{2}|\Psi_0\rangle}}$$

$$\therefore \text{If we think of it as } \hat{H}|\Psi_0\rangle = E_0|\Psi_0\rangle \Rightarrow E_0 = \underline{\underline{\frac{1}{2}}}.$$

Now we have our foot placed on the ground state!

Using # from part 1 we can deduce that:

We can apply raising operators repeatedly to generate excited states, increasing the energy by 1 with every step.

$$\textcircled{\#} \quad |\Psi_n\rangle = A_n (\hat{a}^\dagger)^n |\Psi_0\rangle \quad ; \quad E_n = \left(n + \frac{1}{2}\right)$$

Normalization constant.

Starts with 0 for Harmonic oscillator.

→ Next step: Calculate A_n algebraically! PRO.

We know, $\hat{a}^\dagger |\Psi_n\rangle$ and $\hat{a} |\Psi_n\rangle$ is proportional to $|\Psi_{n+1}\rangle$ and $|\Psi_{n-1}\rangle$ respectively.

$$\therefore \hat{a}^\dagger |\Psi_n\rangle = c_n |\Psi_{n+1}\rangle \quad \& \quad \hat{a} |\Psi_n\rangle = d_n |\Psi_{n-1}\rangle \quad \text{(\#)}$$

Show that \hat{a}^\dagger and \hat{a} are hermitian conjugates: i.e. $\Psi, \phi \xrightarrow{x \rightarrow \pm\infty} 0$ - (1)

Prove that $\langle \Psi | \hat{a}^\dagger \phi \rangle = \langle \hat{a} \Psi | \phi \rangle$ where $\Psi \in L^2(\mathbb{R})$

Let's prove from LHS to RHS and claim that RHS \rightarrow LHS is done similarly.

$$\begin{aligned} \text{Proof: } \langle \Psi | \hat{a}^\dagger \phi \rangle &= \int_{-\infty}^{\infty} \Psi^* \hat{a}^\dagger \phi dx = \int_{-\infty}^{\infty} \Psi^* \frac{1}{\sqrt{2}} (\hat{x} - i\hat{p}) \phi dx \\ &\stackrel{\text{Defn of inner product in } L^2(\mathbb{R})}{=} \frac{1}{\sqrt{2}} \int_{-\infty}^{\infty} \Psi^* (\hat{x} - i \frac{d}{dx}) \phi dx = \frac{1}{\sqrt{2}} \int_{-\infty}^{\infty} \Psi^* \left(x \phi - \frac{d\phi}{dx} \right) dx \\ &= \frac{1}{\sqrt{2}} \int_{-\infty}^{\infty} \left(\Psi^* x \phi - \Psi^* \frac{d\phi}{dx} \right) dx = \frac{1}{\sqrt{2}} \left[\int_{-\infty}^{\infty} \Psi^* x \phi dx - \int_{-\infty}^{\infty} \Psi^* \frac{d\phi}{dx} dx \right] \xrightarrow{\textcircled{1}} \\ &\rightarrow \int_{-\infty}^{\infty} \Psi^* \frac{d\phi}{dx} dx = \underbrace{\Psi^* \phi}_{=0} \Big|_{-\infty}^{\infty} - \int_{-\infty}^{\infty} \left(\frac{d\Psi}{dx} \right)^* \phi dx = - \int_{-\infty}^{\infty} \left(\frac{d\Psi}{dx} \right)^* \phi dx \xrightarrow{\text{from circled 1}} \end{aligned}$$

[Identity used for integration by parts: $\int_a^b f \frac{dg}{dx} dx = fg \Big|_a^b - \int_a^b \frac{df}{dx} g dx$]

After plugging in

$$\begin{aligned} \textcircled{1} &= \frac{1}{\sqrt{2}} \left[\int_{-\infty}^{\infty} \Psi^* x \phi dx + \int_{-\infty}^{\infty} \left(\frac{d\Psi}{dx} \right)^* \phi dx \right] = \frac{1}{\sqrt{2}} \left[\int_{-\infty}^{\infty} x \Psi^* \phi dx + \dots \right] \\ &= \frac{1}{\sqrt{2}} \int_{-\infty}^{\infty} \left[x \Psi^* \phi + \left(\frac{d\Psi}{dx} \right)^* \phi \right] dx = \frac{1}{\sqrt{2}} \int_{-\infty}^{\infty} (\hat{x} + i\hat{p}) \Psi^* \phi dx \\ &= \int_{-\infty}^{\infty} \hat{a} \Psi^* \phi dx = \langle \hat{a} \Psi | \phi \rangle \end{aligned}$$

$\therefore \langle \hat{a} \Psi | \phi \rangle = \langle \Psi | \hat{a}^\dagger \phi \rangle$ proved.

→ Let's use what we proved in the box to get c_n & d_n .

So we have: $\langle \hat{a}^\dagger \psi | \hat{a}^\dagger \phi \rangle = \langle \hat{a} \hat{a}^\dagger \psi | \phi \rangle$ and

$$\langle \hat{a} \psi | \hat{a} \phi \rangle = \langle \hat{a}^\dagger \hat{a} \psi | \phi \rangle$$

By using $\#$ and $\hat{H}\psi = E\psi$ where \hat{H} is represented in \hat{a} & \hat{a}^\dagger .

We can say.

$$\left[\hat{a}^\dagger \hat{a} |\Psi_n\rangle = n |\Psi_n\rangle \quad \& \quad \hat{a} \hat{a}^\dagger |\Psi_n\rangle = (n+1) |\Psi_{n+1}\rangle \right] \xrightarrow{\# \text{ III}}$$

First lower then raise \downarrow → leave n . First raise then lower \downarrow → leave $(n+1)$

So, using $\#$

$$\langle \hat{a}^\dagger \psi_n | \hat{a}^\dagger \psi_n \rangle = \langle c_n \psi_{n+1} | c_n \psi_{n+1} \rangle = |c_n|^2 \langle \psi_{n+1} | \psi_{n+1} \rangle \xrightarrow{\# \text{ III}} (n+1) \langle \psi_n | \psi_n \rangle$$

$$\langle \hat{a} \hat{a}^\dagger \psi_n | \psi_n \rangle \xrightarrow{\text{(Normalized)}} 1$$

$$\therefore |c_n|^2 = (n+1) \Rightarrow c_n = \sqrt{n+1}$$

$$\langle \hat{a} \psi_n | \hat{a} \psi_n \rangle \xrightarrow{\# \text{ III}} \langle d_n \psi_{n-1} | d_n \psi_{n-1} \rangle = |d_n|^2 \langle \psi_{n-1} | \psi_{n-1} \rangle \xrightarrow{\# \text{ III}} n \langle \psi_n | \psi_n \rangle$$

$$\langle \hat{a}^\dagger \hat{a} \psi_n | \psi_n \rangle \xrightarrow{\text{1}} 1 \quad \therefore |d_n|^2 = n \Rightarrow d_n = \sqrt{n}$$

$$\therefore \hat{a}^\dagger |\psi_n\rangle = \sqrt{n+1} |\psi_{n+1}\rangle \quad \& \quad \hat{a} |\psi_n\rangle = \sqrt{n} |\psi_{n-1}\rangle$$

$$\rightarrow |\psi_1\rangle = \frac{1}{\sqrt{1}} \hat{a}^\dagger |\psi_0\rangle, \quad |\psi_2\rangle = \frac{1}{\sqrt{2}} \hat{a}^\dagger |\psi_1\rangle, \quad |\psi_3\rangle = \frac{1}{\sqrt{3}} \hat{a}^\dagger |\psi_2\rangle \dots$$

$$\therefore |\psi_n\rangle = \frac{1}{\sqrt{n}} (\hat{a}^\dagger)^n |\psi_0\rangle$$