

Notation :

$\begin{pmatrix} - & - \end{pmatrix}$
 \downarrow Upper index (Contravariant)
 \downarrow Lower index (Covariant)

P4. Index Notation

GradQM.P55.

(a) i. ~~$x_\mu x^\nu$~~ $x^\mu x^\nu = T^{\mu\nu}$. (X) as $(1,1) \neq (2,0)$

ii. $x^\mu y^\nu = x^\nu T^\mu_\nu$. (X) as $(2,0) \neq (1,0)$
 $\rightarrow \nu$ is summed over & we have only one free index on RHS.

iii. $x^\beta = \Lambda^\beta_\alpha \Lambda^\rho_\sigma \gamma^\sigma y_\rho z^\alpha$. (✓) as $(1,0) = (1,0)$
 \rightarrow All indices on RHS except β (the same free index on LHS) are summed over.

iv. $G^{\mu\nu} = 8\pi T^{\mu\nu}$. (✓) as $(2,0) = (2,0)$
 \rightarrow Also, this is the EFE.

v. $\Lambda^{\nu\mu} = \eta^{\nu\mu} \Lambda^\mu_\nu$. (X) as LHS is violating Lorentz index rules by having the same index upstairs twice.

(b) i. $x^\mu x_\mu = \cancel{\eta_{\mu\nu}} \eta_{\mu\nu} x^\mu x^\nu = \eta_{00} x^0 x^0 + \eta_{ii} (x^i x^i)$
 $= (x^0)^2 - (x^1)^2 - (x^2)^2 - (x^3)^2$
 $= 4 - 25 - 4 - 1 = -26$

ii. $y_\nu x^\mu y^\nu = \eta_{\nu\alpha} y^\alpha x^\mu y^\nu = (\eta_{\alpha\nu} y^\alpha y^\nu) x^\mu$
 $= ((y^0)^2 - (y^1)^2 - (y^2)^2 - (y^3)^2) x^\mu$
 $= (25 - 1 - 4 - 4) x^\mu = 16 x^\mu$

\parallel same as the bracket.

iii. $y_\nu x_\mu y^\nu = \eta_{\mu\alpha} x^\alpha (y_\nu y^\nu) = 16 \eta_{\mu\alpha} x^\alpha = 16(\eta_{\mu 0} x^0 + \eta_{\mu 1} x^1 + \eta_{\mu 2} x^2 + \eta_{\mu 3} x^3)$
 $= 16(2\eta_{\mu 0} + 5\eta_{\mu 1} - 2\eta_{\mu 2} + \eta_{\mu 3})$