

Froedtert & the Medical College of Wisconsin Endocrine Surgery - Medication Guidelines Prior to Surgery

Cardiac medications (blood pressure medications): DO NOT take on the day of surgery:

- Benazepril (Lotensin)
- Bumetanide (Bumex)
- Candesartan (Atacand)
- Captopril (Capoten)
- Enalapril (Vasotec)
- Eprosartan (Teveten)
- Fosinopril (Monopril)
- Furosemide (Lasix)
- Hydrochlorothiazide (HCTZ)
- Losartan (Cozaar, Hyzaar)
- Irbesartan (Avapro)
- Lisinopril (Prinivil, Zestril)
- Metolazone (Zaroxolyn)
- Olmesartan (Benicar)
- Perindopril (Aceon)
- Quinapril (Accupril)
- Ramipril (Altace)
- Spironolactone (Aldactone)
- Telmisartan (Micardis)
- Valsartan (Diovan)

Blood thinners: Please make sure you have discussed this with your physician or surgeon before stopping these medications.

- Aspirin – **Stop taking 7 days before surgery**
- Coumadin – **Stop taking 5 days before surgery**
- Heparin – **Must be held for 12 hours prior to surgery**
- Antiplatelet agents (Plavix, clopidogrel, ticlopidine) – **Please follow your surgeon or cardiologist's recommendations.**

Diabetes medications:

Insulin – Patient with insulin pumps:

- Continue your **basal rate ONLY**

Patients without insulin pumps:

On the morning of surgery:

- Hold short acting insulin
- Pre-mixed insulin (eg. 70/30): give 1/3 of usual dose
- Lantus: give usual dose

Oral diabetic medications: do not take the morning of surgery

- Metformin
- Glyburide
- Glipizide

Other prescription medications:

- MAO inhibitors – **do not take the day of surgery**
- Premarin – **do not take on the day of surgery**
- Viagra or similar drugs – **do not take 24 hours before surgery**

Over-the-counter medications:

- Aspirin – **stop taking 7 days before surgery**
- NSAIDS (ibuprofen, Aleve, naproxen, Celebrex) – **stop taking 7 days before surgery**
- Iron – **do not take on the day of surgery**
- Herbal supplements and Vitamin E-containing multivitamins – **stop taking 7 days prior to surgery**