1. ***What are your core values?***

**Honesty**

I believe in being honest wherever possible and I think it’s important to say what I really think. When I am not honest, I feel disappointed in myself.

**Responsible**

I am always ready to take responsibility to complete any task and complete it with all my efforts and do hard work once I take the responsibility I never step back.

**Kindness**

I jump at the chance to help other people, and I am generous in giving my time and resources to worthy causes or to my friends and family.

1. ***What are the human qualities that you admire in other people ?***

**Responsibility**

People who finish what they have started. People who do not quit when things get tough. People that we can rely on. People who will be there until the end. People who take other people seriously. Responsible people are clearly followed because they provide others with a framework of safety and with the feeling of really mattered the most.

**Compassion for others**

Compassionate leaders know how to put themselves in other's shoes, and they practice it regularly. So they listen, understand, and comprehend others around.

**Respect for others**

Respectful leaders see the intrinsic value in every single person. And they respect this value. They respect people's time, efforts, and desires.

**Big vision**

I tend to admire people who think big because, whenever we do not dare to follow our own dreams, they prove us that big goals are possible. And this is clearly admirable.

1. ***Which UN SDG/s do you care for and what lifestyle changes will you do to help contribute in achieving it?***

In 2015, world leaders agreed to 17 global goals (officially known as the sustainable development goals or SDGS). These goals have the power to create a better world by 2030, by ending poverty, fighting inequality and addressing the urgency of climate change. Guided by the goals, it is now up to all of us, governments, businesses, civil society and the general public to work together to build a better future for everyone.

UN SDG/s do I care for are as follows :-

1. **Responsible consumption and production**

Substantially reduce waste generation through prevention, reduction, recycling and reuse .Recycle!

Lifestyle changes will I do to help contribute in achieving it is follows :-

* Donate what I don’t use – clothes, books, furniture, food! By donating I also contribute to other goals aiming towards no poverty, zero hunger and reduced inequalities.
* Shop second-hand – or trade clothes with colleagues, friends or family.
* Use refillable water bottles and coffee cups.
* Use reusable cloth bags rather than plastic.

1. **Decent work and economic growth**

Substantially reduce the proportion of youth not in employment,

education or training.

Lifestyle changes will I do to help contribute in achieving it is follows:-

* Encourage youth to work and get an education.
* Provide jobs, trainee spots and internships.
* Inspire youth by showing the value of having a job, earning my own money and being able to provide myself and my family.
* How value in contributing to society

1. **Reduced Inequalities**

Empower and promote the social, economic and political inclusion of all,

irrespective of age, sex, disability, race, ethnicity, origin, religion or

economic or other status.

Lifestyle changes will I do to help contribute in achieving it is follows :-

* I won’t be judgemental to differences but be open-minded.
* Embrace differences and learn from people different than me.
* I will helpful, be a friend and take my time to listen to peoples’ different opinions and situations.