



Rehab Daily Note

Date of Service: Subjective

Patient presents with in the following location(s): Patient reports he has fallen 4x this week. Pt came to PT today with a large bandage on head due to a fall where he hit his head. He reports he falls when he tries to get up on his own and I has an emergency button but really needs a call light so he can get assistance when he wants to get up on his own. reported as occurring on

What makes the problem worse: Vitals: BP: 132/82 mmHg HR: not measured SPO2: unable to obtain.

Patient's complaint is and 0 out of 10, where 0 is not severe at all, and 10 is extremely severe.

Objective

No objective tests performed today. See previous documentation for findings.

Activities of Daily Living

The following ADLs have made the problem better: Pt participated in PWR! session today. He performed 15 minutes of gait training with rollator walker. He responded well to verbal cues to slow down, take larger steps, and take turns more slowly. Pt had a tendency to follow the lines on the basketball court so he had to be verbally cued which lines to follow was max assist for transfer for sit<->stand. Pt did seated exercises including marching and the PWR! warm up in seate position. He benefited from verbal cueing during the PWR! exercises.

Assessment

Pt reported no pain from walking for 15 min and therefore achieved goal.

Pt benefited from "I want you to walk" cue and giving him time to go at his own pace.

Plan

Long Term Goals

- 1. Patient would like to walk for 15 min / miles without pain in 30 days.
- 2. Increase general fitness, strength, and mobility over next 30 days.

Provider's Signature

