

Phone: [REDACTED] Fax ID: [REDACTED]

BURTON, MI 48509

DOB: [REDACTED]

Date of Service: [REDACTED]

Increase General Fitness

Increase Strength

Long Term Goals

Patient would like to walk for 15 min / miles without pain in 30 days.

Increase general fitness, strength, and mobility over next 30 days.

Signed: [REDACTED]) Tue [REDACTED] 39:11 EST [REDACTED]

Signed: [REDACTED]) Fri [REDACTED] 46:31 EST [REDACTED]

Phone: [REDACTED] Fax ID: [REDACTED]

BURTON, MI 48509

DOB: [REDACTED]

Date of Service: [REDACTED]

Physical Therapy Daily Note

Date of Encounter: [REDACTED]

Subjective

History of Current Complaint:

Patient reports not walking recently. Patient states they would like to get back to walking. Caretaker reports he usually wears glasses, but did not bring to therapy. Patient arrived in W/C without foot plates. Patient has not been receiving physical therapy since the beginning of COVID pandemic.

Objective

Vitals

Heart Rate: 62

Respiratory Rate: 12

BP: 122 / 81

Additional:

5TSTS: 0 AD w/ max assistance, verbal instruction, unable to stand, used UE during attempt

hypokinesia, force production deficit

BERG: 7/56 standing feet apart - supervision

10MWT: 10'03" w/rolling walker and two PTs

6MWT: 950ft, w/rolling walker, max assist two PTs

Post-6MWT: 72 bpm, 26 RR,

Assessment

Diagnostic Statements:

Parkinsons, hypokinesia

Assessment Statements:

Ambulation unable to step or initiate step, two therapists Max assist for standing. Often unresponsive to verbal cues. Difficulty initiating movements from sitting position. Difficulty initiating walking, needs two therapists to keep upright. Gait is too fast, and dangerous. Therapists need to keep patient upright during 6MWT. Post-6MWT: 72 bpm, 26 RR.

Diagnoses Codes

Plan

Rehab Plan

Treatment Plan

Continue gait training. Implement the NOM-CPG. Improve leg strength, coordination, and gait. Practice transfers, balance, and endurance in gait. Therapist should ask when medication was administered. Therapist should ask about medication regimen.

Signed: [REDACTED] 38:49 EST [REDACTED]

Signed: [REDACTED] Fri [REDACTED] 25:47 EST [REDACTED]