

# MEGHALAYA

Cycle Tour of the Khasi & Jaintia Hills



## ABODE OF THE CLOUDS

*Meghalaya*

'Meghalaya' meaning the Abode of clouds is one of the wettest places on earth during the monsoons. Cherrapunji and Mawsynram both in Meghalaya take their turn recording some of the heaviest rainfall on the planet. On this bicycle and hike tour of Meghalaya we will be riding through the west Khasi and neighbouring Jaintia hills overlooking the plains of Bangladesh. Deep forested valleys, gushing rivers, innumerable waterfalls, natural root bridges, archery competitions, village markets will be your companions through this cycling tour of Meghalaya.

### Overview

**Duration:** 6 to 14 Days

**Max. Riding Distance:** >500 Km

**Terrain:** 100% Hilly

**Alt. Variation:** 150 - 1900 mts

### Highlights

- .The wettest place on Earth (during the monsoons)

- .The only matrilineal society in the region

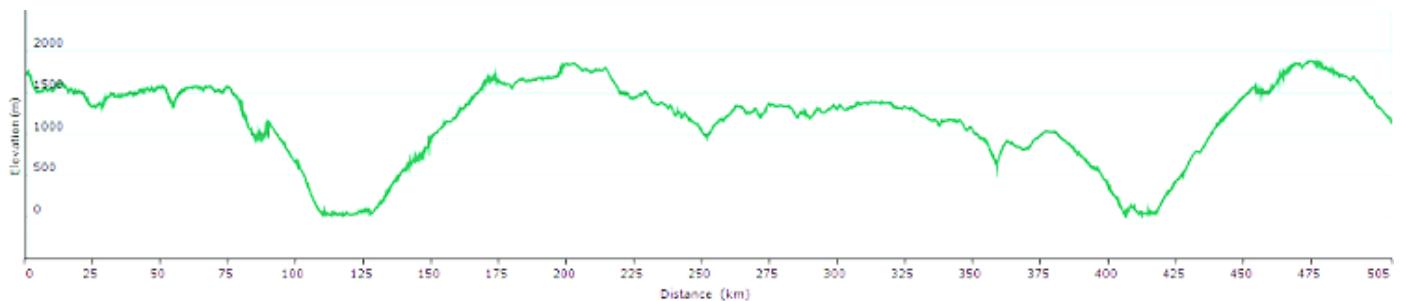
- .The Living root bridges, riverside picnic's

- .Views, views and more views

- .Villages, Markets, Caves, waterfall and much more

- .Off the grid farms and Family run guest houses

## Route Topo



## CYCLING

The road conditions is a mixedbag, thankfully with mostly excellent well tarred roads. Almost the whole of Meghalaya is hilly, so the route has its fair challenges with long steady climbs and high paced freewheeling downhills. However, on all moments you are guaranteed beautiful views as company.

## NATURE

Meghalaya is a very green state, comprising of lush rolling hills and wooded river valleys. Receiving some of the heaviest rainfall on the planet, it is home to some of Asia's highest waterfalls and deepest caves . But the jewels of the crown are the awe inspiring natural root bridges that dot the land. We will take time to explore these wonders.





## CULTURE

Meghalaya is home to the matrilineal tribes of the region. Women hold a dominant space in society. After marriage, husbands live in the mother-in-law's home. The mother's surname is taken by the children. When no daughters are born to a couple, they adopt a daughter and pass their rights to property to her.

## GENERAL

**Accommodation:** Meghalaya does offer some selection in stay, varying from quaint family run cottages to star hotels & resorts.

**Backup:** Your guide is familiar with the mechanics of a cycle and we carry enough spares & tools. Your back up vehicle is at your disposal throughout the tour.

**Meals & Water:** Our tours usually cover all meals, water & refreshments. Meals are usually rice based as its the staple of this region. Veg and Non-veg preferences as well as allergies are catered for. We typically provide mineral water, preferring to use reusable 20lt cans opposed to smaller disposable bottles.

**Flexibility:** Though planned in detail, our tours are quite flexible to your requirements and needs. At any point you dont feel up to cycling you can always plunk into the comfort of you car and the guide will ensure some alternate plan looking at local specialties.

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