



Pro Clinical Peel

The Pro Clinical Peel is a superficial chemical peel, formulated with powerful and clinically proven acids and antioxidants to reveal a fresh and more youthful appearance. This peel can be performed in between more abrasive resurfacing treatments (microneedling) to maintain and improve skin tone, texture, and pigmentation. This peel is even safe enough to be performed every 2 weeks!

This peel contains glycolic acid, lactic acid, salicylic acid, citric acid, and glutathione. Let me break down in the easiest way what each of these acids and antioxidants do for your skin!

Glycolic Acid is an alpha hydroxy acid (AHA). This acid is going to exfoliate dead skin, reduce signs of aging and eliminates acne causing bacteria. Meaning fewer breakouts and new skin fresh skin! This is the peel part of the acids.

Lactic Acid is also an AHA. This is a gentle but effective exfoliant that is going to brighten and hydrate the skin. This acid is going to help reduce hyperpigmentation, age spots, and dull or uneven skin tone, AND help reduce pore size.

Salicylic Acid is a beta hydroxy acid (BHA). This is going to fight acne, soothe skin, and keep pores clear and clean. Salicylic is going to unclog your pores from dead skin cells and built up oils that can cause acne. This acid is derived from willow bark with will help soothe skin with its an anti-inflammatory effect.

Citric Acid is a gentle AHA. This is going to exfoliate the skin by dissolving dead skin cells, unclogging pores and reducing the appearance of fine lines and wrinkles and pore size.

Glutathione is an antioxidant made from amino acids that nourishes the skin at the cellular level and helps reduce pigmentation. This antioxidant is going to help protect against visible signs of environmental damage as well as brighten your skin to give you a healthy, glowing complexion.

Now that we have covered and understand why we all need this amazing peel in our lives and on our faces! Let's talk Pre and Post peel instructions and what your home care should look like before/after.

One week prior to your Pro Clinical Peel you are going to need to avoid laser hair removal, waxing, electrolysis, microdermabrasion, resurfacing treatments, and any harsh exfoliants. We also highly recommend using our Brightening Serum prior to your peel to get any hyperpigmentation at bay and ready to LEAVE.

Post peel you might feel mild tingling or warmth. You will leave our studio with the peel on your face and will be instructed on when you are to wash off the peel and start your home



care. An SPF of at least 30 MUST be used and reapplied every 2 hours every day as your skin will be very sensitive to the sun. Your skin might feel dry, tight, or sensitive for up to 2 days post peel. From days 2 through day 4 you might see some mild peeling!

Contraindications:

- Pregnancy or breastfeeding
- Allergies to any ingredient or to aspirin
- Accutane within the past 6 months
- Inflammation including open wounds, sunburn, rashes, infected skin, lesions, or cold sores
- Chemotherapy and/or radiation
- History of autoimmune disease or any condition that may weaken the immune system