README

Getting and Cleaning Data: Fit Activity

This project demonstrates the ability to collect, work with, and clean a data set. The goal is to prepare tidy data that can be used for later analysis.

Files

run_analysis.r

This script contains the r code that does the fitness activity analysis

FitActivityCodeBook.Rmd

This is the code book that contains the code and the explanation of what the code does

SummarizedActivityData.txt

This is the file that contains the summarized mean and standard deviations by activity