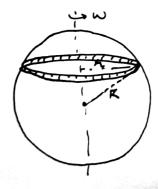
2.

1.



Hollow sphere

$$\vec{L} = 2\pi \sigma R^4 \int \sin^3\theta \, d\theta$$

$$\vec{L} = \frac{2}{3} M K^2 \vec{N}$$

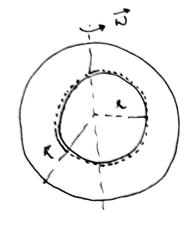


IL - Lxdp

- - (2nh Kdo)

2 M . 2π 4 K lθ

3.

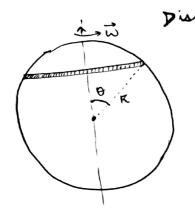


$$\vec{L} = \frac{3}{3} \vec{\omega} \int dM \chi^{2}$$

$$= \frac{2}{5} \vec{\omega} \int_{0}^{R} (S \cdot 4\pi \chi^{2} dx) \chi^{2}$$

$$\vec{L} = \frac{2}{5} M R^{2} \vec{\omega}$$

₽. 5.



$$\overrightarrow{P_1} = \overrightarrow{mV_1} = \overrightarrow{m}(\overrightarrow{U} \times \overrightarrow{X_1}) = \overrightarrow{m} \underbrace{\overrightarrow{U}_2} \times \overrightarrow{P_2}$$

$$\overrightarrow{P_1} = \overrightarrow{mV_1} = \overrightarrow{m}(\overrightarrow{U} \times \overrightarrow{X_1}) = \overrightarrow{m} \underbrace{\overrightarrow{U}_2} \times \overrightarrow{P_1}$$

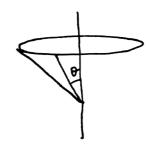
$$\overrightarrow{L_1} = \overrightarrow{X_1} \times \overrightarrow{P_1} = \frac{1}{2} p_1 \sin q_0 \hat{x}$$

$$- \frac{1}{4} m w \hat{x} \sin q_0 \hat{x}$$

$$\overrightarrow{L_2} = \overrightarrow{X_2} \times \overrightarrow{P_2} = \overrightarrow{L_1}$$

$$\overrightarrow{L_2} = \overrightarrow{X_2} \times \overrightarrow{P_2} = \overrightarrow{L_1}$$

$$\overrightarrow{L_2} = 2\overrightarrow{L_1} = \frac{1}{2} m w \hat{x}^2 \sin q_0 \hat{x}$$



|
$$\overrightarrow{AL}$$
 = LCOMO do = LW COMO dt = LW COMO of dt = LW COMO of dt = $\frac{\overrightarrow{AL}}{dt}$ = $\frac{1}{2}$ mwl sin o como o