

## MMSC

### Film Appreciation :- Inner World, Outer World

"Inner World, Outer World" is a documentary film directed by Daniel Schmidt that explores various aspects of consciousness, spirituality and interconnectedness of all life. The film is divided into four parts and takes viewers on a journey through different philosophical and spiritual concepts, drawing from a variety of cultural and religious traditions.

The four parts:

#### 1. Akasha:

Akasha is the unmanifested, the "nothing" or emptiness which fills the vacuum of space. ~~As~~ Saints, sages and yogis who have looked within themselves have also realized that within the emptiness is unfathomable power, a web of information or energy which connects all things. This matrix or web has been called the Logos, the Higgs field, the Primordial OM ( $\text{ॐ}$ ) and thousand other names through history. In part one of Inner Worlds, we explore the one vibratory source that extends through all things, through the science of cymatics, the concept of Logos, and the Vedic concept of Nada Brahma (the universe is sound or vibration). Once we realize that there is one vibratory source that is the root of all scientific and spiritual investigation,

#### 2. The Spiral:

The Pythagorean philosopher Plato hinted enigmatically that there was a golden key that unified all of the mysteries of the universe. The golden key is the intelligence of the Logos, the source of the primordial OM. One could say that it is the mind of God. The source of this divine symmetry is the greatest mystery of our existence. Many of the history's monumental thinkers such as Pythagoras, Kepler, Leonardo da Vinci, Tesla & Einstein have

to the threshold the mystery. Every scientist who looks deeply into the universe and every mystic who looks deeply within the self, eventually comes face to face with the same thing: The Primordial Spiral.

### 3. The Serpent and the Lotus:

The primordial spiral is the manifested world, while Akasha is the unmanifested, or emptiness itself. All of reality is an interplay between these two things: Yang and Ying or consciousness and matter. The spiral has often been represented by the snake, the downward current, while the bird or blooming lotus flower has represented the upward current or transcendence.

The ancient traditions taught that a human being can become a bridge extending from the outer to the inner, from gross to subtle, from the lower chakras to the higher chakras.

To balance the inner and the outer is what the Buddha called the middle way or what Aristotle called the Golden Mean.

### 4. Beyond Thinking:

Life, Liberty and the pursuit of happiness. We live our lives pursuing happiness "out there" as if it's a commodity. We become slaves to our own desires and craving. Happiness isn't something that can be pursued or purchased like a cheap suit. This is Maya, illusion, the endless play of form. In the Buddhist tradition, Samsara, or the endless cycle of suffering is perpetuated by the craving of pleasure and aversion to pain. Freud referred to this as the 'pleasure principle'. Everything we do is an attempt to create pleasure, to gain something that we want or to push away something that is undesirable that we don't want. Even a simple organism like the paramecium does this. It is called response to stimulus.