

With the interest and intent to spread awareness Tanu has been contributing her bit by adding value to people's life. Her life's motto has been helping people around to take best decision of investing in their Nutrition and health and to live & lead a better healthy life. Tanu has been meritorious throughout her education and recipient of University Gold Medal. After her post-graduation she joined Fortis Escort Heart Institute (FEHI), New Delhi. After working for 8 years she joined as Head of Nutrition in Aakash Healthcare and has played pivotal role in the journey of the establishment of the Hospital in the early years and getting the hospital NABH accreditation. Tanu has expertise in the field of Nutrition & Diet therapy . She wisely deal with the therapeutic diets for cardiac, diabetic, renal and gastro patients. She actively Participates in the Lifestyle Management programme for Weight Reduction under medical supervision. She is always ready to contribute in the developmental work of the Nutritional aspects of various research(es).

Membership:

Life Member with Indian Dietetic Association

Professional Qualification:

MBA (Hospital Administration)	2014-2018	ICFAI University
M.Sc. (Food, Nutrition & Dietetics)	2006-2008	Allahabad Agricultural University
B.Sc. (Home Science)	2004-2006	MJP Rohilkhand University

Honours & Awards:

- ❖ Got 2nd prize and an award in FEHI Madagascar Sparkle XII best out of waste competition, 2015.
- ❖ Got Appreciation award for Best Patient Care/Consultation service in August, 2015.
- ❖ Got 2015th Women of Substance Award by Fortis Escort Heart Institute, New Delhi
- ❖ Got Appreciation award for Best Patient Care/Consultation service in February, 2015.
- ❖ Merit holder in Post-graduation.
- ❖ Gold medallist in Graduation
- ❖ Qualified Indian council of agricultural research(ICAR) test in 2006
- ❖ Qualified Banaras Hindu University, test (All India Rank-2) in 2006