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## Vitalograph Pneumotrac Quick Start Guide

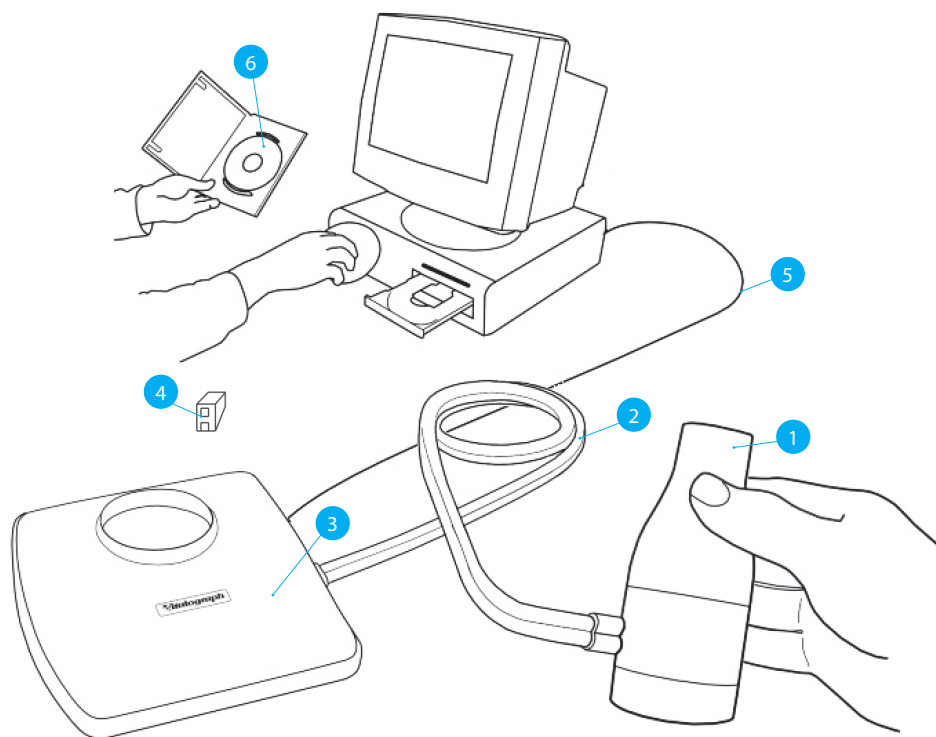
How to install Spirotrac software, activate your software licence(s) and create users.

For further instruction details please visit [www.vitalograph.co.uk](http://www.vitalograph.co.uk)

## System Components:

1. Flowhead
2. Breathing tube
3. Hygiene station
4. PP3 9V Battery
5. USB cable
6. Spirotrac CD (with USB drivers)

BEFORE PLUGGING IN THE  
PNEUMOTRAC™ SPIROMETER  
MODULE, PLEASE INSTALL  
SPIROTRAC® SOFTWARE



## Before Starting

### Installation preparation:

1. If the installation of Spirotrac application is with the database on a single PC, skip to 'Getting Started'.
2. If the installation is to be networked, the database will be on a server and/or the database to be accessed by multiple users, or if the installation is an upgrade from a previous Spirotrac installation with a large database; we recommend that your system administrator telephones Vitalograph IT support for advice before commencing installation.
3. For server installations, a utility allows the creation of the database without requiring the Spirotrac application to be installed.
4. We strongly recommend the use of SQL Server for databases installed on a server, not the SQL Express supplied on the Spirotrac CD. Server and multi-user access requires an additional licence.



## Installation

### Setting up the Pneumotrac hardware:

1. Connect the white silicone tubing to the side of the hygiene station and the flowhead. Ensure that the grooved side of the tubing matches with the grooved side of the connectors at both ends.
2. Insert a 9V PP3 battery into the receptacle at the bottom of the hygiene station. (This drives the hygiene fan, although the device will function without a battery.)
3. Place a new filter pad on the hygiene station, then place the flowhead on top of this.
4. Connect the USB cable into an available USB 'A' socket on your PC.
5. Plug the other end, the USB 'B' connector into the socket at the side of the hygiene station.

## USB Drivers

### Setting up the system for use:

1. The PC will detect the USB Pneumotrac automatically.
2. With the Spirotrac® CD-ROM in the drive, allow the drivers to automatically install. There are two drivers, both need to be installed.
3. In the Spirotrac application, select 'Tools' / 'Device' and ensure that Pneumotrac is selected as the device.
4. Select 'Tools' / 'Options' / 'Communications' and test the COM port.

## Accuracy Check

1. Click on the 'Syringe' Icon.
2. Check the accuracy using a 3-L Precision Syringe.

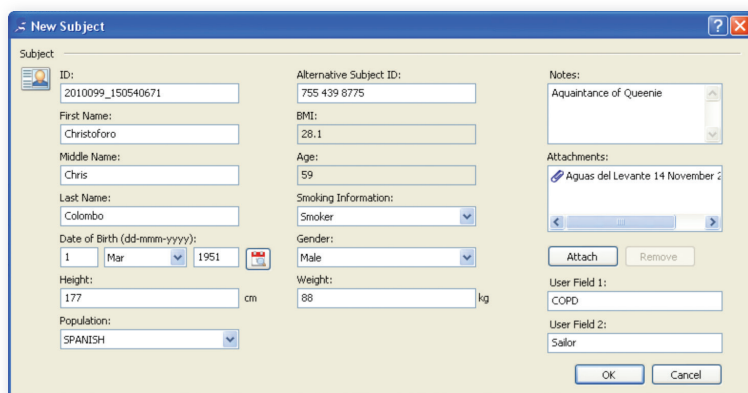


*3-L Precision Syringe*

## Entering Subject Data

### Creating a New Subject:

1. To enter a new subject, click your mouse cursor on the new subject icon. Fill out the dialogue fields, using **Tab** on your keyboard to jump to the next field.
2. When you have filled in all the fields, click 'OK'.
3. The subject is now the 'Current Subject' and shows in the 'Subject Demographics' tab until a test session commences.



New Subject Icon

New Subject Screen

## GDT Standard Automated Subject Data

### Automatic Subject Demographics:

If your Practice Management / OH Software supports GDT Standard data exchange, you do not normally need to enter new subjects. You simply launch Spirotrac from your office software and the subject data will automatically be populated, whether a new or an existing subject in the Spirotrac database.

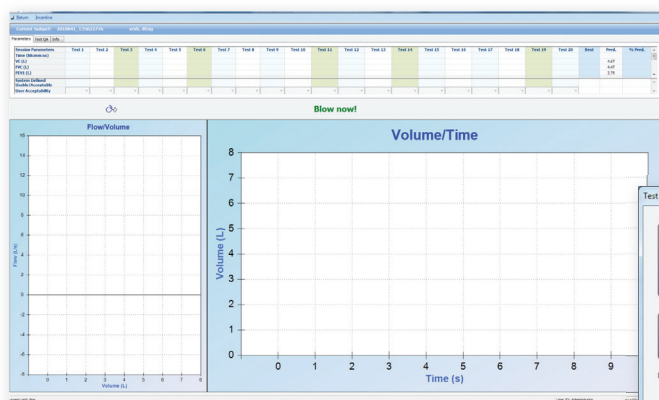
# Conducting a Test

## Spirometry:

1. For each subject insert a new BVF™ (Bacterial Viral Filter) in the flowhead or use a SafeTway® mouthpiece (SafeTway mouthpieces are recommended if you are conducting expiratory testing only, but the BVF helps to protect the device as well as the test subject). Fit a disposable noseclip to the subject.
2. Click on the VC or FVC Icon . Wait until the message "Blow Now!" appears above the graph display.
3. Give your test subject the following instructions:
  - Sit upright and relax
  - Hold the flowhead, away from your mouth
  - Inhale as deeply as possible and hold your breath
  - Now place the mouthpiece into your mouth and hold it firmly between your teeth firmly, sealing your lips around it (Demonstrate this with another mouthpiece)
  - For VC: Blow out as slowly and keep blowing until your lungs are completely empty, like this (Demonstrate the manoeuvre)
  - For FVC: Blow out as hard and fast as possible, keep blowing for at least 6 seconds, like this (Demonstrate the manoeuvre)
  - Then get the test subject to inhale, hold, insert mouthpiece and blow

After the subject has finished blowing, a dialogue field appears and gives advice on the test quality.

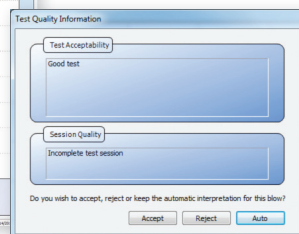
4. Click on the button  in order to accept the test, click on  in order to reject the test or click on  to keep the automatic interpretation. A minimum of 3 acceptable blows are required for a satisfactory test series.
5. Click on the 'Return' Icon (top left of screen) to exit the test screen.
6. All tests are automatically saved whether or not you have rejected them.



*Spirotrac V Screen - "Blow Now!" Message*



*FVC Icon*



*Quality Message Dialogue Box*

