2 Questions

1. Do more individuals seek help based on employment/self-employment status?
2. Do people with a family history of mental health issues seek more help?

**Employed Vs Self-Employed**

I initially thought that self-employed people didn’t seek help as much as employed people simply because of lack of time and resources.

As you can see here, there is no difference in mental health treatment seeking between them

**Family History and Seeking Help**

Here I thought people with a history would be more willing to seek help, and looking at the graph, it is obvious that that is the case. Almost three times as likely to seek help.

This can also be seen in the Violin graph, the top right corner shows this with its density of the 1,1 (yes, yes) quadrant. It also shows how dense (or how popular) the no, no option was for people who don’t have a family history and don’t seek help.

**Statistical Analysis**

After running a statistical analysis, with the T-Stat so high and the P-Value of almost 0, the Null Hypothesis can be rejected and can conclude that a family history of mental health issues is an important factor in seeking help.

In conclusion individuals with a family history are more proactive in seeking mental health treatment, where employment status does not significantly determine treatment-seeking behavior.