

Normalizer

Normalization Table

18,M,13,45
18,M,12,50
13,F,13,82
13,F,12,80

Subscale configuration

Range

1-3

Method

Average

✓ Sum

User profile

Age

13

Sex

F



Calculate subscale

Normalized score:

84

Survey Structure

Questions

1. How often do you feel energetic during the day?

A) Rarely B) Sometimes
C) Sometimes D) Always

2. How many hours of sleep do you get on average every night?

A) Less than 4 hours B) 5-6 hours
C) 7-8 hours D) More than 8 hours

3. How frequently do you exercise during the week?

A) Never B) 1-2 times
C) 3-4 times D) 5 or more times

Answers

1. How often do you feel energetic during the day?

Answer: B) Sometimes (raw: 2)

2. How many hours of sleep do you get on average every night?

Answer: C) 7-8 hours (raw: 7)

3. How frequently do you exercise during the week?

Answer: C) 3-4 times (raw: 4)