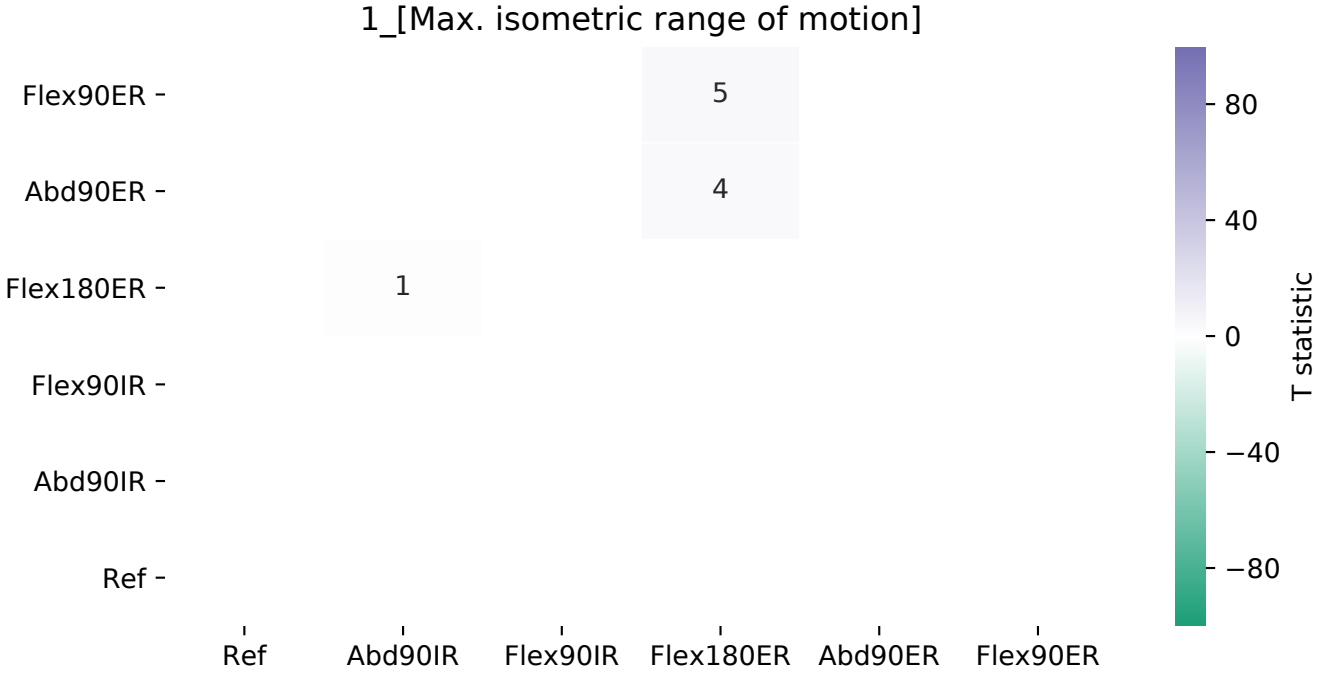
1_[Max. isometric range of motion]
Flex90ER
Abd90ER
Flex180ER
Flex90IR
Abd90IR
Ref
5
4
1
Ref
Abd90IR
Flex90IR
Flex180ER
Abd90ER
Flex90ER
80
40
0
−40
−80
T statistic