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Dear Valued Culinary Provider:

The Culinary Health Fund is excited to announce a new Wellness Program for all Culinary participants and their eligible dependents.

**Culinary Health Fund HEALTHier U Program**

This program has been created to address the mandate in the ACA that requires us to offer dietary and nutritional counseling to our participants who are obese as well as those who are at higher risk for chronic disease. Participants have been advised that if they feel they are in need of these services they need to see their primary care provider who will perform an obesity screening and assess their need to receive these services. The information below will explain how you can assist these participants to start on the path to a HEALTHier U!

- Any adult with a **BMI of > 30 Kg/m** that wishes to receive intensive counseling and behavioral interventions can be referred to a contracted dietician/nutritionist
- Any child 6 years and older who needs assistance with improving their weight status can be referred to a contracted dietician/nutritionist **(no BMI requirement)**
- Any adult at higher risk for chronic disease but does **NOT** meet the threshold of a BMI >30 Kg/m can be referred to a contracted dietician/nutritionist for **a maximum of 3 visits annually**

The following process applies to all referrals:

- As part of an initial or comprehensive preventive medicine visit (CPT code set 99381-99397), the primary care provider will do a BMI and/or risk factor screening and complete a dietician/nutritionist referral form (*see attached*).
- The primary care office will fax the referral to the Culinary Health Fund Wellness department (fax number is on the form) and give a copy to the patient for them to call for an appointment.
- The Culinary Health Fund Wellness department will assist the participant in securing an appointment.

**If you have any questions, please call the Culinary Health Fund Wellness Department at (702) 892-7313 # 4.**

