



INITIAL RESULTS FROM REFERRED PROVIDER	
Date: _____	
Weight: _____	BP: _____
BMI: _____	Waist Circum: _____
Cholesterol: _____	HDL: _____
TC/HDL Ratio: _____	
Glucose (if applicable): _____	
(results within past 6 months acceptable)	

Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Office Address: \_\_\_\_\_ HRA Date Completed \_\_\_\_\_

Culinary Member ID# \_\_\_\_\_

Patient First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_\_ Sex: ☐ M ☐ F

Date of Visit	Weight	BMI	Waist Circum.	BP
Next Appt: ____/____/____	Notes:			
Next Appt: ____/____/____	Notes:			
Next Appt: ____/____/____	Notes:			
Next Appt: ____/____/____	Notes:			
Next Appt: ____/____/____	Notes:			



**Patient** First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Visit	Weight	BMI	Waist Circum.	BP
Next Appt: ____/____/____	Notes:			
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