

# JULY Diabetes Classes At Community Facilities...

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## DIABETES MANAGEMENT CONSULTANTS

### ENGLISH

FRI. JULY 25, 9AM-11AM  
THUR. JULY 10, 1PM-3PM

### SPANISH

WED. JULY 2, 9AM-11AM  
WED. JULY 30, 9AM-11AM  
WED. JULY 30, 1PM-3PM

Call **702-858-5675** to register (adults only).

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## MEDICAL NUTRITION SPECIALISTS

### ENGLISH

THUR. JULY 10, 3PM-5PM  
MON. JULY 14, 5PM-7PM

### SPANISH

THUR. JULY 10, 5PM-7PM  
THUR. JULY 14, 3PM-5PM

Call **702-574-3480** to register  
(Classes available for children & adults)

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## DESERT SPRINGS HOSPITAL

For dates and times of classes  
call **702-369-7560**. These classes are for adults only and are  
available in English & Spanish.

## DIABETES CLASSES AT THE CULINARY HEALTH FUND EVENTS CENTER

TO REGISTER, CALL 702-892-7313, #5

**JULY 9, WEDNESDAY**  
English: 10AM - 11AM  
Spanish: 12PM - 1PM

**JULY 23, WEDNESDAY**  
English: 3PM - 4PM  
Spanish: 1PM - 2PM

**Diabetic foot check after: 07/23 class**

