

타임스탬프	Q1. Overall usefulness Overall, how helpful was Mealyze in deciding what	Q2. Context-awareness Did the recommendation reflect your current situat	Q3. Explainability Was the reason for the recommendation easy to understan	Q4. 4-hour curve usefulness Did the 4-hour post-meal curve help you understand	Q5. Lightweight vs Tracking apps Compared to typical food tracking apps, did Meal	Any short comments or suggestions? (optional)
2025. 12. 17 오전 11:59:1	5	5	5	5	5	5
2025. 12. 17 오전 11:59:4	4	5	4	5	5	4
2025. 12. 17 오후 12:01:4	5	5	5	5	5	4
2025. 12. 17 오후 12:02:0	5	5	4	5	5	5 The 4-hour post-meal curve was very clear and helpful.
2025. 12. 17 오후 12:02:3	5	5	5	5	5	5 The app felt lightweight and easy to use compared to others.
2025. 12. 17 오후 12:03:3	5	5	5	5	5	5
2025. 12. 17 오후 12:03:4	5	4	4	5	5	5
2025. 12. 17 오후 12:03:5	5	5	5	5	5	4
2025. 12. 17 오후 12:08:4	5	5	5	5	5	5
2025. 12. 17 오후 12:12:1		5	5	5	5	5 The 4-hour post-meal curve was a kick!
AVG	4.9	4.9	4.8	5	4.7	