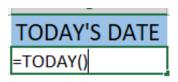
1 Contents

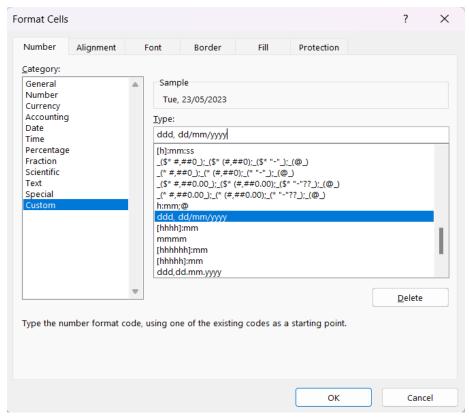
2	Creating Data Table for Pomodoro Study						
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2 Creating Data Table for Pomodoro Study

2.1 Creating Today's Date

The date column will be automatically assigned to the corresponding cell using VBA. To accomplish this, we will create a function that captures today's date and formats the cell accordingly, as depicted in the image below.





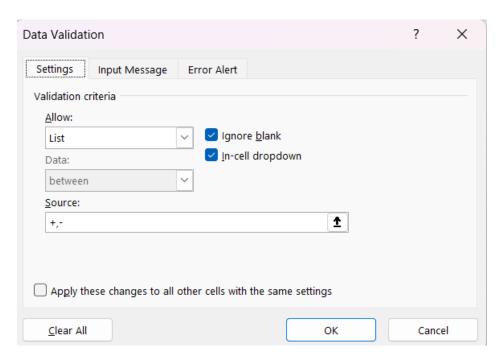
2.2 Creating Session Pattern and Columns

	SESSION	N PATTERN		TIME INTERVALS	MEANINGS	
	0:00	0:25		0:25	Duration of 1 course	е
	0:30	0:55		0:05	5-minute break between the first three intervalsf	
	1:00	1:25		0:07	7-minute break between the third and fourth intervals	
	1:32	1:57		0:15	15-minute break between sessions	,
4	Α	В	С	D	E	F
1	DATE	STARTING TIME	ENDING TIME	DURATION	COURSE	RESULT

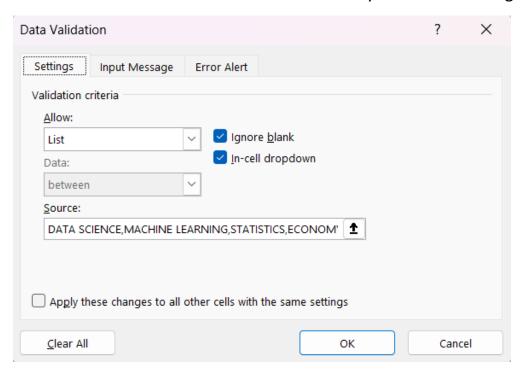
I have also applied the freeze panes feature to lock the columns.

3 Data Validation for Course and Result Column

To facilitate the selection of courses and prevent spelling errors, we will utilize Excel's "data validation" feature in the "RESULT" and "COURSE" columns.



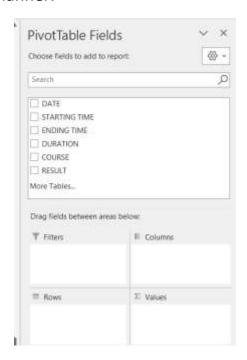
Data validation has done to "RESULT" column as you see in the image.



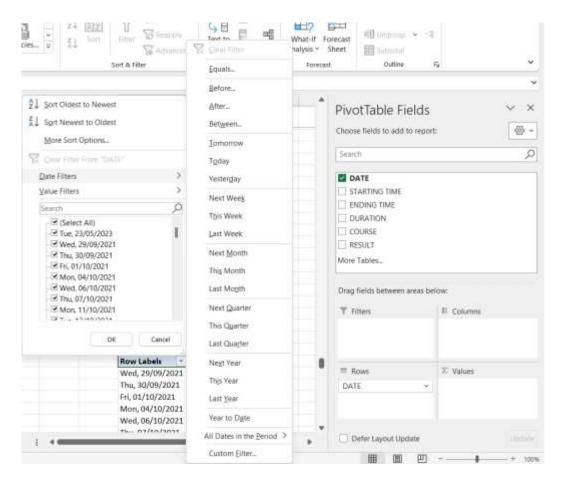
Data validation has done to "COLUMN" column as you see in the image.

4 Designing the Pivot Table

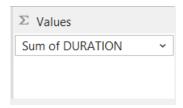
In order to provide an easy overview of the study hours on a daily, weekly, monthly, or desired time interval, we have created a pivot table. This pivot table allows individuals to observe their study performance based on their chosen subjects or courses. Below, we present the process of creating the process of creating the pivot table in a more refined manner.



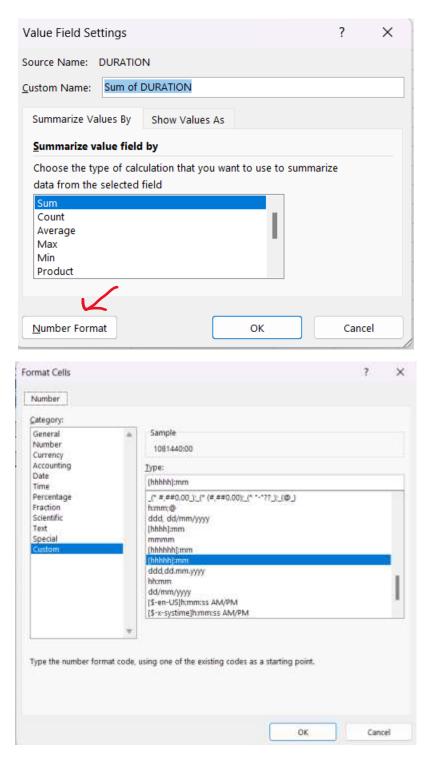
Firstly, we open the PivotTable Fields.



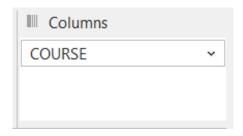
We have populated the "Rows" section with the "DATE" values, including all dates from 2021 until the present. However, since we primarily focus on weekly or monthly usage, we can utilize the "Row Labels" option and select the desired time interval from the "Data Filters" section. Moreover, we have the flexibility to manually customize the filter by selecting the "Custom Filter" option according to our specific preferences.



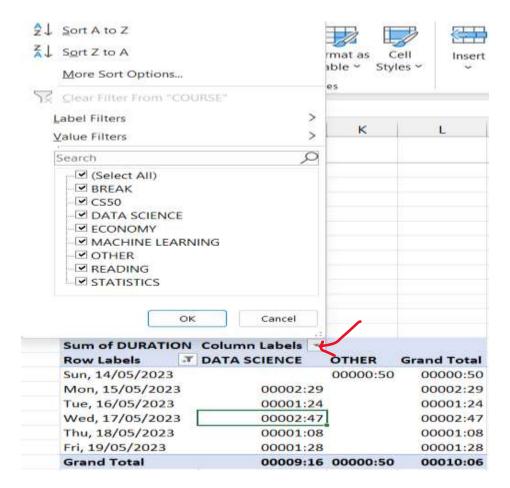
We put "Sum of DURATION" into the Values.



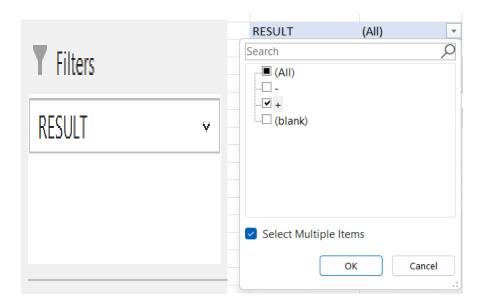
To prevent summation errors, we have customized the time format as shown in the images. This ensures that the time values are accurately displayed and calculated in the desired format.



We put "COURSE" in the columns part.



From "Column Labels" part, you can display desired courses.



To easily view courses that were completed successfully or unsuccessfully, we have added the "RESULT" column to the "Filters" section.

5 Creating Macros

The VBA files, namely **Module1**, **Module2**, and **Module3**, contain the codes and descriptions of functions. These files provide comprehensive information and explanations about the code and its respective functionalities.

6 Assigning Keyboard Shortcuts to Macros

