**Enter Daily Symptoms**

On the main page

Fields in the Form:

* Date (editable defaulting to today)
  + New Cycle (checkbox)
* Sensations (Radio - Dry, Smooth, Lubricative)
  + if Dry (Radio - Dry, Damp, Wet, Shiny)
  + if Smooth (Radio - Dry, Damp, Wet, Shiny)
  + if Lubricative (Radio - Damp, Shiny, Wet) – also check mucus
* Mucus (Checkbox)
  + If yes, Consistency: (Radio - NA, Sticky (1/4 inch or less), Tacky (1/2-3/4 inches), Stretchy (1 inch or more), Pasty, Gummy Gluey)
  + If yes, Color: (NA, Cloudy, Clear (even a little), Red/Pink, Brown, Yellow)
  + If yes, # Times: (Stepper: 1+)
* Bleeding (Checkbox)
  + If yes, Flow: (Radio - Heavy, Moderate, Light, Very Light)
* Sex (Checkbox)
  + If yes, Protected (Radio - Y/N)
* Notes (Free form - single line)

**Viewing My Live Symptom Chart**

Defaults to view current cycle

Allows you to slide to previous days

Days of Interest

* First day of cycle
* Peak Mucus
  + Definition: Any mucus that is Clear, Stretchy, or Lubricative
* Peak Day
  + Definition: The last occurrence in a cycle of the following: The last day of peak mucus, or the fourth consecutive day of non-peak mucus

Period of Interest

**V2**

**Edit Start of Cycle Day**

**Filter Which Attributes are Displayed in Chart**

**Enter Daily Basal Body Temperature**

Field in the Form:

* Temperature (Decimal)
* Abnormal (Checkbox)
  + If yes, Notes (free form)

**View Previous Cycles**

Select symptom/thermal/both to show up