

COOKING CLASS 1

IN THIS CLASS WE ARE GOING TO COOK SOME GNOCCHI WITH TOMATO SAUCE

INGREDIENTS

GNOCCHI

1K POTATOES
300G WHITE FLOUR
250G PARMESAN CHEESE
1 PINCH OF GRATED NUTMEG
SALT TO TASTE

SAUCE

1KG TOMATOES
3 ONIONS
2 CLOVES OF GARLIC
SOME LEAVES OF BASIL
SALT TO TASTE



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DIRECTIONS

1 – Read the sentences bellow and organize them in the order they are mentioned in the vídeo.

- 1 – **Wrap the potatoes in aluminum foil.**
- 2 – **Put the potatoes in the oven.**
- 3 – **Peel the potatoes.**
- 4 – **Mash the potatoes.**
- 5 – **Season the potatoes.**
- 6 – **Add parmesan cheese.**
- 7 – **Rest the mashed potato until cold.**
- 8 – **LET'S GO TO THE SAUCE DIRECTIONS.**
- 9 – **Boil the tomatoes for 15 segonds.**
- 10 – **Put the tomatoes in ice cold water**
- 11 – **Take off the seeds and all the inner part.**
- 12 – **Chop the tomatoes.**
- 13 – **Blend the seeds and the inner part.**
- 14 – **Chop the onions and slice the garlic.**
- 15 – **Braise the onion and the garlic with some olive oil.**
- 16 – **Add the processed seeds to the sauce.**
- 17 – **BACK TO THE GNOCCHI DOUGH.**
- 18 – **Add the flour to the potato.**
- 19 – **Knead the dough.**
- 20 – **Rest the doug hfor 5 minutes more.**
- 21 – **Roll and chop the edough.**
- 22 – **Cook the gnocchi.**
- 23 – **Put the gnocchi into the sauce and stir it a little bit.**
- 24 – **Add the basil leaves**
- 25 – **Grate Parmesan cheese on top os the gnocchi.**



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2 – Check TRUE or FALSE according to the recipe, if the sentence is false, correct it.

1 – You peel the potatoes when they are cold () TRUE (X) FALSE
You peel the potatoes when they are hot

2 – You blend only the seeds and the inner part of the tomatoes. (X) TRUE () FALSE

3 – Season the potatoes with salt and peper. () TRUE (X) FALSE
Season the potatoes with salt and nutmeg.

4 – Grate Parmesan cheese on the sauce. () TRUE (X) FALSE
Grate Parmesan cheese on the finished recipe.

5 – You braise the onions and then add the garlic. (X) TRUE () FALSE

6 – Peel the tomatoes when they are hot. () TRUE (X) FALSE
Peel the tomatoes when they are cold.

7 – You need onion, garlic and oil for the sauce. (X) TRUE () FALSE

8 – You have to slice the onion. () TRUE (X) FALSE
You have to chop the onion.

9 – Chop the whole tomatoes. () TRUE (X) FALSE
Peel and take the seeds and the inner part off.

10 – You have to chop the garlic. () TRUE (X) FALSE
You have to slice the garlic.



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Meet Chef Jonas Cadore
INSTAGRAM @_jonascadore



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INSTAGRAM @_jonascadore



Instagram: @professorruiventura