

# **Light, Color and Darkness in North America**

## **for Furthering the Work of Liane Collot d'Herbois**

### **Curriculum for the Third Foundation Course:**

Light, Color and Darkness and the Seven-foldness of the Human Being

- Two days study of Light and Darkness through charcoal exercises
- Four days study of Light, Color and Darkness through watercolor veil painting
- Instruction and demonstration of techniques throughout the week, including:
  - charcoal drawing
  - preparing paper for veil painting
  - techniques of watercolor veil painting
- Study of the seven-foldness of the human being in relation to the cosmic three-foldness of Light, Color and Darkness, including one presentation by anthroposophic physician Kelly Sutton, M.D.
- Recommendations for long distant studies for those interested in pursuing the therapeutic program

Recommended reading and materials list will be provided upon completion of registration.

This course is suitable for adults with any level of art experience, and provides an excellent preparation for the study of therapeutic painting. The course can also be followed independently as a path of self-development.

The courses do not have to be taken in sequence. Participants receive individual help with technique in both charcoal drawing and painting.

### **Practical information - Third Foundation Course in Fair Oaks, CA:**

**Dates:** March 22-27, 2010

**Times:** Mon. - Fri. 9 a.m. - 5 p.m., with breaks for lunch and snacks.

Tuesday and Thursday evening gatherings from 7 p.m. - 8:30 p.m.

Saturday 9 a.m. - 2 p.m.

**Location:** Rudolf Steiner College, Room: Emerson (next to Philadelphia Hall)  
9200 Fair Oaks Blvd., Fair Oaks, CA 95628

**Teachers:** Pamela Whitman, M.A., 530-477-7794, [pamwhitman@gmail.com](mailto:pamwhitman@gmail.com)  
Sarah Parsons, 406-488-7881

**Presentation:** Kelly Sutton, M.D., Raphael Medicine + Therapies

**Tuition:** \$350.

**Registration & Deposit:** \$100 due by Feb. 22, 2010 (non-refundable after this date)

**Late registration**, space permitting, will be accepted until March 15, 2010.

**Housing** is available on a space-available basis at the Rudolf Steiner College dormitories. Please contact [housing@steinercollege.edu](mailto:housing@steinercollege.edu) (preferred) or call 916-864-4816. Room rates are \$34-\$50 per night.

Please contact Pam Whitman with any questions:

[pamwhitman@gmail.com](mailto:pamwhitman@gmail.com) or [Pamela@lightcoloranddarkness.org](mailto:Pamela@lightcoloranddarkness.org) or 530-477-7794.

**Registration form on next page.**

## Registration Form for Third Foundation Course in Fair Oaks, CA

**Date:** March 22-27, 2010

**Name:**.....

**Address:**.....

**City:**.....**State:**.....**Zip:**.....

**Phone:**.....

**Email:**.....

**For first-time participants:** Please tell us a little about yourself, including your experience, any artistic background and your interest in taking this course (artistic, therapeutic, self-development, other). Use back of paper if needed.

**Deposit** of \$100 due by February 22, 2010 - non-refundable after Feb. 22.

Remaining balance of \$250 to be paid during the course.

In the event of a canceled course (not enough participants), deposits will be returned directly after the registration deadline.

**Late registration**, space permitting, will be accepted until March 15, 2010.

If you need to make special financial arrangements, please contact Pam Whitman at 530-477-7794.

Please make checks for this course payable to:

**Pamela Whitman** (not Rudolf Steiner College)

Send registration and deposit to:

**Pamela Whitman, 14311 Cahill Lane, Grass Valley, CA 95945**