Sayuz Man Tamrakar

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Summary

Creative and detail-oriented IT student pursuing a Bachelor's degree in Information Technology, seeking to leverage strong design skills, basic programming knowledge (C/C++), and excellent communication abilities as a Junior Digital Content Assistant. Eager to contribute to visual asset development, digital campaigns, and collaborative team environments, with a proven ability in time management, organization, and event support.

Skills

Digital Content Creation	Canva	Microsoft PowerPoint	Basic Programming (C/C++)
Graphic Design	Digital Marketing	Time Management	Creative Thinking
Detail-Oriented	Excellent Communication	Interpersonal Skills	Collaboration
Documentation Management	File Organization	Event Coordination	Digital Engagement
Cultural Engagement	Valid 2-Wheeler License		

Experience

Graphic Designing and Digital Marketing Intern – Up Cycle Nepal Pvt. Ltd. | Kathmandu (September 2024 – October 2024)

- Designed engaging visual assets and marketing materials using Canva and Microsoft PowerPoint for digital campaigns.
- Assisted in the development and integration of front-end digital content, supporting overall campaign execution.
- Collaborated effectively with the marketing team in brainstorming sessions to develop innovative content ideas and strategies.
- Supported various digital marketing initiatives, contributing to online presence and brand visibility.

Abacus Teacher – Kathmandu Meridian School | Kathmandu (2022)

- Instructed students in complex abacus techniques, enhancing mathematical and logical reasoning skills.
- Managed classroom activities and tracked student progress, demonstrating strong organizational abilities and detail-orientation.
- Developed clear communication strategies to effectively convey concepts to diverse age groups.

Education

Bachelor of Science in Information Technology (BSIT) – King's College- Westcliff University USA (Ongoing)

Selected Projects

CODE ROYALE: Transforming Digital Education (Jan 2024): Participated in a hackathon focused on digital education, contributing to collaborative problem-solving and showcasing basic coding application for digital content.

Teach for Nepal Alumni Event (Dec 2022 - Jan 2023): Volunteered for event coordination and support, ensuring seamless execution and enhancing participant experience through effective digital engagement.