"I like to think I have a growth mindset but, I get very discouraged when I do poorly at a new skill. I have fantasies about learning new skills or hobbies and I often will take steps to pursue them. However, I often stop engaging without immediate reward. Tasks like animation, weight loss, flexibility, etc. that take time and practice to do efficiently, I will often quit. Tasks like wiring, organization, cabling, gameplay, etc. I might stick with for longer to continue my practice and my skill set. I recognize the importance of a growth mindset and strive to have one."
Courtney Phillips