Following are different ways of using garbage collectors.

java -XX:+UseSerialGC ClassName

Serial GC for both young & old generations

java -XX:+UseParallelGC -XX:+UseParallelOldGC ClassName

Parallel GC for both young & old generations

java -XX:+UseParNewGC -XX:+UseConcMarkSweepGC ClassName

Parallel New for Young + Concurrent Mark and Sweep (CMS) for Old Generation

java -XX:+UseG1GC ClassName

G1 in case of which the generations are not separated between Young and Old

You can also checkout the following resource to learn more about garbage collection. It is a great resource on GC. They have a commercial product on monitoring Java programs and so they pretty much deal with performance related aspects like GC on a daily basis.

https://plumbr.eu/handbook/garbage-collection-algorithms-implementations